



LUCKNOW BELL

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Date: 31.05.2023

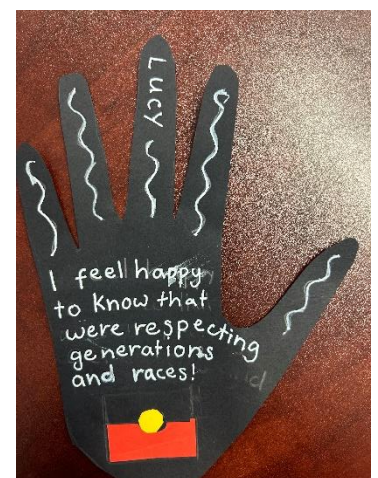
School Calendar Term 2 – May/June

SUN	MON	TUES	WED	THURS	FRI	SAT
28	29	30	31	1	2	3
	Learning Celebration Afternoon 3:00-4:30pm			Play2Learn Playgroup 9-11am Regional Cross Country – Drouin 10am	Walk to School 8am School Assembly 2:40pm	
SUN	MON	TUES	WED	THURS	FRI	SAT
4	5	6	7	8	9	10
		Grade 6 photo day		Play2Learn Playgroup 9-11am	Walk to School 8am	
SUN	MON	TUES	WED	THURS	FRI	SAT
11		13	14	15	16	17
	Kings Birthday Public Holiday – no students		Athletics Day for 10, 11 & 12 year olds	Play2Learn Playgroup 9-11am Athletics Day for 7, 8, & 9 year olds	Walk to School 8am World Environmental Day – dress up Division Winter sports – Bairnsdale 11am Reports available on uEducateUs School Assembly 2:40pm	

PRINCIPAL'S REPORT

Reconciliation Week!

This Friday the 2nd of June 6SF is requesting that all students come to school dressed in either RED, YELLOW or BLACK to celebrate National Reconciliation Week, when the Prime Minister in 2008 said sorry to all the Aboriginal people for the way they got treated in the past on behalf of Australia. We have arranged for a drone to come and take a birds' eye-view photo of everyone forming an aboriginal flag in their colours. If you have any yellow or red we encourage you to wear that as black will be a popular colour in people's wardrobe. Looking forward to seeing you dressed in your colours on Friday. – Thank you to the students of 6SF for writing this piece and making the request – way to use your voices kiddos!



The Grade 1 team have been busily putting together activities for the reconciliation week theme of 'Be the Voice of Generations'. All students have written a reflection about what reconciliation means to them on a cut out of their own hands to form a whole school collage of the Aboriginal flag.

This is on display in the hall – so pop in and have a look! Also each year level is writing their own 'Acknowledgement of Country' and will read them at assembly. We look forward to hearing the Preps Acknowledgment at assembly this Friday.



New Uniform Item

Check out our new soft shell jackets now available from Nicks for \$49.95. They look great and very durable! Thanks to Cayley for modelling for the photo!

Nagle Expo

Year 6 students enjoyed a visit to Nagle College last week to enjoy an experience of a day at the college. Our students engaged in food tech classes and made waffle cones with fruit, yoghurt and ice-cream. They visited the library and had a visit of the school.



Students at School Council

This year we have brought a long awaited and much needed new element to our School Council agenda – we have our student leaders prepare a report on behalf of the students and we had school captains, Claire attend the meeting and deliver the report.

If students have anything they wish to bring to school council via our School Captains, please have a chat to Claire, Pearl, Ruby or Tully. At our last School Council meeting, we also had more students attend the meeting as part of their Rotary Project. Thanks for coming and contributing to our meeting!



Play 2 Learn

54 Reasons hosts a playgroup in our library on Thursday mornings from 9-11am. The group have a wonderful time engaging in developmental play, story time, music and singing and so much more. This free session is all are welcome to attend with their child.

Student Learning

Our current whole school Writing Trait focus is 'Conventions'. The 'Conventions' trait is all about the mechanical correctness of the piece, using the correct punctuation, spelling of high frequency words, paragraphing and grammar. This trait is more of the secretarial side rather than the creative authorial side of writing.



