



LUCKNOW BELL

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School Calendar Term 4 - October

SUN	MON	TUES	WED	THURS	FRI	SAT
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

*Book Club
Orders Due

BACK TO SCHOOL IN TERM 4



YEAR LEVEL	From Mon 4 th Oct	From Mon 11 th Oct	From Tues 26 th Oct
Prep	✓	✓	✓
Years 1 & 2	✓	✓	✓
Years 3 & 4	REMOTE LEARNING	Tuesday & Wednesdays	✓
Years 5 & 6	REMOTE LEARNING	Thursday & Fridays	✓

LEADERSHIP NEWS

WELCOMING STUDENTS BACK ON SITE

It was lovely to see so many smiling Grade 3 and 4 students on Tuesday morning! When walking through classrooms the students were calm, focussed and happy to be here. It appeared to be a seamless transition between remote learning and face to face instruction which is a huge credit to our students, staff and families. We were also extremely impressed with attendance, almost all grades had 100% of students here, which is fantastic! Let's hope this attendance continues throughout Term 4! We look forward to welcoming our Grade 5 and 6 students back onsite tomorrow!

Next week will see the same arrangements as this week, with our Grades 3-6 students here for two days a week. Please refer to the table at the front of this newsletter to see which days each year level are required onsite.

MASKS

Students in Grades 3-6 will be required to supply and wear a mask as of next Monday the 18th of October, unless they have a medical exemption (Certificate from their Doctor). We understand that this may be daunting for some students but hope that with your support we can continue to keep everyone safe and make this a seamless transition. Students in Grades P-2 are strongly encouraged to wear them.

2022 ENROLMENTS

As we are beginning to develop our class structures for 2022, it is helpful if families communicate their intentions with the school. If you have younger children beginning school next year and are yet to enrol, please do so as soon as possible. Likewise, if you intend to enrol elsewhere, please notify us.

2022 PARENT REQUESTS

Parents who have requests for their child's class placement in 2022 are asked to put it in writing to the Principal by **Friday 12th November**. Requests should only be placed if they are essential and be based on the social and academic needs of the child. Please do not request specific teachers as these requests are unlikely to be able to be met.

If you have put in a request in previous years, please do not rely on that to cover the 2022 school year. Please do not rely on verbal discussions with staff, as only written requests to the Principal will be considered. No requests from parents will be considered after this due date.

Leadership Team

BOOK CLUB

A reminder the current book club issue #7 is open to order until Thursday 21st October 2021. All orders are to be placed online. If your order is a gift, please remember to contact the office 03 5152 4662 and let them know. All other orders will be sent home with your child when they are delivered.

