



### IMPORTANT DATES FOR TERM 4

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 10 Dec	8  LESC Transition	9 Victorian Statewide Transition LESC Transition	10	11	12
Week 11 Dec	15 Grade 6 Big day out	16 Grade 6 Graduation	17 Last Assembly	18	19 Last day early finish
Week 1 Jan 2026	26 Australia Day	27 Whole staff PD Office closed	28 Staff planning Office open	29 Students resume	30

ONLINE BANKING - Account Name -Toorloo Arm Primary School Council  
BSB 063 832 Acc No 1002 2188

Please include details – Surname and description e.g., Fees, uniform, camp etc.



Compass and



Parents and Friends of Toorloo Arm Primary School

### Principals Report

#### Looking Ahead to 2026

As we get ready for next year, there's a real sense of excitement around the school. We're looking forward to continuing to strengthen our school, increasing programs to strengthen students' connection and voice, and continuing the great work already happening across our classrooms. 2026 is shaping up to be a fantastic year, and we can't wait to share it with our whole school community.

#### Transition

Transition is such an important part of helping students feel confident, settled, and ready for the year ahead. Getting to know new classmates, meeting teachers, and becoming familiar with new routines all help set students up for a smooth and positive start.

To support this, we'll be running **three transition sessions this week**, each for one hour. These will take place on **Tuesday, Wednesday and Thursday from 12.00 to 1.00 pm**. During these sessions, students will spend time in their 2026 classrooms, take part in some fun activities, and begin building connections with their new learning group.

#### School Structure

CLASS	STAFF
Prep/1	Miss Naomi Cock/ Bree
1/2	Ms Caitlin Jackson/ Hunee & Lindy
3/4	Mr Alec McPhee/ Hunee & Lindy
3/4	Ms Carolyn Smith/ Lisa
5/6	Mrs Ali Mackie/ Dee
5/6	Mrs Larissa Murray/ Alyssa

Sadly, you will notice that Eliza Cunningham is not in our plans for 2026. Eliza is taking the big step and moving to Geelong with her fiancé and has accepted a position at a primary school in that area. Eliza has been a big part of the TAPS family for the last five years and will be sadly missed by all of our community. We wish her all

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the very best in her new school (they are incredibly lucky to have you) as well as her upcoming wedding. Lots of exciting things ahead for Mrs Vale. We would also like to wish Emmanuelle Samson all the very best for the year ahead, as she has decided to reduce her work commitments to better balance her professional and personal responsibilities. Hopefully, we get to welcome her back the following year and hopefully see her return to TAPS as we would all agree that she has been a huge asset to the school.

We thank them both for their wonderful contributions to our school community.

You will also notice that there is an extra addition to our ES staff for 2026. Dee Carroll will be rejoining TAPS for next year. Dee has been a part of our community in previous years, and we are delighted to have her skills, experience and bright spark back at the school. We are all very excited to have you back Dee.

### **Leadership**

In further news, we are excited to announce that **Larissa Murray** has been successfully appointed as our **Leading Teacher for 2025**. This is a fantastic achievement, and we look forward to the leadership, expertise, and passion she will bring to the role.

We are also pleased to congratulate **Naomi Cock** and **Carolyn Smith**, who have both been successful in securing **PLT Leader** positions for next year. Their commitment to supporting teaching and learning across the school is greatly appreciated and I know that both will do outstanding jobs in leading their respective teams.

Well done to all three staff members on these well-deserved appointments!

### **New Specialist Subjects**

We are excited to announce a new specialist subject for next year, STEM (Science, technology, engineering and Mathematics).; We are excited to incorporate this subject, enabling students to have hands on opportunities to think critically, solve real-world problems, and collaborate in new and creative ways. Mr Jobie Laybourne will be teaching this subject and know he will be an outstanding job as he does currently in Art. French will turn into Language and Culture which will enable us to continue to provide a platform to teach students about different cultures, people, society and places. The plan will be to focus on a different country each term, with the focus on incorporating Indigenous studies into one of the terms. This will be taught by Lizzy Haldane. Art and PE will continue as it has in 2025.