Happy learning everyone, have a great week!

Carly Miller – Principal

MEDICAL

We are also aware of a case of School Sores or Impetigo. Impetigo is also contagious. **Children must be excluded from school or childcare services until antibiotic treatment has commenced.** Sores on exposed surfaces such as scalp, face, hands or legs must be covered with a watertight dressing.

NAMING UNIFORM

A friendly reminder to please label all school uniform. There has been lots of lost property that is unnamed. A lot of these items look like they are very new, please make sure you name your child's uniform as it helps to ensure items are returned to their rightful owner.

GRADE 6 NEWS

On Thursday 18th May, Gr.6 students visited Nagle College for their Expo.

Students got to experience what a day would look like if they choose to attend Nagle next year.

Activities included; a tour, Science lesson, Food Tech session and Drama.



Student comments regarding the day included;

"It was very informative."

"It was a BIG school."

"The Library is bigger and better than our Library, I love it."

"I feel so small, everyone is so big/tall."



SEMESTER 1 STUDENT REPORTS

Currently our staff are spending endless hours outside of their normal teaching duties writing student reports. We are extremely thankful for the time and commitment they dedicate to these to ensure they accurately reflect students' achievements in relation to I can statements.

Reports will be available online via uEducateUs unless a request is made for a hard copy paper print out.

The report will include the following:

- A personal comment in relation to your child's learning behaviours and social skills.
- A summary of the concepts learnt in numeracy (maths) and literacy (reading, writing and speaking and listening).
- A summary of the concepts learnt in specialist classes (Visual Art, STEM, Physical Education & Music and Culture).
- Student performance marked against I can statements for the relevant level in reading, writing, number and specialist subjects.
- Work habits will be marked against behaviour, effort, work quality, task completion and respect for others
- Teacher judgement scores.
- Student self-reflection.

These reports will be made available to download via uEducateUs on Friday 16th June.

If you would prefer a hard copy print out of your child's report you must return the below slip by Friday the 9th of June.

Emily Forbes – Assistant Principal

FORM TO REQUEST HARD COPY PRINT OUT OF STUDENT REPORT (SEMESTER 1).

Must be handed in by Friday the 9th June.

PARENT NAME: _____

STUDENT/S NAME: _____ **GRADE:** _____

_____ **GRADE:** _____

_____ **GRADE:** _____

_____ **GRADE:** _____

PREP NEWS

The Prep grades had some very exciting news last week with the arrival of 5 baby chickens. They have been patiently waiting for them to hatch (21 Days). Some students took advantage of having the chickens in the classroom and enjoyed sharing their readers with them.



GRADE 5 NEWS

Today we had the pleasure of local policewoman Brooke Johnston visiting our grade 5's. She gave a powerful and engaging talk on cyber security, personal space and the dangers of vaping. The children were very engaged and gained some valuable information. Please find some time to discuss today's visit with your grade 5 child.



STEM NEWS

Agritech Incursion

During Week Five, our Lucknow Year Four students were treated to an Agritech incursion with Lilly and Melissa from CQ University. As part of the RACE Gippsland (Raising Aspirations in Careers and Education) program, students participated in two activities.

The first activity, 'Potato fries or potato waste?' focused on the wide variety of tubers farmers need to grow to suit different purposes. We also learned about the waste created from processing such as potato peel, scraps and fries that aren't the right size or shape for commercial use. Students worked together to select a purpose for the leftovers, so that there was no waste remaining.

Our second activity was called 'Sweet Science', where students learned about the fruit ripening process whereby starches are converted to sugar. Therefore, an increased sugar content is found in ripe fruit! Farmers can use refractometers to monitor this process and this helps them to know when to harvest their crops. Students used refractometers themselves to test a range of fruits like grapes and mandarins, comparing their sugar content to pure honey.

The aim of engaging in this program is to connect the classroom with the wider world of Gippsland agriculture and encourage students to explore future STEM careers which exist in their own backyard. The students all enjoyed the hands- on experiments, especially eating the fries at the end of the lesson!



