



IMPORTANT DATES FOR TERM 3 (subject to change)

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|----------------------|------------------------------|--------------------------|---------------------------------------|--|---|
| Week 1 July | 10 | 11 | 12 | 13 State Cross Country "Go Oce!" | 14 P-6 Forces Energy STEM incursion |
| Week 2 | 17 TAPS Aths 3-6 | 18 TAPS Aths (Backup) | 19 | 20 Scholastic Book Orders due | 21 P-6 Sound and Light STEM incursion. |
| Week 3 | 24 5/6 Canberra | 25 5/6 Canberra | 26 5/6 Canberra | 27 5/6 Canberra | 28 5/6 Canberra |
| Week 4 August | 31 | 1 | 2 Visiting Artist Book Illustrator | 3 District Aths 3-6 | 4 |
| Week 5 | 7 | 8 | 9 | 10 | 11 |
| Week 6 | 14 | 15 | 16 | 17 | 18 |
| Week 7 | 21 | 22 | 23 Book Week livestream | 24 P-2 Excursion | 25 |
| Week 8 August | 28 P-2 Swimming starts | 29 | 30 | 31 | 1 |
| Week 9 | 4 | 5 | 6 | 7 | 8 |
| Week 10 | 11 | 12 | 13 | 14 | 15 |

ONLINE BANKING - Account Name -Toorloo Arm Primary School Council
BSB 063 832 Acc No 1002 2188

Please include details - Surname and description e.g. Fees, uniform, camp etc.



Audiri App and



Parents and Friends of Toorloo Arm Primary School

Dear Parents and Carers,

Welcome to term 3! We hope all families had an enjoyable break and are ready for another term packed full of learning. Personally, it's great to be back and I'd like to acknowledge Barb and the great team we have here at Toorloo for their exemplary leadership of the school whilst I was away.

We kick off the term with some fun and engaging STEM incursions for all students on the first 2 Friday's, as well as our grade 3-6 athletics carnival next Monday and then in week 3 we say farewell to our grade 5/6's on their Major Excursion to Canberra. We are certainly hitting the ground running.

I am sure everyone would like to join me in wishing Oceanna Greaves all the best for her run at the State Cross Country on Thursday. What an achievement getting to this level of competition, you're a winner already in our eyes Oce.

Our Wellbeing focus for term 3 is Being a Better Buddy (bullying prevention)

Bullying prevention at TAPS is proactive and is supported by the research that indicates that a whole school, multifaceted approach is the most effect way to prevent and address bullying. We have a number of programs and strategies in place to build a positive and inclusive school culture and relationships that promote wellbeing.

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We strive to foster a school culture that prevents bullying behaviour by modelling, encouraging and teaching behaviour that demonstrates acceptance, kindness and respect.

At our school:

- We strive to build strong partnerships between the school, families and the broader community that means all members work together to ensure the safety of students.
- We participate in the Respectful Relationships initiative and The Resilience Project which aims to embed a culture of respect and equality across our school.
- We celebrate the diverse backgrounds of members of our school community and teach multicultural education, including Aboriginal History, to promote mutual respect and social cohesion.
- Teachers are encouraged to incorporate classroom management strategies that discourage bullying and promote positive behaviour.
- In the classroom, our social and emotional learning curriculum teaches students what constitutes bullying and how to respond to bullying behaviour assertively but not aggressively. This promotes resilience, assertiveness, conflict resolution and problem solving.
- We promote upstander behaviour as a way of empowering our students to take appropriate action positively and safely when they see or hear of a peer being bullied.
- Students are encouraged to look out for each other and to talk to teachers and older peers about any bullying they have experienced or witnessed.

We have a number of school policies related to the wellbeing of students available on our website taps.vic.edu.au including

- Bullying Prevention Policy
- Student Engagement Policy
- Child Safety Policy
- Inclusion and Diversity Policy

It takes all members of the school community to uphold these values to create a school climate where all children can thrive, so we encourage you to read our policies and support your children to behave in a way that makes everyone feel valued, accepted and safe.

Kindest regards
Kerry Hughes

As we come off school holidays, return to the busy life of school drop offs, pickups, work and life, it seem fitting that this week's presentation from [The Resilience Project](https://theresilienceproject.com.au) is all about Mindfulness.

Mindfulness is our ability to be present at any given moment. We practice this by using intentional awareness and concentrating on what you are doing when you are doing it. Put simply, mindfulness is all about being focused on just one task without having your mind wander off to worry about the many things you have to do.

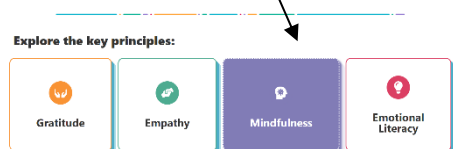
Thousands of studies into Mindfulness indicate that with regular practice, Mindfulness can lead to benefits such as; reduced stress, reduced rumination, increased memory, increased cognitive function and physical health benefits through improved immunity.



