Nambrok Denison Primary

Newsletter

COUNTRY EDUCATION
AT ITS REST

14th August 2025



This week, Leading Senior Constable Kim Kell from Sale Police visited our school to speak with students about the importance of staying safe online. She discussed topics such as protecting personal information, recognising unsafe or inappropriate behaviour, understanding privacy settings, and knowing how to report concerning activity.

Kim also hosted an information session for parents to provide practical strategies for supporting children in navigating the online world safely.

For those who were unable to attend, we have attached an information sheet outlining the key points from the session.

We encourage you to read through the information and have open, ongoing conversations with your child about online safety—particularly if they use social media platforms. Talking regularly about what they see, share, and experience online is one of the best ways to help them stay safe and make responsible choices.

UPCOMING DATES

Monday 18th August—SSG Meetings

Tuesday 19th—Friday 22nd August —

Grade 5/6 City Camp

Thursday 21st August—Grades F-4 Book

week Rosedale Library Visit

Tuesday 26th August—Grade 5 Sale

College Transition

Wednesday 27th August—Parents club

Meeting

Thursday 28th August—Maffra Second-

ary College Transition #2

Friday August 29th—Tennis at Nambrok

Tennis courts

Tuesday 2nd September—Wellington

District Athletics

Wednesday 3rd September—School

Council Meeting

Thursday 4th September - Parent

Teacher Interviews - no classes running

Tuesday 9th September - Grade 2/3 Den

of Nargun Excursion

Wednesday 10th September—Dolly Day

Workshop and Dress Up Day

Nambrok Denison Primary School



Yard Raffle



Citizen & Learner Awards

Week 3

F/1—Oscar for coming into term 3 with an eager attitude to learn

2/3—Micheal for being and amazing speller and working hard to improve his reading, writing and maths skills.

5/6 - Lucy & Isla for showing initiative in the classroom





Sports Awards







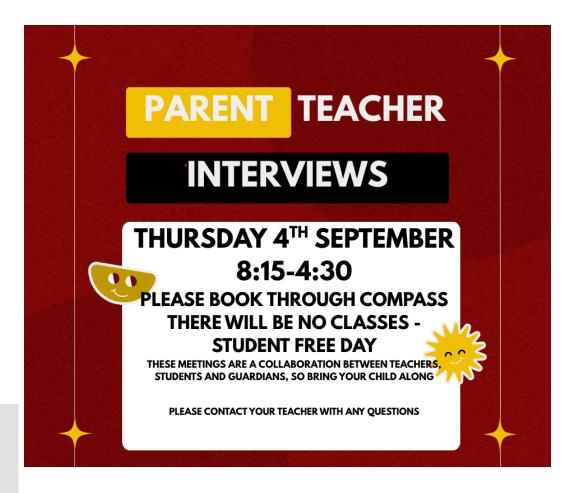
Nambrok Denison Primary School



5/b Comp 19th August – 22nd August

- Meet at Traralgon Railway Station at 8:45am Tuesday 19th August. Students depart at 9:22am. Students need a packed snack & lunch in their day pack.
- Please give all medication to Mrs Speirs when you arrive.
- Pick up Traralgon Railway Station Friday 22nd August at 1:48pm





Nambrok Denison PS Banking

Details: BSB: 083 001

Acc No: 304 833 909

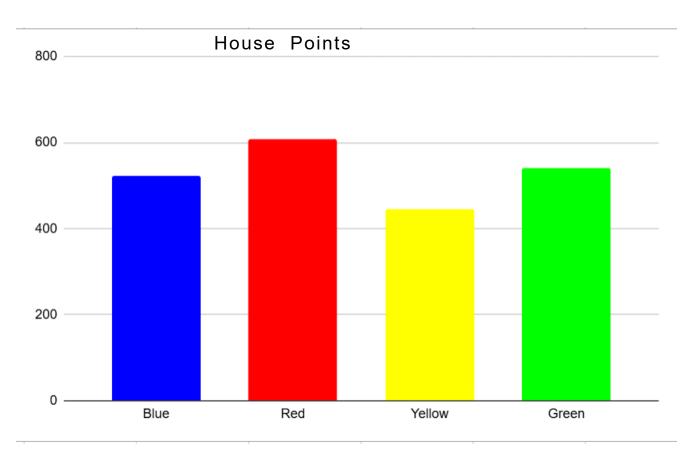
Account Name: Nambrok

Denison Primary

Nambrok Denison Primary School

COUNTRY EDUCATION AT ITS REST

Respect—Belonging—Resilience—Kindness—Growth



House points are allocated for a variety of reasons including attendance, whole school games and special events throughout he year. The house with the most points in week 8 will receive a hot chip lunch!