STEM STARS! Week 5 and 6 winners

STEM Stars are students selected for displaying the 5C's of Specialist Learning Behaviours, which are:

- Celebration
- Curiosity
- Connections
- Collaboration and
- Challenge

Students who display these attributes in STEM class are placed into the weekly raffle and drawn at random to receive their award in class, as well as a printed 3D model of their choosing! Please visit Miss Quigley in the STEM room to organise your prize.

Congratulations to this fortnight's winners:

Week 5- Dusty S (3CM) For demonstrating a great understanding of heat sources in STEM, well done!

Week 6- Sarah L (2KE) For thoughtful responses in class discussions, great work!

WORLD ENVIRONMENT DAY – DRESS UP

The whole school is invited to dress up on Friday the 16th of June to support World Environment Day. Dress up as something that shows you care for the environment; green and browns, trees, flowers, plants, weather, animals or whatever you think is environment related.

Please bring along a gold coin donation to support the day. Funds will go towards equipment for the environmental leaders to use around the school, environmentally friendly food prizes and helping to make our school more environmentally friendly.

The Environmental Leaders

Ideas:



FITNESS FANATICS

Number of participants - Tuesday – 31,

-Wednesday – 23

- Tuesday – 31

- Wednesday – 24

Distance ran and/or walked - Tuesday – 40.5km

-Wednesday – 26.5km

- Tuesday – 42.5km

- Wednesday – 31km

New members of the 10km club – Nova O

New members of the 20km club – Kira W, Zane L, Maya P

New members of the 30km club – Sophie B, Lola P, Nanook P, Justine V, Lisa V, Emma V

New members of the 40km club – Paige S

New members of the 60km club – Armani T

New members of the 70km club – Ben C

New members of the 100km club – Nate P

New members of the 160km club – Ethan W

Debbie Dooley - Fitness Fanatic

DISTRICT WINTER SPORTS

Congratulations to all children in grade 5 and 6 who competed in the District Winter Sports on Wednesday the 24th of May at Paynesville Primary School. The weather was perfect for a full day of competition and a fun day was had by all children involved. The children competed in football, netball, soccer or t-ball against Paynesville, Eagle Point, Mitchell Cluster and Bairnsdale Primary School.

The behaviour and sportsmanship of the children was fantastic and we were extremely proud of their achievements and effort. The football, girl's netball and mixed netball placed first overall and, as a result, will compete at the Division Winter Sports to be held at the Bairnsdale City Oval on Friday the 16th of June. Our girl's tee ball team will progress straight through to the Region Winter Sports Competition, to be held on Wednesday the 19th of July, because Lucknow was the only school that entered a girls team.

Thank you to all our wonderful teachers and parents who assisted with supervision umpiring and encouragement of children in their chosen sports on the day.

A special thank you to Paynesville Primary School for organising the District Winter Sports.

We wish all our teams the very best of luck when they compete at the East Gippsland Division Winter Sports.