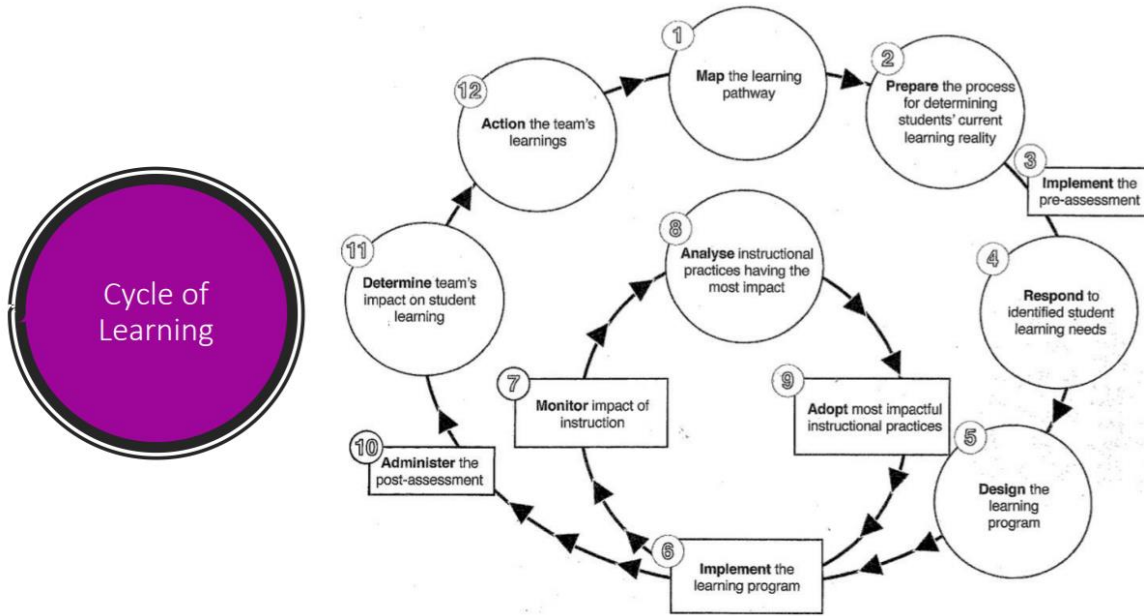
UNIFORM

A friendly reminder to put your child's name on all uniform including hats. Please ensure it is clearly marked with both first and last name. We have a lot come into lost property daily and it makes it easier to return if we know which student it belongs to.

We have many items of second-hand uniform in our cupboards for \$2.00 an item. Parents are welcome to come on site to look at this during the school day. Please try to avoid drop off and pick up times as the office is very busy!

COLLABORATIVE TEAMS THAT WORK PROFESSIONAL LEARNING DAY

Many of our Instructional Leaders and I attended a great Professional Development (PD) Day on Friday that focused on strengthening the work that our Professional Learning Teams (PLT) do. We have PLT's for every year level of the school as well as one for our Specialist Staff. These teams meet weekly to discuss student learning and improve teacher practice. The PD was run by Gavin Grift and Colin Sloper who are both very experienced educators who have a real passion for empowering educators to be the best they can be. The day focussed on the importance of ensuring that all staff are committed to achieving the same goal and how important it is to work collaboratively to achieve this. We looked thoroughly at an evidence-based process of 12 actions that PLT's can use to improve the achievements of students whilst also having a positive impact on teacher practice (refer to the image below).



I'm pleased to say that our school has already begun to use this process and are constantly striving to improve the ways that we plan, monitor, assess and share student learning. We are having an increased spotlight on teacher practice at the moment to ensure that this is also factored into our conversation. We are allocating time to unpack the strategies that have contributed to student growth as well as researching new evidence-based teaching techniques to ensure we are having the greatest impact possible.

Emily Forbes – Assistant Principal

2021 ATHLETICS COMPETITIONS AND SPORTS SHIRTS

Unfortunately, due to the current circumstances and restrictions, the Division, Region and State Athletics Championships have been cancelled for 2021. The decision has been made by School Sport Victoria and the Regional Co-ordinators to ensure the safety of the children is the priority.

Could all children who have a Lucknow Sports Shirt please return them to the office, or Mrs Dooley, as soon as possible. We look forward to the return of sporting events in 2022.

Debbie Dooley - Physical Education Co-ordinator

DESIGN A BOOKMARK COMPETITION

Book Week CBCA Competition



We are going to celebrate book week and our upcoming book fair by holding a design your own bookmark competition! The theme for book week 2021 is "Old Worlds, New Worlds, Other Worlds"! Use this theme or your favourite book to inspire your bookmark design!

Entries must be submitted by Friday the 19th of November, to be displayed in the library and winners will be announced on Friday the 26th of November.

Book Fair: Further updates and information will follow regarding the arrangements for our book fair and purchasing processes.

Each winner will receive a \$15 gift voucher to spend at our book fair! There will be a winner for;

Junior: Prep - Grade 2
Middle: Grade 3 & Grade 4
Senior: Grade 5 & Grade 6

Your final product should be 5-8cm wide and 12-21cm long.

You must include your name, year level and grade on the back.

Adele Giblett- Librarian

Pauline Canfield- Literacy Specialist



FREE WEBINARS

TOPIC - eSafety's Parent Guide to Digital Technologies and Mental Health

This Term 4 webinar will provide parents and carers with strategies to help young people and their mental health when they are online.

It is designed for parents and carers of young people aged 10–18.