### **Compass Events**

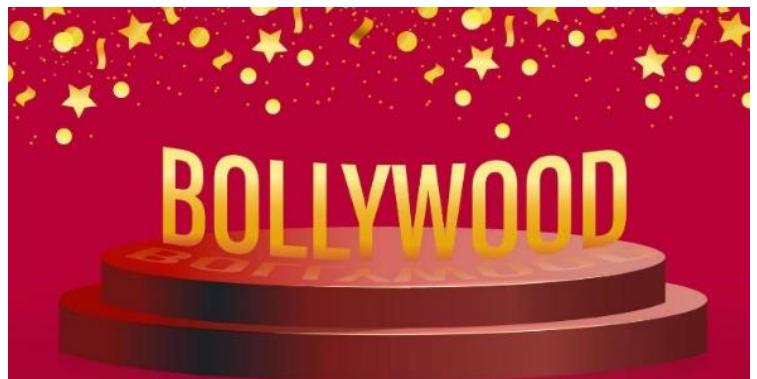
You will have noticed that we have been using Compass for our events this term. Initially, there will be more details about your child that you will have to add, however once this information is entered (such as medical information) this will be stored on the platform cutting down the amount of information that needs to be completed for future events. Please remember that we are only a phone call away to help if needed.

### **Bollywood Performance Wrap-Up**

What a fantastic night we had at last week's whole school Bollywood performance! The energy, colour and confidence our students brought to the stage were absolutely brilliant and seeing the smiles on everyone's faces made my night.

From our youngest dancers right through to the senior students, everyone threw themselves into the routines and created such a wonderful celebration.

A huge thank you to our staff for all the behind-the-scenes work, and to our families for coming along and supporting. It was wonderful to see everyone together enjoying the hard work the students put in. Well done to everyone!



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Hope everyone has a great week and gets time to look after themselves.  
Miss Hopkins



**KMART AND SALVATION ARMY WISHING TREE APPEAL**

We have a Kmart Tree appeal Gift donation box in the foyer; it would be great to see the community come together and give some gifts to those who need a little extra help this Christmas.

**Thank you to all the families who have already donated.**

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## Christmas Carols

We have a group of students from across the school that have been giving up their lunch times to practice Christmas carols for a short performance at the last assembly on the 17<sup>th</sup> of December.

Hello from the library,



As we are now in December, it's time to return any **take home books and library books** that you still have at home, as there will be no more borrowing this year.

Please assist your children to have a really thorough look for any of these books, as we would love to have them back on our shelves for 2026.

Thank you so much,  
Lisa

## Wellbeing



### "GETTING THE RIGHT SUPPORT EARLY CAN MAKE ALL THE DIFFERENCE"

**Want to know more?** To self-refer or to discuss the program with an Early Help family worker please use the below contact methods.

#### Contact Phone

03 5155 8300

#### Email

[fycsearlyhelp@glch.org.au](mailto:fycsearlyhelp@glch.org.au)

#### Location

East Gippsland

**Early Help Family Services is here to support you and your family in your community and be available where you live, work, learn and play.**

Early Help is available to parents/caregivers and families with children from birth to 17 years.

#### Early Help can provide;

- Short term individual support for families and caregivers
- Safe and confidential parenting groups
- Access and connection to peer support groups
- Support, information and referrals to help with parenting, child/adolescent behaviour, housing, family wellbeing, mental health, finance and disability

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**Students of the Week****Prep**

Welcome to week 10! The end of the year is fast approaching, I hope everyone is getting ready for the holidays and time at home with growing enthusiasm. Congratulations to everyone for their wonderful performance last Thursday night, you put on an amazing show. A special congratulations to **Poppie Mallen** for her outstanding confidence and **Luca Douglas** for stepping outside his comfort zone to try something new.

**Last Week's Fun!**

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**Muffin Pizza Lunch**

For all their hard work this year the Perps have been choosing some different activities they would like to try, one being a muffin pizza lunch. On Friday the 12<sup>th</sup> we will be making muffin pizzas, if you do not wish for your child to participate, please let me know.

**Thing to remember**

- **Tuesday 16<sup>th</sup>**
  - Class party, please bring a plate of something to share with everyone.
  - Clean-up, student will be emptying their tubs and bringing home all their work.
- **Wednesday 17<sup>th</sup>**
  - Final Assembly, please come along to join in the festivities.
  - Pool Day. Please bring a towel and your bathers for an afternoon of fun.
- **Thursday 19<sup>th</sup>**
  - Clean-up day, this will be a full day of cleaning and emptying the classroom of all furniture. Students do not have to attend.
- **Friday 20<sup>th</sup>**
  - Clean-up day, this will be a full day of cleaning and emptying the classroom of all furniture. Students do not have to attend.
  - Early finish 2:15pm

**This week we are:**

Finishing off all activities while participating in three transition sessions to get ready for next year.