Debbie Dooley - Physical Education Co-ordinator



LUCKNOW'S LEARNING LEGENDS

Week
5 & 6

Class	Student
PAS	Molly for always being willing to take on a challenge with her learning! It is great to see you always working hard and putting in your best effort. Well done Molly, you are doing an amazing job!
PFE	Cooper for your consistent dedication to being the best you can be and trying your hardest even if things are feeling tricky. Keep up it up!
PJS	Axel for always approaching all activities with a positive mind set and having a smile on his face. Pleased to have such a happy student in our class Axel, thank you.
PVG	Charlie O, Charlie you have really been putting all of your efforts into your learning. I can see the enjoyment you have in your writing and I am proud of your efforts, I know you are too!
1CB	Tanner for the kindness he shows every single day. Thanks Tanner for thinking of others and being a consistently, caring member of 1CB.
1ES	Olivia your song and dance for Feathers for Phoebe was absolutely marvellous! We all enjoyed your performance. Well done, Olivia!
1TI	Ariana for the enthusiasm she always puts towards her learning. She is always wanting to "add more" to her writing and always has valuable contributions to our class discussions. Keep up your love of learning Ariana.
12C	Larni for always being inclusive and showing kindness to students waiting on the 'Buddy Bench'. We are so proud of you!
2KE	Poppy for the growing mindset that you have demonstrated in approaching your persuasive writing. You've shown such amazing growth!
2RP	Fletcher for showing care to his peers by helping and supporting them through tasks when they feel challenged. Keep it up Fletch!
3CM	Eva for the outstanding commitment she shows to all areas of her learning. You are a wonderful role model for others Eva!
3EB	Milla works consistently across all learning areas and is a supportive class member. Great work, Milla!
3MP	Katrina for being a super helper who reminds people of what needs doing in a gentle and caring way. What would we do without you Katrina? Thank you!
4AG	Milla for her commitment to her reading and consistently completing her home reading. Well done Milla keep it up!
4CT	Levi for using classroom resources to support his Reading Responses while Reading.
4JL	Hayden for always holding yourself to a high standard within the classroom, both in your interactions with others and towards your learning.
45A	Huon for the kindness he demonstrates towards classmates and the great progress he is making with his writing.
5CM	Mia for huge improvements in asking and recognising the different QAR types, and practicing independently using novels that she is reading. You are a superstar! Holly for recognising and learning from her mistakes in decimal place value and teaching the whole class about the mistakes she made and how to celebrate from them. Powerful stuff Holly!
5DC	Paige for displaying a more positive attitude towards her learning and using strategies to help her get out of the learning pit, especially in mathematics.
5FW	Rose for being a wonderful addition to our grade and fitting in so well to Lucknow PS!
6DP	Ella for achieving an AMAZING 42% growth in your numeracy unit on measurement. You were engaged, enthusiastic and participated in all sessions with a growth mindset.
6JW	Claire for consistently demonstrating the school's values in everything that she does and for being a terrific role model
6SF	Olivia for always giving 100% effort with everything we do.
Principal's Award	Banjo of 6DP for demonstrating the values of Respect, Care and Commitment – you are an outstanding role model who speaks his mind. Top job Banjo!

LUCKNOW PRIMARY SCHOOL ATHLETICS CARNIVALS

On Wednesday the 14th, and Thursday the 15th of June we will be having our School Athletics Carnival at school. Children in the 7, 8 and 9 year old age groups will compete on Thursday the 15th of June and children in the 10,11 and 12 year old age groups will compete on Wednesday the 14th of June. **A child's age is determined by what age they are by the 31st of December, 2023.**

Prep children (5 and 6 year olds) will have a modified program on Thursday the 15th of June rotating around a variety of fun organised activities from 11.30am-1.30pm. We have a small number of children in Grade 1 who still qualify for the 6 year old age group. These children will compete in the 7 year old age group.

Each day will begin at approximately 9.30am and conclude at 3.00pm. Children will have recess and lunch at the usual times during the day.

Each child will be wearing a card that will have their name, age group, grade and list of events on it. A child will receive 5 house points for participating in the event, 10 points for placing 3rd, 15 points for placing 2nd, and 20 points for placing 1st. Children will participate in sprints, 200m, long jump, triple jump, shot put/beanbag push and discus/accuracy throw, and have the option of participating in high jump and hurdles. Therefore, all children who participate in the events contribute towards their house points tally. At the end of the two day carnival, the house points will be tallied and a trophy will be awarded to the Captains of the winning house at Friday's assembly.

Children, who place first, second or third in an event will receive a ribbon. Children in the 10, 11 and 12 year old age groups who place 1st and 2nd in an event or 1st, 2nd, 3rd or 4th in the 100metres event (4x100m relay team) will have the opportunity to represent the school at the District Athletics on Thursday the 17th of August.

Please note: Considering that some of our age groups are quite large, and the allocated time for each field event is 30 minutes, children may only have the opportunity to do one or two attempts at the jumping and throwing events.

