

Newsletter

Lindenow South Primary School



Newsletter #15
Term 4, 5/11/2025

Upcoming Calendar Dates

Wednesday 5 th November	SSG Meetings
Thursday 6 th November	Off-site Drill (CFA involvement)
Friday 7 th November	Gymnastics (East Gippsland Gymnastics Club, Lucknow)
Tuesday 11th November	Transition 9-11am (Foundation students 2026)
Wednesday 12 th November	SSG Meetings
Friday 14 th November	Gymnastics (East Gippsland Gymnastics Club, Lucknow)
Tuesday 18th November	Transition 9-1pm (Foundation students 2026)
Wednesday 19 th November	School Council Meeting 9:30am
Friday 21 st November	Gymnastics (East Gippsland Gymnastics Club, Lucknow)
Tuesday 25th November	Transition 9-1pm (Foundation students 2026)
Friday 28 th November	Gymnastics (East Gippsland Gymnastics Club, Lucknow)
Friday 5 th December	Gymnastics (East Gippsland Gymnastics Club, Lucknow)
Wednesday 17 th December	Christmas BBQ and class items 5:30pm. All welcome!
Thursday 18 th December	Students Last Day!!

Assistant Principal Report

Welcome back from the long weekend! We hope the Melbourne Cup break provided everyone with a chance to rest and recharge as we head into a busy few weeks of learning, assessment, and reflection on the year's progress.

Our gymnastics program continues to go very well, with all students enthusiastically engaging and developing new skills each week. Transition sessions have been running smoothly, and it has been wonderful to see some new faces around the school as students settle into their upcoming learning environments.

Our final Bike Ed session was held on Friday 31st, and it has been fantastic to see students' confidence and skills continue to improve. We look forward to continuing to build on these achievements by using our school bikes for future practice sessions.

Kind Regards,

Stephanie Hoekstra
Assistant Principal

Absence Reporting Reminder

A friendly reminder to families that all student absences must be explained. If your child is away from school, please provide a reason for their absence either by recording it on **UEducateUs** or by calling the school office. Providing a reason helps us keep accurate attendance records and ensures we meet Department of Education requirements. Thank you for your continued support in keeping our attendance records up to date.

Breakfast Club –

Our program runs **Wednesday to Friday from 8:30–8:50am.**

Please note that **Monday is still the only day** students can bring lunches to be heated. Thank you for your support in helping us keep things running smoothly!

Gymnastics

Date: Friday 10th / 17th October

Students have been thoroughly enjoying our gymnastics program each Friday afternoon. It has been wonderful to see their enthusiasm, confidence, and coordination grow with each session. The program offers a great balance of fun, fitness, and skill-building, and the excitement in the gym each week is clear to see.

We look forward to seeing students continue to challenge themselves and celebrate their progress over the coming weeks.



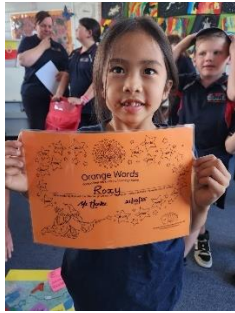
Assembly Awards

Date: Wednesday 29th October

Congratulations to **Roxy, Bohdi, Luca, and Laken** for continuing to show excellent word recognition of the most frequently used words — your hard work is paying off!

This week's **Principal's Award** went to **Braxton** for his outstanding care and leadership.

Well done to all our award winners — keep up the great work!

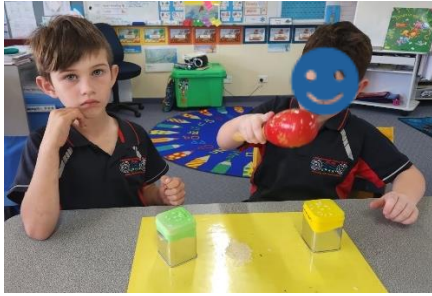


Junior Class (Banksia)

With great courage, Laken presented by herself in front of the whole assembly. Thank you for sharing your class running journey with us — we loved hearing about your progress! We look forward to seeing you reach the city soon.