**Integrated Studies:**

This week we are looking at Positive gender relationships. Students will list the different ways that clothes protect the body, how to keep their body safe and if it is a safe secret. These topics empower students to seek help and stand up for themselves.

Have a wonderful week,  
Miss Cock and Bree.

**12AB**

Hello everyone and welcome to week 10 of Term 4, our second last week for the year!

In reading this week, we are enjoying a range of Christmas-themed stories and creating some craft, including decorations for the classrooms.

In writing, we are continuing our exploration of writing persuasively, students will complete typing their persuasive pieces. They will also write a letter to someone asking for a Christmas wish.

In maths, we are exploring mass and capacity and comparing how much different items weigh/hold.

This week, both classes will focus on positive gender relations through the Resilience, Rights, and Respectful Relationships program. This topic is about understanding gender-based violence, including unfair and hurtful behaviours. This week and next week in particular, students will be learning about consent, which parts of their body are kept more private than others and the importance of personal space and keeping their bodies safe. We encourage you to have a chat with your child about what strategies they can use to help themselves. Should you have any queries about this unit of the program, please get in touch for a chat.

Finally, we are super proud of both 1/2 classes for their efforts to rehearse and perform at the Bollywood Extravaganza last Thursday night. We congratulate everyone who got on stage for their bravery and for doing their best performance! You were amazing!

Feel free to send us an email or pop in for a chat should you have any questions or queries.

[eliza.cunningham@education.vic.gov.au](mailto:eliza.cunningham@education.vic.gov.au)

[caitlin.jackson@education.vic.gov.au](mailto:caitlin.jackson@education.vic.gov.au)

Thanks, and have a great week!

Eliza Cunningham, Caitlin Jackson and Lisa

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## 34AB

Hello families and welcome week 10!

SOTW

**Chole Jackson, Fletcher Hindle Amaya Spathas, Tessa Manley and Edward Vincent** all received an award for their commitment to home reading throughout the year. They have all read for over 120 nights. This demonstrated fantastic commitment to improve their reading.

Wow what a busy week last week with our Bollywood Artist in Residence program. We were so proud of all our 3/4 kids, the way they stayed focused to learn the dances and participated so enthusiastically on the night. They certainly had a wonderful time showing off some great dance moves.

We had a great incursion on Friday with a visit from the Engineers Without Borders Program. The students had to work in groups to see which group could design and make a floating house. The house that held the most marbles without sinking, won. It was great fun. The presenters were very impressed by the 3/4 students, their level of engagement, their co-operative skills and their great designs. Well done to our kids, it's always lovely having such positive feedback.



This Tuesday, Wednesday and Thursday we will start our in-school transition program. Kids will meet their teachers and classmates for 2026.

In writing we will be finishing off our Christmas story about *'The Boy and The Penguin'*. We are in the publishing stage and then students will start to illustrate their books in the style of Oliver Jeffers.

In maths students will be provided with a range of engaging games to play that will support our maths teaching this year focusing on addition/subtraction; multiplication/division, place value and location.

We are looking forward to winding down this week and the students will have fun making some special Christmas decorations they can take home.

**Library books** need to be returned this week, so please check under the bed and at the back of the couch for any schoolbooks. Thanks.

A reminder that our **class Christmas parties** will be on Tuesday the 16<sup>th</sup>. We are asking everyone to bring a **small** plate of food to share for lunch. We can heat food if necessary. We would love to see everyone wear something a little Christmasy to celebrate the end of the year!

Have a great week.

Ali Mackie, Larissa Murray, Lindy and Hunee

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## 56AB

Hello grade 5/6 Parents and Guardians

All grade 6's are looking forward to graduation next Tuesday. This week we will be learning a dance to present to families on the night.

**Transition:** On Tuesday, Wednesday and Thursday during the middle session of each day students will be working in their 2026 classrooms with their teacher for next year. This will allow students to get to know their new teacher and new classmates.

This week we will be continuing to finish our literature circle books and revising concepts learnt in maths with fractions and subtraction, multiplication and division being a particular focus.