Children are encouraged to come dressed in their house colours on the day to add to the house spirit. In order for the day to run smoothly, it would be great to have as many helpers as possible. If you are able to assist on the day could you please fill out the form below and return to school as soon as possible.

We look forward to a fun couple of days and we will keep our fingers crossed for sunny weather.

Lucknow Primary School Athletics Carnival

I am able to assist with the Athletics Carnival on Wednesday the 14th of June and/or Thursday the 15th of June. **(Please circle date available)**

I would like to – assist with an event
(Please write down if you have a preference for a particular event)

- walk around with my child's age group
(Please list child's age group next to box)

Name of parent _____

Name of child _____

ATHELTICS DAY TIMETABLE

7, 8 and 9 y.o Athletics Timetable - Thursday 15th June

TIME	7 yr old Boys A	7 yr old Boys B	7 yr old Girls A	7 yr old Girls B	8 yr old Boys	8 yr old Girls	9 yr old Boys	9 yr old Girls
9.30-10.00	Hurdles	Triple Jump	Accuracy	High Jump	Beanbag Put	Long Jump	Sprint	200m
10.00-10.30	200m	Hurdles	Triple Jump	Accuracy	High Jump	Beanbag Put	Long Jump	Sprint
10.30-11.00	Sprint	200m	Hurdles	Triple Jump	Accuracy	High Jump	Shot Put	Long Jump
11.00-11.30	Recess	Recess	Recess	Recess	Recess	Recess	Recess	Recess
11.30-12.00	Long Jump	Sprint	200m	Hurdles	Triple Jump	Accuracy	High Jump	Shot Put
12.00-12.30	Beanbag Put	Long Jump	Sprint	200m	Hurdles	Triple Jump	Discus	High Jump
12.30-1.00	High Jump	Beanbag Put	Long Jump	Sprint	200m	Hurdles	Triple Jump	Discus
1.00-1.30	Accuracy	High Jump	Beanbag Put	Long Jump	Sprint	200m	Hurdles	Triple Jump
Lunch 1.30-2.20	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
2.20-2.50	Triple Jump	Accuracy	High Jump	Beanbag Put	Long Jump	Sprint	200m	Hurdles

10,11 and 12 y.o Athletics Timetable - Wed 14th June

TIME	10 yr old boys	10 yr old girls	11 yr old boys	11 yr old girls	12 yr old boys	12 yr old girls
9.30-10.00	200m	Triple Jump	Discus	High Jump	Shot Put	Long Jump
10.00-10.30	Hurdles	200m	Triple Jump	Discus	High Jump	Shot Put
10.30-11.00	100m	Hurdles	200m	Triple Jump	Discus	High Jump
Recess 11.00-11.30	Recess	Recess	Recess	Recess	Recess	Recess
11.30-12.00	Long Jump	100m	Hurdles	200m	Triple Jump	Discus
12.00-12.30	Shot Put	Long Jump	100m	Hurdles	200m	Triple Jump
12.30-1.00	High Jump	Shot Put	Long Jump	100m	Hurdles	200m
1.00-1.30	Discus	High Jump	Shot Put	Long Jump	100m	Hurdles
Lunch 1.30-2.20	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
2.20-2.50	Triple Jump	Discus	High Jump	Shot Put	Long Jump	100m

BOOK CLUB

How to order on Book Club



1. Your child will bring home a Book Club catalogue from school

2. Discuss with, and help your child pick the books they would like to read



3. Order online via the Scholastic Australia **LOOP** website or app and the school will take care of the rest! (**LOOP** orders are electronically linked to your school in an easy, secure online process)

4. The books are delivered to your child's classroom.

LOOP is the easy way for families to order and pay for Book Club.

Log in, or create a new account at [scholastic.com.au/loop](https://www.scholastic.com.au/loop)

1. If you are new to Book Club, follow the Wizard to set up your profile
2. Click the ORDER tab, and select your school and child's class
3. Add your child's first name and last initial (so the school knows who the book is for)
4. Enter the product item number shown on the Book Club catalogue
5. Make payment via credit card.

