



Cowwarr Primary School Newsletter

Respect | Responsibility | Resilience | Self belief

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TEAM: 'Together' We Achieve More

Well better late than never! Finally, our first newsletter for Term 3 (sorry for the delay). As always, we have started off the term running and got straight into the business of learning and having fun. I have been commenting at assembly over the last few weeks how there is a real positive energy across the school and out in the yard. It has been a pleasure for staff to be out on yard duty watching everyone getting along and having fun. Whether it be 4 square on the basketball court, ping pong on the deck or playing tag/chasey games on the playground, the students have found a common ground for setting simple rules for games and most importantly, having FUN!

We are seeing exciting learning taking place across the school and the students are having fun with their poetry unit of work. Poetry is not everyone's cup of tea, but it can be a great opportunity to be a bit silly and have fun with our writing. Having a whole school focus with learning encourages us to share ideas, learn from each other, and promote a collaborative learning environment.

Some of the 5/6 students were away last week for another opportunity to attend camp. This time it was in Melbourne and what a fabulous learning opportunity it was for our students. On and off trains and trams, and navigating our way through large crowds of people is not something we always get to experience. The kids were fabulous, as always, and it was a pleasure to share in this learning experience with them.

A HUGE thank you to all the staff that continue to run the school smoothly and look

CALENDAR 2023

TERM 3

AUGUST

Friday 4th Sale Rural Athletic day
7th - 11th Book Fair
Tuesday 15th School Council 7pm

SEPTEMBER

Friday 1st Wellington Division Athletics
Friday 8th Gumbboot-a-thon
Friday 15th Last day term 3 2pm dismissal

OCTOBER

Monday 2nd First day term 4

after everything while I am away from the school for events such as camp. Again, another TEAM effort from everyone to make these opportunities possible for our young people. Thank you!

This term has turned out to be a term of fundraising at Cowwarr. We appreciate everyone's contributions and the support they show towards the team. I just want to take the opportunity to say thank you to all of our students and families and remind people that there is never any expectation to feel you 'must' contribute to our fundraisers. We appreciate any level of support that you can offer.

Keep up the fabulous work and positive energy!

Chanae Johns
Acting Principal

Our school is highly protective of our children and adheres to the Government Child Safety guidelines

NAPLAN

Last week students were sent home with their Naplan results. I reminded students that this assessment is not a whole picture of who they are as a learner, but a snippet of their abilities.

Congratulations again to everyone who completed Naplan!

A reminder that this years Naplan used a different band system to report student achievement. If anyone wishes to discuss their child/ren's Naplan results, we have an open door and invite parents at any time to discuss their child's learning.

From 2023, new standards were introduced to NAPLAN reporting. This reporting replaces the previous numerical NAPLAN reporting bands and national minimum standards. Education ministers agreed 2023 was the right time to introduce this change alongside moving NAPLAN to March. Proficiency standards provide clear information on student achievement. They are set at a challenging but reasonable level expected for the child at the time of NAPLAN testing, based mainly on what has been taught in previous years of schooling.

There are 4 proficiency levels:

- Exceeding: The student's result exceeds expectations at the time of testing.
- Strong: The student's result meets challenging but reasonable expectations at the time of testing.
- Developing: The student's result indicates that they are working towards expectations at the time of testing.
- Needs additional support: The student's result indicates that they are not achieving the learning outcomes expected at the time of testing. They are likely to need additional support to progress satisfactorily.

5/6 Doxa Camp

Well, another camp down and it certainly didn't disappoint. We had a fabulous time in Melbourne and as always, the students were exceptional. I really am the lucky one to be able to go away and share in these amazing opportunities with our young people. We visited so many amazing places and got to participate in many fun activities. The MCG tour was one of my personal highlights! And of course, I can't forget nearly beating all the Cowwarr kids in Strike bowling...I will settle for second place though. This camp was jam-packed full of so much fun!

Some of the things and places we experienced...

- Eureka Skydeck
- Strike Bowling
- Bounce
- MCG Tour
- The Big Issue
- Hammer Hall (Creating digital music).



Tree Planting

Last week we went tree planting with the Landcare Group along the Rail Trail. This has been a bit of a tradition since I have been at Cowwarr, and I am sure even longer before that. The children always have such a great time and take so much pride in helping to plant trees within their community. They especially love it when the year passes and they can go back and see how much the trees they planted have grown. This year, students were planting trees across the river along the Rail Trail. What a wonderful way to contribute to the community.



Big Bears Donuts

We are excited to have Big Bears Donuts come to our small corner of the world. Just because we are small doesn't mean we can't have some Big Donuts. This fundraiser is not limited to our students and families. Feel free to spread the word to extended families or the neighbours and get them on board with our Big Bears Fundraiser.



ATHLETICS

This Friday we have our Sale Rural Cluster Athletics day in Sale. This is always a fun day. Please remember to bring warm clothes and a blanket. Lots of yummy healthy snacks and lunch. Oh and a drink bottle of water.

MONSTER RAFFLE

What a fantastic effort by our whole team. We raised just over \$3,200. Congratulations to Mackenzie who won a gift card for selling the most tickets to the most variety of people.

HELP REQUIRED

Saturday 12th August

Selling raffle tickets and gate sales at the Cowwarr Football Club.