RESILIENCE PROJECT

Here is the link to view Part 4 – Mindfulness: <https://theresilienceproject.com.au/2023-parent-carer-hub-inspire-martin/>

Scroll down and click on the Mindfulness square then scroll further to the 5-minute mindfulness video. (If you've missed the previous videos, just click on the relevant square and they will refresh 🔄)



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Mindfulness can be practiced through so many different activities including: meditation, yoga, coloring, puzzles, origami, flow-states (swimming, running, nature walks) and daily activities such as cooking.

Source: [UC Berkeley](#), [Greater Good Science](#), [American Psychological Association](#)

For mental health resources and support information, visit [The Resilience Project's Support Page](#).

PREP

Welcome back from what I hope was a very relaxing and fun holiday. Everyone has had a fantastic start to the term and settled back into the school routine splendidly. The weather is cold so please make sure that jumpers are named.

As part of our oral language program, we will be starting student sharing. If your child has anything special they would like to share, they can bring it in on their allocated day. They are more than welcome to leave it somewhere safe in the class. If students would like to share pets, please give me at least a week's warning.

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--------------------------|-------------------------------|------------------------------|--|------------------------|
| Skylah Serena Noah | Evie Grace Max Jayce | Halle Ruby Jack Ned | Lutarnna Casey William Jasper | Harper Tyler Ned |

This week we are looking at:

Reading

- Sound position – where do we hear the sound.
- Revising how to 'Get Our Knowledge Ready' before moving into self-talk.
- We are revising digraphs 'th', 'sh' & 'ch'

Writing

- Creating a clear sentence structure that includes capital letters and full stops.
- Looking at how to extend our writing. Creating another sentence that stays on topic.
- Handwriting – how we place letters on the line with correct directionality and letter formation.

Maths:

- We are revising number and place value. We will order, read and write numbers to 20 and up into the 100's.

Have a great week,
Miss Cock

1/2 A&B

Hello and welcome to week 1 of term 3! We hope that everyone had a relaxing winter break, students have already enjoyed telling us about what they got up to. We have some really great things planned for this term and we know that students will love them, starting with an incursion on 'forces and energy' on Friday.

This term in reading we are going to focus on non-fiction texts and their features.

In writing this week, students are writing a recount of something they did on the holidays, before we then move into looking at writing non-fiction texts.

In maths we are beginning to think multiplicatively, by using repeated addition to solve problems.

This term our Integrated Studies unit is a science unit around light and sound. We are asking for the collection of clean tin cans for a little project we will be working on.

Thanks and have a great week!
Eliza Cunningham and Caitlin Jackson

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**3/4A&B**

Welcome back to school everyone! We hope everyone had a relaxing break and is ready to embrace the new term.

We will be starting a new Mentor Text in class called Rowan of Rin by Australian Author Emily Rodda.

Interesting fact: Emily Rodda is a pseudonym and her real name is Jennifer Rowe. Her children's books are written under the name of Emily Rodda while her books written for adults are written under her birth name of Jennifer Rowe. Other books you may be familiar with by Emily Rodda include the Deltora Quest Series, Dog Tales and Rhondo Series. We are looking forward to exploring this fantasy-mystery fiction with the children throughout the term.

We are hoping that some students will be interested in taking part in the Lions Junior Public Speaking Competition later this term. In preparation for this, over the next couple of weeks, all grade 3/4 students will be planning, drafting and publishing a narrative piece on the topic of "Oh no – you've turned into a Giant!" Once completed, all students will practice their public speaking skills by reading their piece to the 3/4 Cohort. Taking part in the Lion Junior Public Speaking Competition is voluntary and additional to reading their piece at school. Up to four students from each of grade 3 and grade 4 can represent Toorloo Arm Primary School, however all students will be encouraged to have a go!

In maths we are moving into multiplication and division. We hope that students will recognise and use their understanding of calculating area to assist them with developing their understanding of multiplication and division.

We are looking forward to two STEM incursions. This Friday is Forces and Energy and then next week students will participate in Light and Sound activities.

Please remember that students are expected to read at least 3 nights a week. They can also be practising their times tables to support their maths learning at school. We also welcome any parents who would like to come into the classroom and support our independent reading time in the morning.

Have a great week.

Ms Smith, Mrs Murray and Alyssa

5/6 A&B

Hi Year 5/6 families,

Welcome back to the second semester. We are all looking forward to a busy term and once again we have all lots of great activities planned for our students. This Friday the students will be involved in a **Forces and Energy Incursion**. These hands-on science activities are great learning experiences and we are confident the kids will have a great time.

In Literacy this week we are continuing our literature Circle program, many of the groups are starting new texts which is always exciting. In writing we are continuing to focus on persuasive writing. In maths we will be starting a multiplication unit, completing a range of fluency and challenging tasks to explore the concept.

Canberra camp is fast approaching. Please make sure all forms and payments are returned to the office as soon as possible. Just a reminder to check the clothing list to ensure your child has warm clothing and the appropriate gear for the cold Canberra weather. If anyone has lost their forms or needs more information, please feel free to contact us.