All orders for Issue 4 , Term 2 2023 are to be submitted online by Monday 5th June 2023.

CRASHENDO NEWS

Crashendo! East Gippsland currently supports a group of students to participate in violin and cello lessons. Students participate in 2 group sessions per week.

Recently CRASHENDO! engaged a Melbourne based professional string quartet, *The Crossing Machine*, to run a workshop and performance with students learning the cello or violin at Lucknow and Gippsland Grammar primary schools.

The Crossing Machine is an established Melbourne based string quartet, bringing together some of the most in demand string players in the country, Marianne Rothschild (violin), Dorota Swart (violin), Cora Teeuwen (viola) and Dima Dmytro (cello).

Over thirty Gr 3- 6 students were enthralled and delighted to hear the visiting musicians play, answer questions about how the instruments 'talked' to each other, where the composers were from and all enjoyed workshopping two pieces of new music.

Afterwards, one student commented, "that was so much fun!!", whilst another, "I have never played in such a huge group, we made a BIG sound".

Crashendo! East Gippsland would like to thank the visiting artists, the participating schools' personnel, and volunteers that assisted to make this event such a success.

Crashendo! East Gippsland's next event is the School Holiday Music Program held from June 26-28 which is open to all ages and skill levels. More details can be found on the organisations' social media and website.





A Parent's Guide to Snapchat

Excerpt taken from Parent Guide at <https://www.esafety.gov.au/key-issues/esafety-guide/tiktok>

Snapchat's Features

Snaps.

Snaps are videos or photos taken in the Snapchat app. Snapchatters can layer text, emojis, doodles, and more on top of their Snaps, and choose how long they want the Snap to be displayed. Snapchatters can then send the Snap to one of their friends or to a story.

Stories.

After Snapchatters take a Snap, they have the option to add it to a Story or to create a new one. My Story is a feature that lets Snapchatters string Snaps together into one longer narrative. Snaps in My Story appear in chronological order, and can be viewed for 24 hours. Our Story allows Snapchatters who are at the same event or a specific location to contribute Snaps to the same public community narrative, offering unique perspectives on events happening in real time. Custom Stories allow Snapchatters to create Stories with select friends or at a certain location.

Snap Map.

Snap Map makes it easy to see Snaps and Stories of events, breaking news, and more from around the world. The Map also lets Snapchatters see where their friends are, as long as these friends choose to share their locations with them. Location sharing with friends via the Map is optional and is off by default; however, if you submit a Snap to Our Story, it may appear publicly on the Map in the exact location it was taken. Snapchatters can enable Ghost Mode in their settings at any time, which will cause them to disappear from the map.

Discover.

Discover is a way for Snapchatters to explore Stories from established publishers and popular users. Discover also includes a curated selection of Stories happening around the world.

Chat.

Snapchat also allows for video and text chat. Like Snaps, chats are deleted by default. But Snapchatters always have the option to save a message they'd like to keep. Just press and hold on a message to save it in the Chat screen.

Lenses, Filters, and Stickers.

There are a ton of ways to decorate Snaps. Lenses add real-time special effects and sounds to a Snap. Filters offer unique design overlays that Snapchatters can add to their Snaps, like the current time or weather. Geofilters are a popular way to customize Snaps with art specific to locations or events around the world. Stickers are colorful images and cartoons that Snapchatters can add on top of their Snaps or send in chats.

Memories.

Memories is a private collection of Snaps and Stories that Snapchatters create and choose to save. Snapchatters can also create new Stories with Snaps they've saved to Memories.

My Eyes Only.

Snapchatters have the option to move Snaps from their Memories into My Eyes Only. The only way to access Snaps in My Eyes Only is by entering a passcode. If Snapchatters forget their My Eyes Only passcode, not even Team Snapchat can help access or recover Snaps in My Eyes Only.

Snapcash.

Snapchat partnered with Square, Inc. to allow Snapchatters to link their Snapchat and debit card accounts for making "peer-to-peer" payments (for things like paying someone back for movie tickets, lunch, etc). Snapcash is not for users under 18.