It will cover:

- what do to about accidental exposure to content about suicide, self-harm or eating disorders
- using games, apps and social media to support mental wellbeing
- the pros and cons of digital mental health platforms
- strategies for young people to support friends online.

REGISTER AT <https://www.esafety.gov.au/parents/webinars>

Dates (Australian Eastern Daylight Time)

Tuesday 19 October 7.30 to 8.30 pm

Wednesday 20 October 12.30 to 1.30 pm

Thursday 21 October 12.30 to 1.30 pm

Tuesday 26 October 7.30 to 8.30 pm

Tuesday 9 November 7.30 to 8.30 pm

Thursday 18 November 12.30 to 1.30 pm

TOPIC - eSafety's Parent Guide to Online Gaming

This Term 4 webinar will provide parents and carers with an understanding of the benefits and risks of online gaming.

It is designed for parents and carers of young people aged 8–13.

It will cover:

- eSafety's State of play research
- the games young people are using and how they are engaging with them
- the benefits of gaming and how to mitigate risks
- practical strategies to use at home and where to find help and support if things go wrong.

REGISTER AT <https://www.esafety.gov.au/parents/webinars>

Dates (Australian Eastern Daylight Time)

15 November 12.30 to 1.30 pm

24 November 7.30 to 8.30 pm

MILO'S JOURNAL AND A BIT ABOUT RUSTY!

Hi Everyone,

It was great to see Mrs Dooley's smiley face after the holidays and her return from long service leave. We had a ball playing together when we were re-united. It's great to have her back.

Rusty had an adventurous holiday. He spent some time with his family visiting Cape Conran and the Trestle bridge at Nowa Nowa. Have a look at some of his awesome holiday snaps.



DOGS CONNECT MENTORSHIP

Just a reminder that we have an exciting opportunity for more students to become experts in caring for me and Rusty. This includes helping other members of the school community learn how to interact with us.

If you are in grade 4 or grade 5 and are interested in this leadership program to look after us wellbeing dogs we will be offering a Dogs Connect Mentorship for students.

This will take place during lunchtimes of a Thursday starting in week 4.

If you are interested in being a part of this please listen out for the announcement at lunchtime on Thursday the 28th October and join us in the library to sign up for the course.

Milo and the Literacy Leaders





STUDENT OF THE WEEK



Class	Student
PAS	Camilla for her very impressive writing and working hard to achieve her learning goals. Well done Camilla, you should feel very proud!
PJS	Summer for focusing on doing your best in writing sessions. It has been great to see you use finger spaces and write all the sounds you can hear. Well done Summer!
PLB	Logan for working hard with his writing and improving in his ability to hear and record sounds in words.
1CB	Max for using his reading strategies independently and trying hard every time he reads. Well done Max. Claire for being so aware of her writing goals and showing us she can achieve them when she's concentrating. Keep up the great work Claire!
1VG	The Whole Class for their amazing effort and commitment to writing colour poems. Your words were deeper to give a real picture for the reader.
1GD	The Whole Class for their amazing effort and commitment to writing colour poems. Your words were deeper to give a real picture for the reader.
2IM	Kyah for being respectful and listening carefully during others students presentations.
2MC	William for your mature approach and the appropriate choices you make during play times. We are very proud of you and the support you provide to your friends in these situations. Ellie for approaching your learning with such a positive mindset, regardless of the outcome you are a winner. Nothing is out of your reach with your 'I can do it' attitude. Great effort! Kayla you are our superstar reader! You have put a huge effort into your reading this year and it has all paid off! We are very proud of you.
2KE	Declan for the very careful word choice and synonyms that you were using when giving the meaning of words. Amelia for really developing the confidence to be your own person and speaking up to share your thinking in the classroom.
23H	Isabelle for trying really hard to learn new information on Australia.
3MP	Eliza and Millah for their efforts to complete their work and join and participate in every Zoom session during remote learning. Such positive attitudes towards learning – fantastic girls!
3NP	Analeigh for your amazing transition back into the classroom. You worked hard and presented your best work all day. Well done.
3CM	Jenna for demonstrating commitment towards her learning by being an active and engaged contributor on Zoom.
4CT	Tori for taking on feedback to improve her paragraphing. She has varied her sentence beginnings and lengths as well as using a variety of punctuation.
4JR	The Whole Class – well done for the amazing effort you put in when coming back to school. I have missed you all so much. Keep up the wonderful work!
4LF	Ava for trying her hardest with her reading response. Well done Ava, I look forward to reading more, keep up the good work!
5CA	Indie for the effort she puts into her writing and her great achievements in her reading comprehension. Well done Indie, you should be very proud of yourself!
5JW	The Whole Class for being an amazing grade and getting through remote learning – thank you for being the awesome people that you are!
56W	Olivia and Taylor for their consistent attendance and dedication to their learning during remote learning – 100% attendance on Zoom and lots of work submitted. Great work girls!
6CM	Elissa for her consistent participation in our daily Zoom sessions. Her engagement and willingness to contribute her ideas is greatly appreciated. Well done Elissa!
6TA	Kasandra and Tom for displaying persistence and diligence with your learning tasks whilst you were on-site during remote learning. Great efforts!
6DP	Thomas for attending all class Zooms during remote learning, being an active participant in discussions and submitting daily tasks for feedback. Great effort Thomas.