Next Monday we will be running our **school athletics sports**. We will be holding this event at school and across the road on the oval. We look forward to a great morning and hope to see some parents there.

Good luck to Oceanna Greeves as she heads down to Melbourne to compete in the State Cross Country. We wish you good luck and hope you have a really great day.

Have a great week everyone.

Ali and Alex

SPORT and PE NEWSState Cross Country

All the best to Oceanna Greaves who will be representing the school at the State Cross Country Championships at the Yarra Valley Racecourse. What an amazing achievement to compete at this high level. Good luck, run fast and have fun, Ocel!

In PE, Grade 3-6 continue training for the TAPS Athletics Carnival next Monday July 17th. Fingers crossed the weather forecast is ok, but please note the backup day is the next day. We will aim to start at the Rec Reserve across the road at around 9.30 am for the sprints before we break up into groups for rotations. Parents, carers and friends are most welcome to come along and watch. We are after age group managers who can take each group to the 8 events, so please let me or the office know that you can help us out! We should be done by lunchtime. The top 2 competitors for the events and age group will be invited to represent

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the school at the District Aths Carnival. **Please note the District Athletics Carnival is on Thursday 3rd August.**

Junior PE will similarly work towards their Junior Sports Day on Wednesday 9th August. Sport day activities have been modified to suit the abilities of the students yet still focusing on the key aspects of jumping, throwing and running. The remainder of the term will include a skipping unit and a progression from minor games to more mainstream sports like AFL, where students will learn key fundamental skills.



ATF Tennis Program at TAPS

We are now taking expressions of interest for Term 3, newcomers most welcome. Sessions will again be Thursday nights, fortnightly. Starting date is this Thursday afternoon, 4.15-5.15 pm. Please keep an eye on the Audiri app for notices about this afterschool program in case the weather is inclement and lessons cancelled. The days are getting longer now, so book in for some excellent coaching from Nigel!

TENNIS – EXPRESSION OF INTEREST FORM TERM 3

I give permission for my child _____ of class
_____ to be considered to participate in the tennis program.

Signed _____ Date _____

Thanks,
Barb (PE and SPORT COORDINATOR), Tom (Junior PE)

Important Sport dates for Term 3 2022

Thursday 13th July State Cross Country Yarra Valley
Monday 17th July TAPS Athletics Carnival (at school back up Tues 18th July)
Thursday 3rd August District Athletics Carnival Howitt Park Bairnsdale (back up 9th August)
Monday 4th September Division Athletics Howitt Park Bairnsdale

We've also booked in the P-2 Swimming program for the last 3 weeks of term 3, starting Monday 28th August.

ART

Welcome back to Term Three! This week will see junior students begin their exploration into construction, transition from two-dimensional work into three. While middle school and senior students will concentrate on world of kinetic sculptures – combining science with art.

Jobi Laybourne.

FRENCH

Bonjour à tous!

I hope you've all had a lovely winter break and are ready for another term of learning.

This week, all grades are going to be talking about the 14th of July, also known as « Bastille Day », the French national day. We'll discuss the history and what happened on the day. Younger kids will then work on activities involving some colouring, while older students will do some research on Parisian monuments and create a number fact poster.

Have a lovely week! Bonne semaine à tous !

Emmanuelle Samson

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**Music**

In Music this term, Grade 3-4 will be exploring patterns that repeat throughout songs. The first week, we will be learning the 'Cup Song' from the movie Pitch Perfect, where a plastic cup is manipulated to make a repeatable beat. We will also participate in some famous dance moves that repeat, such as the Nutbush, the Macarena and line dancing. Students will create their own repeatable dance move, that they will video record to their chosen music. Which the whole class can try in our very own dance party towards the end of term!

STEM

Welcome to STEM! For the remainder of the year Grade 5-6 will switch from Music to STEM, a subject the students are enthusiastic to explore. This term the curriculum focus is on physical sciences and how electricity is generated. Students will explore simple electrical circuits and learn how to scientifically draw the circuits they create. They will also investigate how energy is transferred to electrical energy and research how renewable energy is produced. Students will then design, build and present a working model of a renewable energy source using the skills and research they have developed throughout the unit.

Thanks,

Tom Stubbs (Music & STEM)



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Tuning in to Teens

Parenting program that teaches parents skills to help their teens begin to understand and regulate their emotions

Do you want to:

- Learn how to better understand and manage your teen's emotions, such as anger, anxiety and sadness?
- improve your communication with your teen?
- Teach your teen to deal with conflict
- Help your teen learn to manage their emotions?

Dates: Fridays 21st July - 25th August

Time: 10.00am - 12.00pm

Cost: FREE

Venue: ONLINE via ZOOM

Supporting the development of your teen's emotional intelligence will help them:

- Have greater success with making and keeping friends.
- Be more able to calm down when angry or upset.
- Have better communication at school.
- Better manage challenges and change.



Register: via the QR code or contact
Parentzone.Gippsland@anglicarevic.org.au
P: (03) 5135 9555

PARENTZONE

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