Tips for you and your kids

Manage your privacy settings.

The default "My Friends" privacy setting allows Snapchatters to send and receive media from only Snapchatters they have added to their friends list. We recommend that any minor using Snapchat does not change their privacy setting from "My Friends" to "Everyone." For more information, visit [Snapchat Support](#).

Create an account.

Snapchat's for everyone, not just for teens! Parents might find that creating an account gives them a new and fun way to communicate with their kids. You can learn more about getting started by visiting [here](#).

Personal information.

Remind your kids to be careful about sharing any personally identifiable information. Information like phone numbers, home addresses, and financial and medical information should never be shared.

Saving Snaps.

Even though Snaps aren't saved by default, it's always possible for someone to save a Snap before sending it, or for a Snapchatter on the receiving end to take a screenshot. One can even take a picture of a Snap with another camera or use other tools to save a copy. It's important to remind kids to never send Snaps that are illegal, could get them in trouble now or in the future, or would be embarrassing if seen by people like grandparents or college admissions officers.

Protect passwords.

Like all services, make sure your kids have a strong and unique password, and they don't share it with anyone. They should also enable two-factor authentication, for an additional layer of security. If someone else has your teen's password, it's possible for the other person to impersonate your teen or compromise your teen's account. For more information, [click here](#).

Device-level controls.

Android and iOS operating systems offer parental controls for mobile devices. Use these to manage your child's phone usage as needed.

Keeping it real.

Snapchat is a service designed for your real friends, but there are still ways for your kids to find people they don't know (such as finding Snapchat usernames or Snapcodes on other services). Remind your kids that it's not safe to meet up with a person they meet online.

Bullying.

Bullying violates Snapchat's Community Guidelines and is not tolerated on the platform. Make sure to talk to your kids about why bullying is wrong. Also remind them to talk to you or any other trusted adult if they are ever on the receiving end of bullying or unwanted content. For more advice on talking to your kids about cyberbullying, [click here](#).

Nudity.

Aside from violating Snapchat's Community Guidelines, teens need to know that storing or exchanging nude or sexually explicit images of anyone under 18, including themselves, can be a serious crime. For more on this, [click here](#).

Please see [Snapchat Support](#) for more information.



Bullying

What is Bullying and how do we know when it is occurring?

Through this session we look at

- Understanding what bullying is
- Recognising the signs your child is being bullied.
- How to support your child and advocate for their needs?
- Help your child build resilience and learn protective behaviors?

Where: On line via ZOOM

When: Thursday 8th June 2023

Time: 10:00am -12:00pm

Cost: FREE. Bookings essential

Register: via the QR code or contact
Parentzone.Gippsland@anglicarevic.org.au
P: (03) 5135 9555



PARENTZONE



School Refusal

- Is school refusal turning your home into a battleground?
- Is your child experiencing separation anxiety?
- Would you like to understand some of the reasons for school refusal?
- Would you like to know what works for other parents?

Where: On line via ZOOM

When: Thursday 1st June 2023

Time: 10:00am -12:00pm

Cost: FREE. Bookings essential

Register: via the QR code or contact
Parentzone.Gippsland@anglicarevic.org.au
P: (03) 5135 9555





Parenting Anxious Kids

Are you parenting young children who are displaying signs of anxiety in every day situations, would you like to better understand what is a normal age and stage response for a child aged 0-12years?

Parenting anxious kids looks at:

- Recognising the signs of anxiety
- What causes Anxiety in kids
- How this triggers parents
- Develop the skills to cope and discuss fears in an attempt to move through them
- How to respond when your child gets overwhelmed?
- Help your child to regulate their emotions?
- Support your child with their challenges?

Where: On line via ZOOM

When: Thursday 22nd June 2023

Time: 10:00am -12:00pm

Cost: FREE. Bookings essential

Register: via the QR code or contact
Parentzone.Gippsland@anglicarevic.org.au
P: (03) 5135 9555



Communicating with your Teen Having Tough Conversations with Teens

Do you want to:

- Communicate better with your teen?
- Develop strategies to listen without judgment?
- Help your teen problem solve and make safe choices?
- Stay connected?

