

Omeo Primary School Newsletter

Omeo Primary School
PO Box 40, Omeo 3898
Phone 51591313

Principal - Jeff Wilson
Email: omeo.ps@education.vic.gov.au
Website: <https://www.omeops.vic.edu.au>



Wednesday 14th February 2024

Calendar dates

Wednesdays 2:45: Assembly in the Music Room, all parents welcome

February

Thursday 15th, Friday 16th - Swimming Program.

Monday 19th - **MAKE UP swimming day**

Wednesday 21st - Prep rest day

Monday 26th - Parent Info session

Wednesday 28th - Prep rest day
- PFC Meeting @ 3:15 in Library

March

Wednesday 6th - Prep rest day (final)
- Finance Committee/School Council

Monday 11th - Labour Day (no school)

Wednesday 13th - 22nd - NAPLAN (Year 3 & 5)
Smile Squad (Dental Van)

Tuesday 19th - Seasons for Growth parent session

Thursday 28th - End of Term 1 2:30 finish, buses @ 3

April

Monday 15th - Term 2 commences

REMINDER - BROAD-BRIMMED HATS MUST BE WORN TERM 1 - Please pack one in your child's bag.

swimming program! You have shown dedication and enthusiasm throughout the program, and we are so proud of our student progress.

Swimming is not only a valuable life skill, but it also promotes physical fitness, builds confidence, and enhances teamwork.

We have organised a swimming make up day for the 19th of February, next Monday. Please login to UEducateUs for permission slip. It will just be a quick and easy process.

Indonesian Program

We are excited to announce that we have started our school Indonesian program in partnership with the Victorian School of Languages. This new initiative will provide our students with the opportunity to learn and appreciate the Indonesian language and culture. We believe that language learning is crucial in fostering global understanding and building connections with people from different backgrounds. Starting a new language also means that our students start on the same footing. My experience with studying the language is I learnt so much about both English and Indonesian, as it allows us to compare and contrast the languages.

UEducateUs

As indicated in a previous newsletter, we are translating to digital permissions for camps, excursions and events. As we transition please feel free to call out for help in using the online platform. Login details were sent in week one. Again we can email the details also.

Keep well,

Jeff Wilson

Birthdays



We have a swag of Birthdays coming up next week.

It is Chloe's birthday tomorrow she's going to be 8 years old.

From our Principal

Dear Community,
Already we are into important parts of our school year.

Swimming Program

Congratulations to all the children, parents, community and teachers involved in our fantastic

From the Office

School bank details CBA: BSB: 063-857; Account No: 10006685. Please mark your transaction with family name and what it is for eg: Shepherd Fees 22

Voluntary Contribution

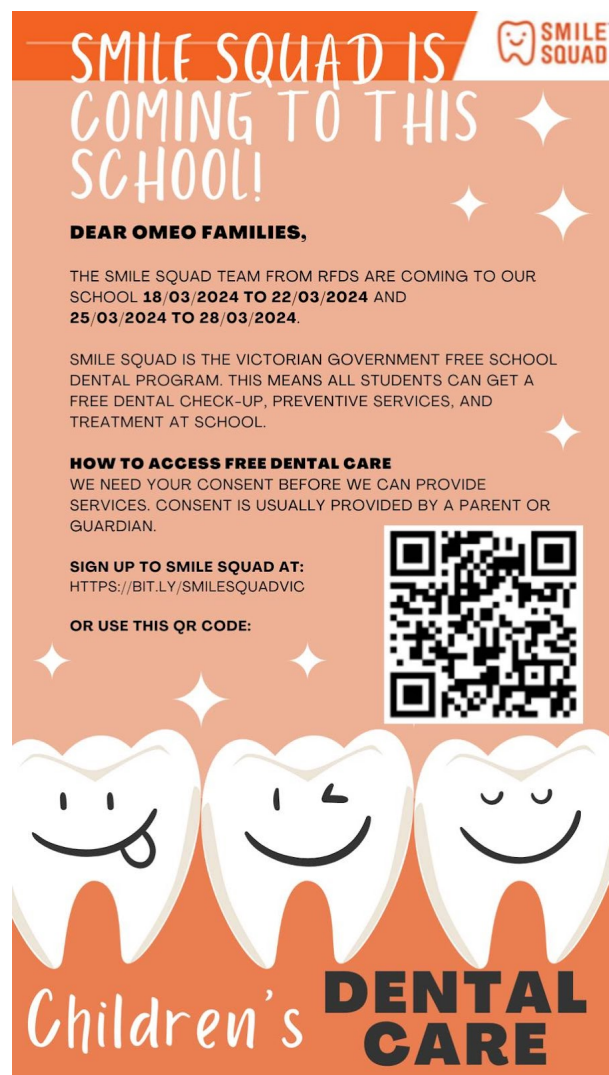
Last week we included the school's parent payment policy. The fees are voluntary. The school, as explained in this policy, uses these fees to provide a range of experiences for our students as well as resource them to tackle the work done in the classroom.