COMMUNITY NEWS

MENTAL HEALTH COACHING PROGRAM

New Access is a free mental health coaching program funded by Beyond Blue for men and women over the age of 18 who may be experiencing symptoms of mild to moderate stress, anxiety and depression across Gippsland. It is completely private and confidential, and you do not require a referral from a GP or a mental health treatment plan to access the service. New Access consists of 6 free coaching sessions that can be done via phone or face to face. Referrals can be made by calling the Intake team on 1300 921 535 or accessing a referral form through the website:

<http://wellways.org/our-services/newaccess>

EXPLORE YOUR BACKYARD

Explore Your Backyard is an Online Learning Festival celebrating and nurturing our connection to Country and water during National Water Week, 18-24 October 2021.

You are invited to join live webinars, watch on-demand workshops and tours, and download resources designed to get everyone outside and using water efficiently in the garden.

So, put your gardening gloves on, fill up that watering can, and Explore Your Backyard during National Water Week!

SUN 17:
TUNE IN AND WATCH GARDENING EXPERT **COSTA** IN OUR EXCLUSIVE LIVE FACEBOOK CHAT!

MON 18:
TRADITIONAL OWNERS: CONNECTION TO LAND & WATER

TUES 19:
BACKYARD WATER EXPERIMENTS

WED 20:
WATERWISE GARDENING

THURS 21:
BACKYARD MINI PROJECTS

FRI 22:
CARING FOR LOCAL WATERWAYS

Brought to you by:

Supported by:

PROVEN HELP FOR CHILDREN AND FAMILIES

FREE AND ONLINE!

...to make family life less stressful and more enjoyable!

Children's and teenagers' emotional wellbeing, even in challenging times, is better when parents and families can get the right support! Following a crisis event, that support is more important than ever.

Positive change is possible – and you can start right now

You can now get FREE access to positive tools, tips and ideas to help you develop your child's or teenager's life skills. There's also support to help you teach your child or teenager to manage anxiety.

The Triple P – Positive Parenting Program® gives you strategies that really work, so your kids can be more resilient and confident, and you can be less stressed. You decide what suits your child and your family, to help you:

- Cope with the stress of COVID-19
- Encourage emotional resilience
- Build a stronger bond with your child
- Help teach problem-solving skills

FREE Triple P Online, Teen Triple P Online and Fear-Less Triple P Online

- Triple P Online – for parents of younger kids – 0-12 years
- Teen Triple P Online – for parents of 'tweens' and teenagers – 10-16 years
- Fear-Less Triple P Online – for parents of kids who are often anxious – 6-14 years

Free Triple P support for bushfire-affected families in Alpine Shire, East Gippsland, Mansfield, Towong, Wangaratta and Wellington is funded by the Victorian Government.

We acknowledge the traditional custodians of the land on which we live and work, and pay our respects to Elders, past, present, and emerging.

FREE SEMINARS ALSO AVAILABLE!
www.triplep-parenting.net.au