Grade 5 and 6 students taking part in their Cyber Safety session





Every online safety conversation matters

The internet connects us with the world, including family and friends locally and overseas, through messages, live video chat and even playing online games. Being online can be positive and fun and help children and young people learn and connect with others. But sometimes it can expose children and young people to risks.

Together we can help keep all children and young people safe. This advice sheet helps families learn more about online child exploitation and how to get help and support.

The eSafety Commissioner (eSafety) and the Australian Federal Police-led Australian Centre to Counter Child Exploitation have developed conversation starters to help you talk with your child to keep them safe from harm.

What is online child exploitation?

Online child exploitation is the use of technology or the internet to abuse a child, and to create and share child abuse material online. This type of abuse is a real and growing challenge.

Children or young people can be tricked or blackmailed into sending photos or videos of themselves with



no clothes on.
When children or
young people are
blackmailed for money
or for more photos or
videos with no clothes
on, this is called
'sexual extortion'.

CASE STUDY

A 15-year-old male joined a video call on a messaging app from someone they thought was a person their own age. The boy was tricked into sending images of himself with no clothes on, and the other person started to blackmail the boy for money, threatening to share the images with his family.

Source: Australian Centre to Counter Child Exploitation

Experiencing online child exploitation can impact a child and young person's mental health and wellbeing, now and in the future. So, it's important that all children and young people know that if it happens to them, it's not their fault and they can get help and support.



What is online grooming?

Online grooming is when an adult makes contact online with someone under the age of 16 with the intention of abusing them. The offence happens when the offender is talking to the child or young person, so no physical contact needs to occur for police to step in and investigate.

CASE STUDY

A 13-year-old female was playing an online game and was talking to a person in the in-game chat. The person manipulated the girl to continue talking on another platform and then tricked her into performing acts with no clothes on.

Source: Australian Centre to Counter Child Exploitation











Supporting a child if they experience abuse

If your child tells you they have experienced abuse try to remain calm and take action to support them:

- Do not blame your child they have done nothing wrong
- Make sure they are safe
- Listen and believe them
- Collect evidence including screenshots, URLs and usernames
- Make a report to the Australian Centre to Counter Child Exploitation and get support for your child

Getting help from the Australian Centre to Counter Child Exploitation

If you are in Australia and a child is in **immediate** danger, or at risk of harm call Triple Zero (000).

To make a report, complete the online form at

Q www.accce.gov.au/report

Your report to the Australian Centre to Counter Child Exploitation will be looked at by specialist investigators in the Australian Federal Police. After your report has been assessed, the police will be in contact over email or phone to talk about what has happened and to make sure that your child is safe.

For anonymous reporting contact Crime Stoppers at crimestoppers.com.au or **1800 333 000**.

You can also contact your local police on 131 444.

Support your child to get content taken down and get more help

eSafety can help get content taken down and provide further support and advice. Make a report to eSafety by completing the online form at

www.eSafety.gov.au/report

Search for the 'eSafety Guide' to learn more about how to stay safe on games, apps and social media.

There are many agencies that support children and young people who have experienced online child exploitation or online grooming. These are listed at acce.gov.au/help-and-support/who-can-help.

Reporting online child abuse material

It is illegal to view, share or produce suggestive or explicit images of children. This content can be reported directly to the platform and at

Q www.eSafety.gov.au/report



Where to get more information

The AFP's ThinkUKnow program has a range of resources for families and children around preventing online child exploitation. These are available at www. thinkuknow.org.au.

www.thinkuknow.org.au

eSafety has a range of resources and free webinars for families and children around online safety. These are available at