8-11.00am Lianne & Chanae

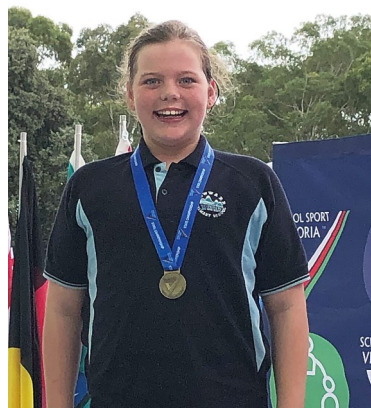
11.00 – 12.45 min 2 people

12.45 - 2.30 min 2 people

Please speak to Chanae or Lianne if you can help out in any way.

SPORTING ACHIEVEMENT

Mackenzie has been selected to swim at the School Sport Australia (SSA) Swimming Championships in Sydney 12 Years & Under from Friday 25 – Tuesday 29 August 2023. Mackenzie will swim 11 year old 50m Multiclass Breaststroke (S9). We wish you all the best



Miss Marg's Mental Health Motivations

Emotions and Feelings

Have you ever found yourself not knowing what to do with your emotions or feelings?

- * We can experience these glorious feelings that bring us happiness.
- * We can experience sad feelings that can hurt.
- * We can experience feelings of frustration that bring us anger.

Dealing with our feelings/emotions and making this a common practice is important. One way to do so is by talking about them. Talking about feelings and being truthful to yourself can be hard, but remember we all have feelings.

For some, it is easy to talk about feelings and for others, it can be a struggle to talk feelings.

No matter what, **your feelings and emotions matter.**

Once you address your feelings and emotions

You can feel a sense of relief

Your thoughts can shift to more important things

You have the power and control of your body

You can take on life from a new and happy outlook

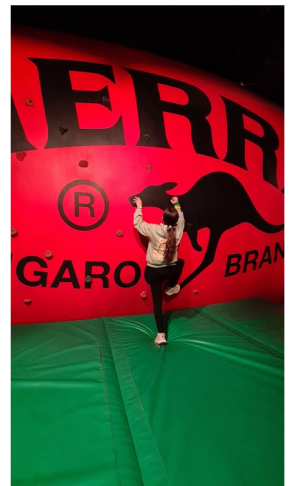
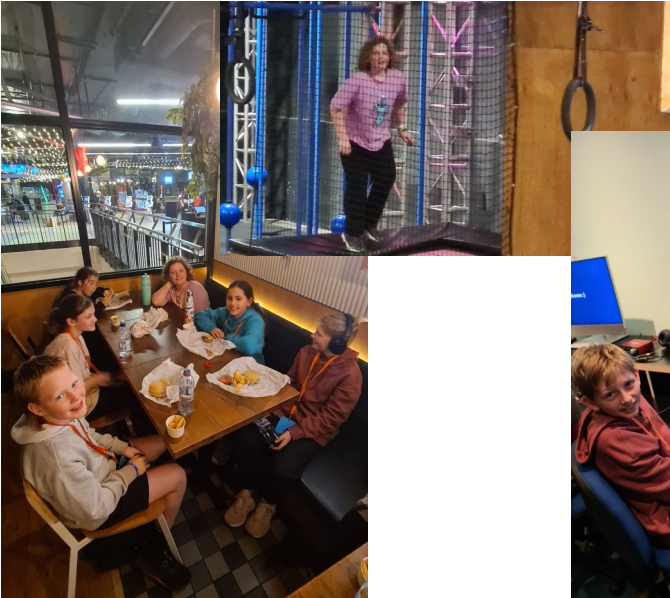
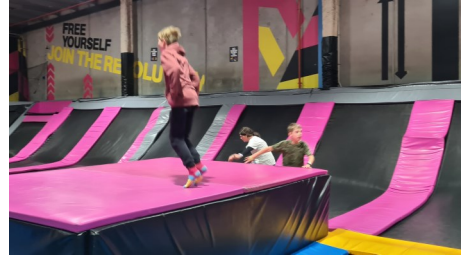
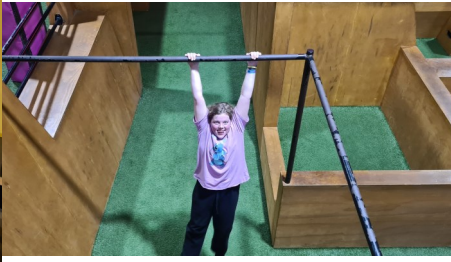
Remember – a problem shared, is a problem you don't deal with alone.



Tree planting



5/6 Melbourne Camp



Help us raise some dough with



Big Bears will be delivering set boxes of their amazing donuts
to Cowwarr Primary School, on FriYAY 18/08.

\$4 from every box sold is donated to Cowwarr P.S. to help
achieve their fundraising goals.

Order online at

www.bigbearsdonuts.com.au

or by scanning the QR Code





BEFORE AND AFTER SCHOOL CARE

Child care subsidy is changing. Now more affordable with the changes to Child Care Subsidy. From 10 July 2023 there are changes to CCS.

Most families will get more CCS. This is known as Cheaper Child Care. Read more about what you need to know from July. There are also changes to the CCS activity test for Aboriginal and Torres Strait Islander children.

Our families at Cowwarr is part of a before and after school care program that is provided through the organisation, Gumnuts. Students can participate in this OHSC (Out of Hour School Care) program which includes a bus service that brings students to and from school each day.

This is a great opportunity for our working families, families wanting to get back to into the workforce, or an opportunity to have a bit of extra time at the end of the day for our busy lifestyles.

For more information about this program, please contact Gumnuts 51446952

Mrs. Bassett's days at
Cowwarr Primary
will be Monday,
Tuesday & Friday.

LUNCHES
**Toasting, heating food
& noodle cups**
**Wednesday, Thursday &
Friday
ONLY**