It's been very lively in the Junior Room as students continue exploring how sound is made! They've been experimenting with making rice bounce using noise and creating their own whistles out of straws — lots of fun and learning combined!



Art News

In Art, the **Junior class** has been creating bright and bold **Pop Art name designs**, exploring colour, pattern, and contrast in their work.

During **Buddies time**, students have enjoyed working together on **illuminated letters**, learning how to decorate their initials in creative and detailed ways inspired by medieval art.



Bike Education

We would like to say a big **thank you to Sarah Carlisle from Venture Out** for creating such fun and educational Bike Ed sessions for our students. They have learnt some fantastic new skills that they can continue to practise and build upon.



Prep Transition

We have had two Prep Transition sessions so far, and it has been lovely getting to know our new students and families for **2026**. During their visits, the children have completed fun **art projects** in the first week and experienced what a **normal class** looks like in the second week — even joining in on the **morning run**! It's been wonderful to see their enthusiasm and excitement as they begin their school journey.



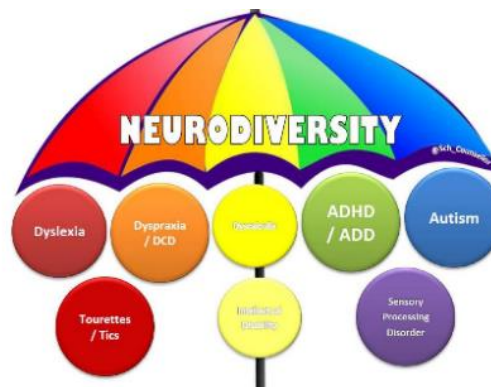
Lindenow South Primary School Student Wellbeing & Learner Diversity

Parent Learning Series: Supporting Our Children

Each week we'll explore a different topic together to support our children in learning and life. Over the coming weeks we'll be looking at **neurodiversity**, **anxiety**, **screen time**, and practical strategies to help our children thrive.

- This week, we continue with looking at **How to Embrace Neurodiversity in the Community**. In the following weeks, we'll explore:
- **How Schools Can Embrace Neurodiversity**
- **Anxiety**
- **Screen Time**

We look forward to learning together and sharing ideas that can make a real difference for our children.



How to Embrace Neurodiversity in the Community

Here are some ways to embrace neurodiversity in your community:

- **Be mindful of the language you use.** It's OK to ask if you're unsure. For example, "*Do you prefer 'autistic child' or 'child with autism'?*"
- **Challenge unhelpful attitudes.** For instance, you could speak up if someone criticises a parent whose child is having a "meltdown" in public.
- **Avoid assumptions.** A child wearing headphones in a supermarket or eating only packaged snacks at a picnic may have good reasons for doing so.
- **Look for ways to make your community more inclusive.** For example, support a local supermarket in introducing a "quiet hour" each week with dimmed lights and no music.
- **Talk respectfully about neurodiversity.** Many people you know may be neurodivergent, even if they haven't shared it.

Child Safety and Wellbeing at Lindenow South Primary School Information for Families and Our School Community

Lindenow South Primary School is committed to providing a safe, supportive, and inclusive environment where every student feels secure and valued.

Our **Child Safety and Wellbeing Framework** includes a range of **policies, codes of conduct, and procedures** that outline how we actively support and maintain the safety and wellbeing of all students, and how we work to protect them from harm.