There are a variety of ways in which fees can be paid. Please read these carefully. The school looks forward to having strong support from our families so we can continue to provide the best for students. Please speak with Andrea or Jeff if you have any questions.

CSEF: This stands for Camps, Sports and Excursions Fund. To be eligible for the \$150 for each child, paid into your school account, 'a parent or legal guardian MUST be the holder of an eligible Centrelink Health Care Card, Pensioner Concession Card or holder of a Veterans Affairs Gold Card'. Families who are eligible and have accessed it last year, please check that you are still eligible. These families will be automatically rolled over. Please see Andrea if you are a new parent and feel you are eligible.

ENROLMENT DETAILS FORM-TO BE RETURNED!

Parents of students in Grade 1-6 will receive enrolment details we currently have on record. It is very important that we have up-to-date details in case of an emergency. When you receive this in the next week or so, please check carefully and return, signed with any amendments. You will also be asked to complete a permission form for a variety of activities- please fill in, sign and return.



SMILE SQUAD IS COMING TO THIS SCHOOL!

DEAR OMEO FAMILIES,


THE SMILE SQUAD TEAM FROM RFDS ARE COMING TO OUR SCHOOL **18/03/2024 TO 22/03/2024 AND 25/03/2024 TO 28/03/2024.**

SMILE SQUAD IS THE VICTORIAN GOVERNMENT FREE SCHOOL DENTAL PROGRAM. THIS MEANS ALL STUDENTS CAN GET A FREE DENTAL CHECK-UP, PREVENTIVE SERVICES, AND TREATMENT AT SCHOOL.

HOW TO ACCESS FREE DENTAL CARE
WE NEED YOUR CONSENT BEFORE WE CAN PROVIDE SERVICES. CONSENT IS USUALLY PROVIDED BY A PARENT OR GUARDIAN.

SIGN UP TO SMILE SQUAD AT:
[HTTPS://BIT.LY/SMILESQUADVIC](https://bit.ly/smilesquadvic)

OR USE THIS QR CODE:



Children's DENTAL CARE



SMILE SQUAD IS COMING TO THIS SCHOOL!

PLEASE COMPLETE AND SUBMIT THE CONSENT FORM BY 11/03/2024.

MINIMAL PAPER COPIES OF THE CONSENT FORM ARE AVAILABLE. PLEASE CONTACT THE SCHOOL OFFICE IF YOU WOULD LIKE TO REQUEST ONE.

THE ELECTRONIC CONSENT FORM CAN BE TRANSLATED INTO MORE THAN 100 LANGUAGES, AND THE PAPER FORM IS AVAILABLE IN 13 LANGUAGES.

SMILE SQUAD DENTAL PACKS ALL CHILDREN DESERVE A HEALTHY SMILE, AND THE SMILE SQUAD FREE SCHOOL DENTAL PROGRAM IS WORKING HARD TO HELP MAKE SURE THIS HAPPENS.

YOUR CHILD/REN WILL SOON RECEIVE A FREE DENTAL PACK TO BRING HOME. THE DENTAL PACK CONTAINS A TOOTHBRUSH, FULL SIZED TOOTHPASTE, AND AN ORAL HEALTH BROCHURE.
PLEASE TAKE THE TIME TO READ THE BROCHURE. IT'S FULL OF HELPFUL HINTS AND TIPS TO HELP YOUR WHOLE FAMILY EAT WELL, DRINK WELL AND CLEAN WELL – FOR LIFE. (STANDARD STRENGTH TOOTHPASTE SMILE SQUAD PROVIDES STANDARD STRENGTH FLUORIDE TOOTHPASTE THAT IS GENERALLY USED BY AGES SIX AND OVER, UNLESS RECOMMENDED BY A DENTAL OR TRAINED HEALTH PROFESSIONAL. IF YOUR CHILD IS UNDER SIX, A DIFFERENT TOOTHPASTE WILL BE PROVIDED.)