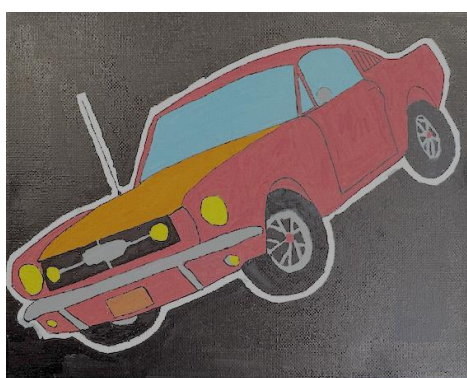
A reminder that the Grade 6 Big Day Out will be next Monday.

Thankyou

Carolyn Smith, Alec McPhee and Alyssa Warfe

## Art

The last full week of art classes for 2025, and what a year we have had in the art room! Students from all classes are finishing off works and having some student voice in how they would like to use their artistic skills for something of their choice – all while practising for the Bollywood Extravaganza!



Jobi Laybourne.

## SPORT AND PE NEWS

### Students of the Week

**Griffin Reggardo:** for his amazing growth in running speed over the year, well done, he was seconds faster in his Agility and 50 m sprint.

**Max Friend:** for impressive growth in his Beep Challenge, going up 4 levels from last year achieve level 10.1.

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**Spirit of Sport Award**

This year, **Tarziayah Sellings** has received the **Spirit of Sport Award** for her contribution to School Sport and PE at TAPS over the years, being an exemplar of fair play, always trying her best and encouraging and including others in sport and PE.

Tarziayah is a highly talented and dedicated sportsperson, committed to all aspects of PE and the Sport program. She has represented the school in swimming, athletics, cross country, basketball, lawn bowls and soccer. She has been a fantastic role model in this area and has had a high level of success particularly in athletics, representing the school at the Regional Athletics Carnival for 4 years. Whether through involvement in interschool events, at school or in her interactions with peers, Tarziayah's embodies the TAPS values.

Prep to Gr 2s have been introduced to tennis rackets this week, a bit more of a challenge to manoeuvre and manage with one hand, but we're giving it our best try!

Grade 3-4 s have completed their fitness challenges and are now finishing off with Kids Choice, a chance for everyone to have a choice in what games or activities we would like to do.



Grade 5/6s are finishing off their "Kids Choice" unit and picking a fun game to play, giving students the chance to show leadership and have a voice in PE. It was great to see Abby and Isabel create a fantastic new partner tag game Partner Tag. We'll do that again; it was super fun! Thanks also to Max for sharing with us the 3 ball Dodgeball Game he learnt at his Secondary School Transition Day.

**Important Sport dates for Term 1 2026**

**Monday 9th February** TAPS Swimming Carnival Gr 3-6

**Thursday 19th Feb** Eastern District Swimming Carnival Orbest pool

**Monday 16th March-Friday 27th March** Gr 3-6 Swimming Program Aquadome

Thanks

Barb (PE and SPORT COORDINATOR)

For registration see link on Facebook or email us at [lakesentrancena@gmail.com](mailto:lakesentrancena@gmail.com)

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## FOR STUDENTS

### Wellbeing support over the school holidays

It's been a big year and this guide provides tips to continue looking after your mental health and wellbeing over the school holidays and services to reach out to if you need support.

#### Actions to support positive mental health over the school holidays

- Exercise boosts mood and mental health – make it fun!
- Nourish your brain by eating healthily – it will also improve your mood
- Prioritise sleep to support mental and emotional wellbeing
- Explore relaxation techniques and coping strategies
- Stay in touch and catch up with friends and loved ones
- Make time to do things you enjoy
- Practice positive self-talk – and remember you are not alone
- Seek professional help if needed!

**Feeling it:** [mindfulness resources and activities for students](#). Smiling Mind gives you tips on looking after yourself, understanding and managing emotions, being mindful, being kind to yourself, navigating uncertainty and preparing for change.

You may find that these actions are not enough to look after your mental health. Here are some signs you may need some support.

