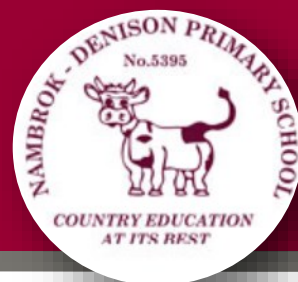


# Nambrok Denison Primary

## Newsletter



31st July 2025

### School Captains



Anna

Harrington



Keonte

Taiapa-Tama

### UPCOMING DATES

**Friday August 1st, 8th, 16th & 30th—**

Tennis Clinic

**Tuesday 5th & 12th August—SSG**

Meetings

**Wednesday August 6th—School Council**

Meeting

**Tuesday 12th August—Parent Information Session—Cyber Safety 5:30pm**

**Thursday 14th August—Maffra SC Transition**

**Monday 18th August—SSG Meetings**

**Tuesday 19th—Friday 22nd August —**  
Grade 5/6 City Camp

**Thursday 21st August—Grades F-4 Book**  
week Rosedale Library Visit

**Tuesday 26th August—Grade 5 Sale**  
College Transition

**Tuesday 9th September—Wellington**  
District Athletics

**Wednesday 10th September—Dolly Day**  
Workshop and Dress Up Day

### Student Early Pick-Up – Important Reminder

We kindly remind all families that **students leaving school early must be signed out through the front office.**

If your child needs to leave before the end of the school day, please come to the office to complete the sign-out process. Our office staff will then call your child from class.

For safety reasons, **students will not be sent out to waiting cars** or allowed to leave without being signed out by a parent or authorised adult.

We appreciate your cooperation in following this important school policy, which helps us keep all students safe and accounted for during the school day.

### Stranger Danger – A Timely Reminder

We encourage all families to have regular conversations with their children about personal safety and **stranger danger**.

Remind your child to:

- Never get into a car or go anywhere with someone they don't know

Report any unusual behaviour to a trusted adult immediately. While we do not want to cause alarm, it's important that students feel confident, aware, and safe in their daily routines.

For more information and helpful tips on how to talk to your child about staying safe, visit:

🔗 [https://safety4kids.com.au/safety-zone\\_stranger-danger](https://safety4kids.com.au/safety-zone_stranger-danger)

## Yard Raffle

Alēeia, Tyler & Taz



## Citizen & Learner Awards

Term 2 Week 11

Sam & Ralph —for their effort in their writing and gaining confidence to ask questions to improve their learning.



## Citizen & Learner Awards

Week 2

F/1—Wyatt Ch for coming into term three with an eager attitude to learn.

2/3—Amelia for making great connections in her learning.

4/5—Aria for setting a great example for others by consistently working hard and completing work to a high standard.

Jayden H—for going out his way to help his peers.

5/6 Samara for making great choices in the classroom to help improve her learning.



## Sports Awards



## Second-Hand Uniform Donations – We Need Your Help!

If your child has outgrown any school uniform items, please consider donating them to our **second-hand uniform stock**.

Donations of clean, good-quality items can be dropped off at the office. These contributions help other families and support a more sustainable approach to school wear.

## MOBILE PHONES

If students need to bring their phones to school, they need to be kept in the office during the day.

### Grade 5/6 Camp

Please return Doxa consent and behaviour forms to schools ASAP.



#### Nambrok Denison PS Banking Details:

**BSB: 083 001**

**Acc No: 304 833 909**

**Account Name: Nambrok Denison Primary**

**Respect—Belonging—  
Resilience—Kindness—Growth**

## What is cyberbullying?

Cyberbullying is when someone is mean to a child or young person under 18 online so they feel bad or upset. It can happen on a social media site, game, app, or any other online or electronic service or platform. It can include: posts, comments, texts, messages, chats, livestreams, memes, images, videos and emails.

These are some examples of ways the internet can be used to make someone feel bad or upset:

- Sending hurtful messages about them or to them.
- Sharing embarrassing photos or videos of them, including sexual content.
- Recording and sharing physical abuse, violence or harassment.
- Spreading nasty online gossip about them.
- Leaving them out online.
- Creating fake accounts in their name.
- Tricking them into believing you are someone else.

For most children and young people, online life is a key part of their identity and how they communicate, so cyberbullying can be very harmful. It can cause a range of emotions including fear, anxiety, anger and despair. They may suffer trauma and ongoing depression.

If the child or young person is in immediate danger, it's important to get help fast. For criminal activity such as physical violence or stalking, it's best to report it to the police.

Cyberbullying and other negative behaviour can also be reported to the service or platform that was used to send, post or share it.

If the behaviour goes against the platform guidelines they will review and may take action including removing the post. Most online platforms don't let users know the results of their report.

Ask your child if they need support to check if the post is no longer there.

<https://www.esafety.gov.au/parents/issues-and-advice/cyberbullying>

Wellbeing with Mr Pos

The Premiership Quarter

In footy they call the third quarter the “Premiership Quarter” because it’s that time of the game that can make or break games, teams and their premiership credentials, especially if they are behind. Term 3, the third term, at school is a bit like that. No matter where you find yourself there is still work to do to finish well and still plenty of opportunities to improve if you take them. Just look at St Kilda’s come back! Often we are blinded by our current situation; we feel like we are “behind” in the game, we feel like the rest of the school year will be just the same as the first half has been. BUT this is your Premiership Quarter! This is the time to dig deep and make a difference! Will you be a winner at the end of the year? Maybe you will or maybe not, but hard work and determination could see you in a much better place than you are and may prove to yourself that you can change things. And most importantly you will find a sense of pride in what you do no matter what the outcome. Nobody respects a footy team that just rolls over and stops trying, that’s why even when teams lose we admire and applaud their fighting spirit. So here we are the third term, the Premiership Quarter and it’s up to you! How is your “game” going to end?

Steve Postlethwaite

Student Wellbeing Worker