DO I NEED TO ATTEND MY CHILD'S APPOINTMENT?
NO, YOU DO NOT NEED TO ATTEND YOUR CHILD'S APPOINTMENT. YOU CAN ATTEND IF YOU WOULD LIKE TO, AND APPOINTMENTS WILL BE AVAILABLE AFTER SCHOOL HOURS IF YOU WISH TO ATTEND WITH YOUR CHILD.

THE RFDS SMILE SQUAD LOOK FORWARD TO SEEING YOU SOON.
KIND REGARDS,
TRACEY
SMILE SQUAD

Children's DENTAL CARE

Student of the Week



This week the Junior room congratulates:

Bradley Howe

For showing such persistence during swimming. Well done Bradley for growing in confidence and ability in the water. You are a superstar!

This week the Senior room congratulates:

Summah Gardiner

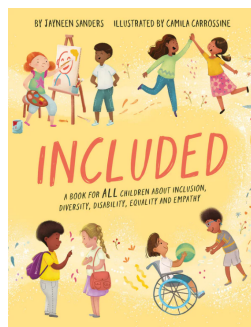
For encouraging and helping younger students and teachers within the swimming program. Thank you for your help Summah, it doesn't go unnoticed!

From our Classrooms

Junior Class News

We have continued to have a great time at swimming this week, it's always fantastic to see the childrens' growth in confidence and ability. On Monday we welcomed Lynette Bannister into the class for the day as I was away. Thanks to all the students for making her visit a success.

On Wednesday's the Year 1's and 2's have been reading a fantastic book called *Included*. This book introduces us to six children with different disabilities. So far we have met Sam, who has cerebral palsy; Rishi with autism and Jay who is deaf. We have been summarising the characters by creating character collector cards. Students have also been following the writing process to write a holiday recount.



Thanks to those families who remembered to return library books on Monday. This coming Monday we will also be bringing home our take home books to begin our home reading program. Therefore, the blue bags can be used for both take home books and library books this year.

Many thanks, Kate Freestone 😊

kate.freestone@education.vic.gov.au

Senior Class News

A busy, busy week with swimming lessons in Swifts Creek! We have thoroughly enjoyed our lessons so far and the improvements from all students have been incredible! It's amazing to see students' confidence flourish too!

Monday we were privileged to have Col come and speak with us about sun safety and the importance of looking after our skin. Col is riding from Healesville to Cooktown on his horses to raise money for Melanoma Australia. His next leg is from Omeo to Bindi Station and then onto Tom Groggin Station. You can follow Col's journey via Facebook, just search 'Col's fund-raising trail ride'.

In class we have been working hard on our narrative writing pieces and focusing on putting quality time into planning our stories. In mathematics we have continued our focus on place value.

Students in grades 5 and 6 are encouraged to apply for school leadership positions this year. This process began today in class where we had discussions about the process and the expectations of a leader.

Are you connected to our Class Dojo? If not please contact me ASAP and I will connect you. This will be a way that we share learning and I aim to share photographs of our experiences as I can.

As always, please feel free to contact me as required.
Gemma Rendell

gemma.rendell@education.vic.gov.au





School Information



I am excited to be continuing in the MHiPS role at Omeo Primary this year and some of the work myself and Ashleigh put in last year is coming to fruition in an exciting time for our school community.

We have already recommenced our speech session with Melissa Johnston, and have booked in sessions with psychologist Lauren Short when she returns from leave in March. These services are both school funded.



We have managed to secure the services of Sasha Wood, who is a Child Mental Health Clinician from the Royal Flying Doctor service. Sasha will be visiting Omeo in person once a fortnight commencing later this term to provide mental health and wellbeing support to our students. I will be contacting some families to offer children a place with Sasha over the coming week. Families who would like support for their child are also welcome to contact the team directly on wellbeing@rfdsvic.com.au by or phoning 1800 001 068 to commence the intake process.



Furthermore, we have recently been offered counselling for children and families by Kerrilee Kimber from Connect Me, which is a division of Relationships Australia. Please see the poster attached to see what Kerrilee can offer your child. The referral form is also attached.

Community Information

A PHYSICAL ACTIVITY AND RECREATIONAL SCREEN TIME

SURVEY

We want to hear from you!

ARE YOU A RESIDENT OF EAST GIPPSLAND AND THE PARENT/GUARDIAN OF A SCHOOL AGED CHILD/REN?