#### Signs that you or a friend may need mental health support

Keep an eye out and seek professional help for changes that last two or more weeks such as:

- Loss of interest or involvement in activities normally enjoyed
- Feeling 'low', unusually stressed or worried
- Ordinary things get harder
- Being easily irritated or angry
- Taking more dangerous risks, like using alcohol or drugs
- Withdrawal or feeling overwhelmed
- Difficulties with concentration and motivation
- Having a lot of negative thoughts
- Changing in sleeping and eating<sup>1, 2</sup>



#### Supporting your friends

You and your friends are **most likely to turn to each other for support** before seeking out an adult or service provider. You and your friends can support each other by:

- contacting 000 if a friend needs urgent assistance or is at risk of harming themselves or others
- reaching out to a friend, offering support and letting them know you care
- letting your friend know you may need to tell a trusted adult about your concerns.

Having these types of conversations can be difficult. Information on how to support a friend is available on the headspace website: [How to help a friend going through a tough time](#).

#### Mental health support

- Your local GP** can provide you with additional support
- headspace Counselling:** Victorian Government secondary school students, including those who have just finished schooling, can access counselling services from headspace. During the holidays, you can self-refer by calling your [local headspace centre](#).
- eheadspace:** 1800 650 890 [www.headspace.org.au/eheadspace](#)
- Kids Helpline:** 1800 551 800 [www.kidshelpline.com.au](#)
- Lifeline:** 13 11 14 [www.lifeline.org.au](#)
- Beyond Blue:** 1300 224 636 [www.beyondblue.org.au](#)
- Head to Help:** 1800 595 212 [www.headtohelp.org.au](#)
- Suicide Call Back Service:** 1300 659 467 [www.suicidecallbackservice.org.au](#)
- Contacting 000** if you need urgent assistance.

#### Self-harm and suicide prevention resources

- [Getting a mental health care plan](#) (ReachOut)
- [What you need to know about self-harm](#) (headspace)
- [How to help when someone is suicidal](#) (SANE Australia)

#### Family violence support and resources

- Safe Steps:** 1800 015 188 [www.safesteps.org.au](#)
- 1800RESPECT:** 1800 737 732 [www.1800respect.org.au](#)
- What's okay at home:** [www.woah.org.au](#)
- Family violence support**

#### Eastern Victoria bushfires: first anniversary

We are also approaching the first anniversary of the 2019-2020 summer Eastern Victoria bushfires. The anniversary may trigger worry or anxiety levels that are similar to what was experienced during the event. For more information:

- Emerging Minds:** [Traumatic events, anniversaries and other triggers](#)
- Trauma and Grief Network:** [Understanding and managing anniversary reactions](#)

#### Mental health resources

- [Mental Health Toolkit](#)
- [Understanding mental health – fact sheet](#) (Orygen)
- [Learn how to handle tough times](#) (headspace)
- [Get into life \(to keep your headspace healthy\)](#) (headspace)

<sup>1</sup> headspace – a parent guide to school issues and stress [www.headspace.org.au/friends-and-family/parents-guide-to-school-issues-and-stress](#)  
<sup>2</sup> headspace mental health and your partner [www.headspace.org.au/health-and-relationships/mental-health-partners-need-it-too](#)  
<sup>3</sup> headspace – how to talk to your children about mental health [www.headspace.org.au/parents](#)



UMPIRES IN THE FIELD

## INTRODUCTION TO UMPIRING

Lakes Entrance Netball Association

7 February 2026

1pm – 4pm

Lakes Entrance Netball Courts, Rowe St

Presented by Judi Buhagiar






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# BREW BAR

*on the ninety miles*

583 Esplanade Lakes Entrance. Phone: 5155 3839

Sausage Roll \$5.50  
Sauce .20

Spinach and Ricotta Roll \$5.50

Nacho's \$7.00  
Corn chips, salsa, cheese, and sour cream  
Add guacamole \$1.00

Spaghetti Bolognaise \$7.00

Toasties  
Cheese \$5  
Ham & Cheese \$6  
Cheese & Tomato \$6  
Chicken, Cheese and Mayo \$7  
Extras .50c  
Avocado \$1  
*Choice of High fibre white bread, Multigrain and Wholemeal*

Chicken Salad bowl \$8.00  
lettuce, tomato, carrot, cheese, cucumber, and Mayo  
Add Egg \$1.00  
Add Avo \$1.00

Zucchini slice \$5.00

Chicken Strip Wrap \$4.00  
Lettuce, Chicken, cheese, and Mayo

Side Salad \$3.00

Fruit and yoghurt cup \$5.00

*\*Gluten Free Bread & Wraps available on request\**

Please have lunch orders in office by Thursday mornings. Late Orders cannot be guaranteed their choice.

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**VIC 3909**

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