These documents are available on our school website: [School Policies | Lindenow South Primary School](#)

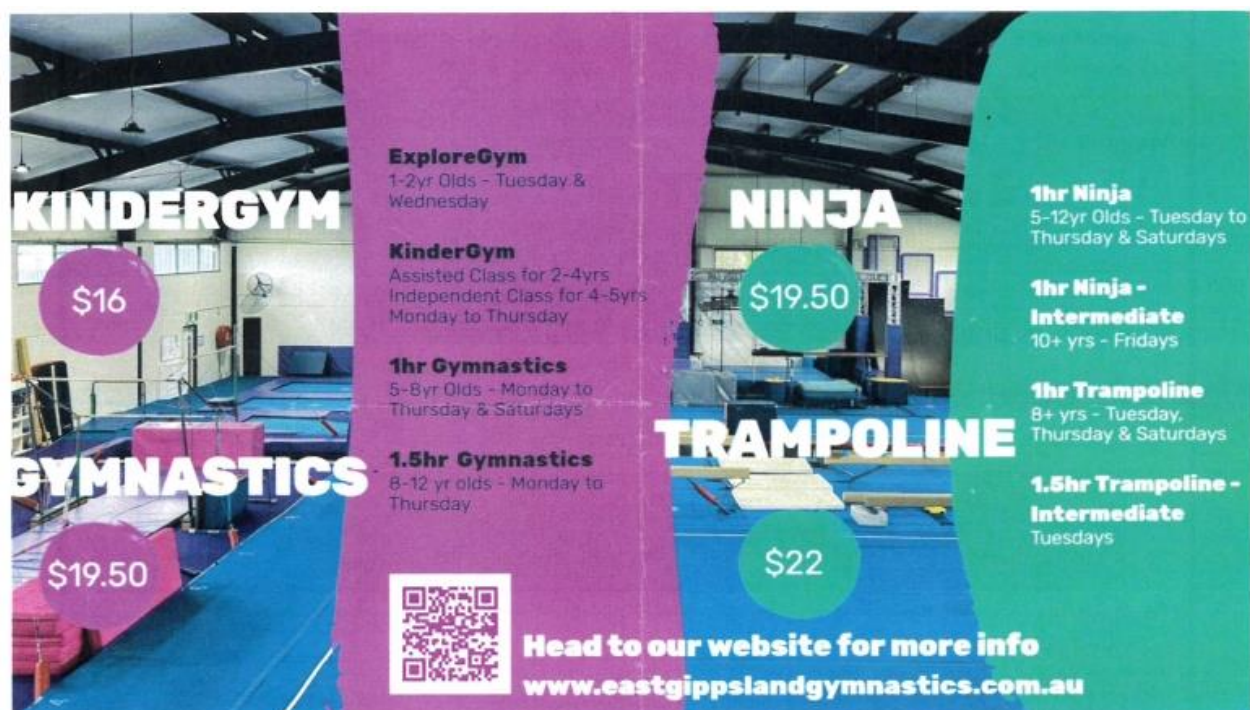
We are also committed to the **ongoing review and improvement** of our child safety practices to ensure they remain current, effective, and aligned with the Child Safe Standards.

Students, families, and community members are important partners in this process. We value your input and encourage you to share any feedback or ideas on how we can continue to strengthen our approach to child safety and wellbeing.


If you have any suggestions or comments, please contact **Stephanie Hoekstra, Assistant Principal**, on (03) 5157 1397 or via email at lindenow.south.ps@education.vic.gov.au.

Recently Approved Policies:

- Positive Behaviour Policy
- Communication the Preventing and Addressing Racism in school Policy
- Aboriginal Learning, Wellbeing and Safety
- Child Safety and Wellbeing Policy
- Respect for School Staff Policy
- Parent Payment Policy



KINDERGYM	NINJA	TRAMPOLINE
ExploreGym 1-2yr Olds - Tuesday & Wednesday		1hr Ninja 5-12yr Olds - Tuesday to Thursday & Saturdays
KinderGym Assisted Class for 2-4yrs Independent Class for 4-5yrs Monday to Thursday		1hr Ninja - Intermediate 10+ yrs - Fridays
1hr Gymnastics 5-8yr Olds - Monday to Thursday & Saturdays		1hr Trampoline 8+ yrs - Tuesday, Thursday & Saturdays
1.5hr Gymnastics 8-12 yr olds - Monday to Thursday		1.5hr Trampoline - Intermediate Tuesdays
\$16	\$19.50	\$22

 Head to our website for more info
www.eastgippslandgymnastics.com.au

Lindenow South Primary School is in Category 4 on the Bushfire At-Risk Register List

School preparations for the bushfire season

Each year, we undertake a range of activities to ensure the safety of our school and to prepare for bushfires and grassfires.