The GLCH Health Promotion team need your help to get our children more physically active!



SCAN THE QR CODE
TO COMPLETE THE SHORT SURVEY BY 29 FEB 2024



Gippsland Lakes Complete Health

Dear Families,

We have received this offer of free counselling for children. Please read below.

Permission form can be accessed here:

📄 Referral document Connect Me.pdf



Connect Me

A free counselling and support program for 4-11-year-olds in Gippsland

Is your child:

- feeling stressed, worried, anxious or overwhelmed?
- having trouble sleeping?
- experiencing distress or bad memories that impact on their daily activities?
- feeling a sense of panic, loss or anger?
- experiencing relationship difficulties?
- withdrawing from their usual activities?
- feeling teary, numb or detached?

If your child is experiencing these or other challenges as a result of the bushfires, COVID-19 or general life challenges, our counsellors are here to support them.

How we can help

We can provide free counselling sessions and case management support, without a GP referral, to connect your child with education, personal, physical or community services.

Services are available:

- via video and telephone appointments
- face-to-face at schools and kindergartens across Gippsland.

We encourage you to contact us for more information or to make an appointment.

☎ (03) 5175 9500

✉ traralgon@rav.org.au

🌐 rav.org.au/traralgon to send us an online enquiry

This service is funded by the Gippsland Primary Health Network, which is leading the primary mental health and suicide prevention stepped care response of Gippsland.

Connect Me Flyer 22011a | www.rav.org.au

We acknowledge the Aboriginal and Torres Strait Islander peoples as the Traditional Owners of the lands and waterways of Australia and support Aboriginal people's right to self-determination and culturally safe services.



ALL PRE-SCHOOL FAMILIES INCLUDING BABIES ARE INVITED!

KINDER GYM

WITH CINDY MASS

10.30 - 11.30AM

HELD AT THE OMEO HALL
EVERY ALTERNATING MONDAY

DATES FOR TERM 1, 2024
5TH FEBRUARY
19TH FEBRUARY
4TH MARCH
18TH MARCH

CONTACT ROWENA TURNER
SCHOOLS AS HUBS COORDINATOR HIGH COUNTRY
0438331162
S.R.TURNER@SKYMESH.COM.AU







ALL PRE-SCHOOL FAMILIES INCLUDING BABIES ARE INVITED!

OMEO PLAYTIME GROUP

WITH CINDY MASS

10.30 - 11.30AM

JOIN CINDY FOR FREE PLAYTIME SESSIONS WITH PLAY-ACTIVITIES SET UP FOR YOUR CHILD TO EXPLORE!
IT'S A GREAT PLACE TO MEET OTHER PARENTS.

HELD AT THE OMEO HALL

EVERY ALTERNATING TUESDAY
STARTING 6TH FEBRUARY

CONTACT ROWENA TURNER
SCHOOLS AS HUBS COORDINATOR HIGH COUNTRY
0438331162
S.R.TURNER@SKYMESH.COM.AU










ALL PRE-SCHOOL FAMILIES INCLUDING BABIES ARE INVITED!

OMEO RHYME TIME

WITH TRACY KENNEDY

NO COST!

10.00 - 10.45AM

DATES FOR TERM 1, 2024
FRIDAY 16TH FEBRUARY
FRIDAY 1ST MARCH
FRIDAY 15H MARCH

HELD AT THE EAST GIPPSLAND SHIRE COUNCIL OFFICE

CONTACT ROWENA TURNER
SCHOOLS AS HUBS COORDINATOR HIGH COUNTRY
0438331162
S.R.TURNER@SKYMESH.COM.AU







DANCE DANCE DANCE

MONDAY: BALLET 7-13YRS: 3.45-5PM
MONDAY: TAP 7-13YRS: 5.15-6.30PM
TUESDAY: COMBINATION 2-6YRS 3.45-4.45PM
TUESDAY: BALLET 2-6YRS 5-6PM
WEDNESDAY: ADULTS 6.30-7.45
COMMENCING FEBRUARY
\$12.80 PER SESSION - TERM 1 (8 SESSIONS) = \$102.40

PAYMENTS FOR THE LESSONS MUST BE PAID BY 8TH OF FEB FOR YOUR CHILD TO PARTICIPATE. FULL TERM PAYMENT REQUIRED. NO REFUNDS ETC FOR NON-ATTENDANCE

JACKIE: 0484764185