DATE: Thursday 15th June 2023

TIME: 10.00am - 12.00pm

WHERE: Online Via Zoom

COST: This session is free of charge but registration is essential

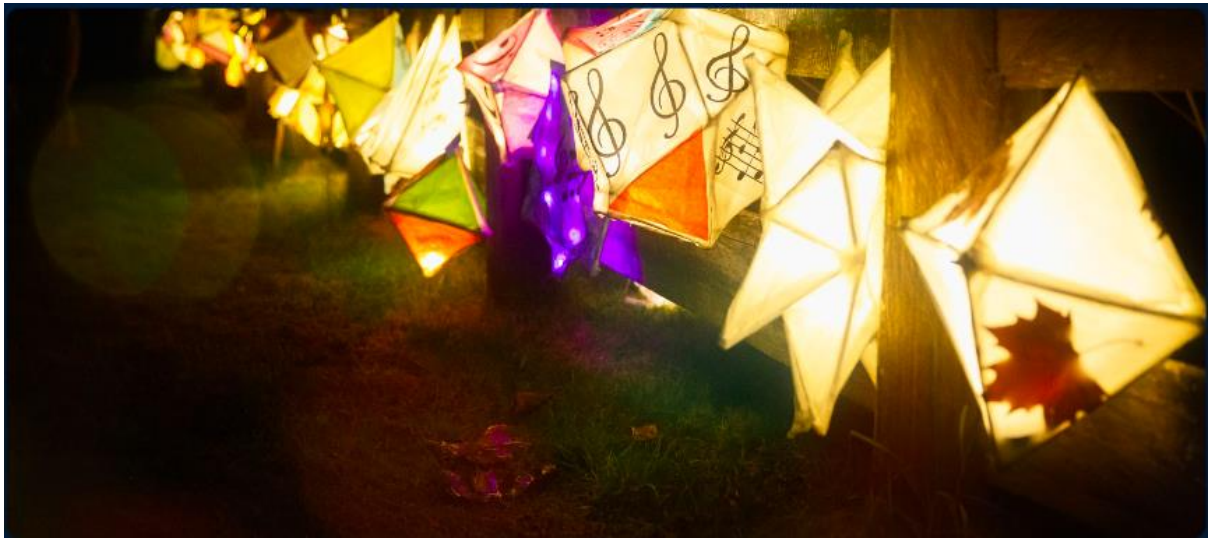
Come along to this FREE session to learn strategies, share stories and take some time out for you!

Register: via the QR code or contact
Parentzone.Gippsland@anglicarevic.org.au
P: (03) 5135 9555



2023 Festival Dates: 9 June - 9 July

School Holiday Lantern Making Workshops



Come along to free lantern making workshops at Iceworks Studio in Lakes Entrance, led by local artists. Every day from Monday 26th June – Friday 30th June between 10:00am – 2:00pm

All ages welcome (children must be supervised). No experience necessary and all materials provided.

Make your own lantern to bring along to the Lakes Lights lantern parade on Saturday 1st July.

Monday, 26th June - Friday, 30th June

Times: 10:00am - 2:00pm

Cost: FREE

Location: Iceworks Studio, Lakes Entrance

Address: 5 Carpenter Street Lakes Entrance

There is also a community lantern making workshop at the Butter Factory in Bairnsdale on Saturday 3rd June 10am to 2pm



Community Invitation

Bairnsdale West Primary School

2023 Reconciliation Day Assembly



“Be a Voice for Generations”

Friday, 2nd June, 2023

11.00am in the ‘Nova Hall’

Bairnsdale West Primary School

Please join us as we work
toward a positive future together.

For those unable to attend, the assembly will be
posted on our school Facebook page at a later date.

To assist with catering and seating RSVP by Wednesday, 31st May 2023

Email: bairnsdale.west.ps@education.vic.gov.au

Phone: 03 5152 3516