An important part of this process is communicating to parents what will happen when certain fire danger ratings are issued to help ensure the safety of students and staff.

Our school has been identified as being at risk of bushfire or grassfire and is a **Category 4 school.**



Our school will **close** on a day forecasted as **Catastrophic fire danger rating** in **Gippsland, West and South Gippsland, Central, North Central, fire weather district** fire district.

Closure of the school due to a Catastrophic fire danger rating will be enacted when the Bureau of Meteorology forecast and related public safety messaging are confirmed. Due to uncertainties in the forecast, the timing of this confirmation may vary. Information regarding potential or confirmed Catastrophic fire danger days will be communicated to you by

It is also important to be aware that:

- No one will be on site on days where the school is closed due to a forecast Catastrophic day.
- All bus routes that travel through the Catastrophic area will be cancelled.
- School camps will be cancelled if a Catastrophic fire danger rating day is forecast for fire weather district in which the camp is located, or if the travel involves passing through areas that have Catastrophic fire danger.

As part of preparing our school for the fire season, we have updated and completed our Emergency Management Plan.

What can families and the school community do to help us prepare?

- Ensure we have your current contact details, including your mobile phone numbers.
- Keep in touch with the school community and school via community Facebook page and contact the school via school's email. Lindenow.south.ps@education.vic.gov.au
- Make sure your family's bushfire survival plan is up-to-date and includes alternative care arrangements if our school is closed due to Catastrophic fire danger. Further information can be found on the [CFA's website](#).
- Action your family's bushfire survival plan if your own triggers are met. Our school community may be spread out across many areas and some families may be at higher risk than others. Your family's safety is critical, so please let us know if you are actioning your bushfire survival plan and if your children will be absent on these days.
- If your child is old enough, talk to [them about bushfires](#) and your family's bushfire survival plan.

Families are encouraged to action their [Bushfire Survival Plan](#) on Catastrophic fire danger rating days in their district. The safest option is to leave the night before or early on the morning of the Catastrophic day. **On such days, children should never be left at home alone or in the care of older children.**

You can find more information on emergencies, warnings and preparedness actions here:

- Vic Emergency app – that can be downloaded on your android and iOS mobile devices
- Vic Emergency Hotline (1800 226 226)
- Website <https://emergency.vic.gov.au>
- Facebook (<https://www.facebook.com/vicemergency>)
- Twitter (<https://twitter.com/vicemergency>)
- ABC local radio, Sky News and other emergency broadcasters

Frequently Asked Questions

What is the department's policy?

The Department of Education annually assesses the fire risk of all schools and early childhood services with the support of the Commonwealth Scientific and Industrial Research Organisation (CSIRO). They are allocated a category of risk (categories 0 to 6). Schools and services that are Categories 0-3 are published on the [Bushfire At-Risk Register \(BARR\)](#). Schools at some risk of bushfire and grassfire are published on the [Category 4 List](#).

The department's [Bushfire and Grassfire Preparedness Policy](#) requires all schools and early childhood services on the BARR and the Category 4 List to close when a Catastrophic fire danger rating day is forecast in their fire weather district. All school bus routes which travel in or through a district with Catastrophic fire danger must also be cancelled.

The policy also requires that schools at the highest risk of bushfire (those in Categories 0, 1 and 2 of the Bushfire At-Risk Register) enact pre-emptive action plans based on the fire danger forecast for their Local Government Area (LGA).

Who issues fire danger forecasts?

The Bureau of Meteorology (BoM) provides public fire danger rating forecasts each day of the fire danger period using fire weather district areas. In Victoria, there are 9 fire weather districts, which are based on Local Government Area boundaries.

The department uses these forecasts when supporting schools to enact their pre-emptive bushfire actions plans.