

# SCHOOL NEWSLETTER

October 20<sup>th</sup> 2021



Growth.  
Respect.  
Inclusiveness.  
Fun.

## OCTOBER

**Wednesday 20<sup>th</sup>**

3/4 students on-site  
Sporting Schools Program

**Thursday 21<sup>st</sup>**

5/6 students on-site

**Friday 22<sup>nd</sup>**

**ALL** students on-site

## NOVEMBER

**Tuesday 2<sup>nd</sup>**

Melbourne Cup Public  
Holiday

**Wednesday 3<sup>rd</sup>**

Grade 3/4 head off to camp  
Coolamatong

**Friday 5<sup>th</sup>**

3/4 return from camp

**Friday 12<sup>th</sup>**

AFL Football Clinic

**Friday 19<sup>th</sup>**

AFL Football Clinic

**Friday 26<sup>th</sup>**

Junior School Excursion

## From the Principal

We are all looking forward to this Friday when we will have all students back onsite at the same time! Thank you to all families for adhering to health guidelines in relation to keeping us all as safe as possible. If we all continue do "our bit" it will help to keep us together and onsite!

### Play Group

We have a new Play Group starting up in the Nicholson Hall from Friday 5<sup>th</sup> November. Thank you to Amanda Kennedy for all the work she has put into making this happen and to Save the Children Foundation for their support. More details are attached later in the newsletter. Please spread the word.

### Tuesday Sporting Schools Program

Drama Sports with Tiff will commence for Term 4 next Tuesday from 3:20-4:20pm in the hall.

### 2022 Enrolments

Planning for 2022 is about to get underway. We are requesting any enrolment forms for new Foundation students to be returned ASAP. Also if you are leaving Nicholson Primary at the end of this year, could you please inform the office. Thankyou.

### Pickup and Drop Off

Please remember that all students are to be collected from inside the school grounds, this is for safety reasons. The preferred parking area is opposite the basketball court and enter via the closest gate. Parents are now permitted to enter the school grounds to pick up and drop off children. Social distancing is to be maintained and "lingering" is to be avoided. You do not need to check-in unless you are entering a school building for any reason.

Kind regards

*Sue Clague*

*We acknowledge the Gunai-Kurnai people the traditional owners for the land our school is built on. We pay our respects to the elders past, present and emerging and extend that respect to all Aboriginal and Torres Strait Islander people.*



## RECURRING EVENTS:

### Breakfast Club:

Tuesday, Wednesday &  
Thursday 8:30 – 9:00am

### Sporting Schools Program:

Tuesday & Wednesday,  
3:20 – 4:20pm

### Lunch Orders:

Orders and payment into  
school by Wednesday

Friday is lunch order day

**LUNCH ORDERS ARE ON HOLD  
FOR THE MOMENT**

## Term 4 Camps and Excursions

We are still hopeful that camps and the junior excursion will go ahead as planned. We are awaiting department guidelines and will inform you as soon as we have this information.

### 3/4 Camp - Wednesday 3<sup>rd</sup> to Friday 5<sup>th</sup> November

Please keep an eye out for Medical and Parent consent forms coming home later in the week.

### Junior Excursion

Junior excursion is rebooked for Friday 26<sup>th</sup> November.

### Senior Camp

T.B.A



## Remote Learning

One of the activities grade 3/4 were given was to: *“Go outside. Collect a few fallen leaves and twigs. Take them inside and lay them on a piece of paper. What shapes do you see? Use the leaves and twigs to create an image of an animal”*

Very creative Campbell!



## Wellbeing Program

Our school has had the Take Two Community Wellbeing Program, run by Belinda Blundell and Isaac Newstead, in our school for the last 2 years. Included in the program have been topics like understanding our brain and emotions and focusing on our own strengths and that of the community.

Given the stress of the last two years, it is likely some people are having a wide range of emotions and may not be coping as well as they are used to.

Nicholson PS are able to offer additional wellbeing support to children and families as Belinda will be attending our school for extra hours. It would be great if we could incorporate some of the learnings and support from the Wellbeing Program into home life. It is very likely we are all feeling worn down by the ongoing pandemic so may not be as resilient to stress or changes. This can mean our ‘window of tolerance’ is reduced and we might quickly stress out and get upset and not cope with even small challenges.

Whilst Belinda is on site children can make use of her support during school time but if any parents, carers or other family members feel like reaching out for some extra support, please contact Belinda directly on ph: 0418157054 or talk to one of our lovely staff members.

IT'S NORMAL TO HAVE A SMALLER

# WINDOW OF TOLERANCE

DURING STRESSFUL TIMES

@LINDSAYBRAMAN





# PLAY GROUP

**Friday's**  
**9:30 -**  
**11am**



**Nicholson  
Hall**  
(Next to the School)



**fun &  
creative  
outdoor  
activities**

**Open Day  
&  
Enrolment**  
5 Nov. 2021  
9:30-11am

Contact Jo at Save the  
Children East Gippsland  
0428 277 839



in partnership with  
**Save the Children®**



2023 Scholarships at Nagle College are now open. Full details of our Scholarship program can be found on our website at <https://www.nagle.vic.edu.au/enrolment/scholarships>.

Applications will be accepted until the closing date which is Friday 4 March 2022.

Families with children currently in Year 5 need to apply for the 2023 Scholarships.

**Ms Rhonda Lawrance | Registrar | Nagle College**

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#### SCHOOL CONTACTS:

Phone: 03 5156 8220

Mobile: 0447 123 744

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#### Skoolbag

Do you have the Skoolbag app yet? This free app allows our school community, teachers and parents, to stay in touch. You'll find all the newsletters in the app, as well as handy forms. You can even let the school know if your child is absent. It's free, from both the Google Play Store and the App Store.

