



Jinga

a school and community newsletter

No. 12

5th of September 2025



Cann River P-12 College

20-24 Tamboon Road, Cann River Victoria 3890

Telephone: 03 5158 6245 email: cann.river.p12@education.vic.gov.au

The Jinga

The Jinga is a community newsletter produced by Cann River P-12 College, for the school and the wider community to enjoy. You can keep up to date with what has happened and what's on the horizon.

Jinga is published fortnightly on a Friday, throughout school terms. If you have any community information you would like published in the Jinga, please contact us at the school:

Email: sarah.nation@education.vic.gov.au

Telephone: (03) 5158 6245

Cut off dates for Jinga, will be every fortnight on

Wednesday

Sept 17th

Oct 15th

Oct 29th

Nov 12th

Nov 26th

Dec 15th (Tues)

Dates subject to change

It is free of charge to include any upcoming community events or news stories so please feel free to email anything of interest.

Advertising Rates for commercial businesses are as follows:

Full Page advertisement \$11.00

1/2 page advertisement \$5.50

1/4 page advertisement \$2.75

When submitting your advertisement, please let us know the duration.

Thank you.

Bank details for direct deposit

BSB: 313 140

A/C: 120 621 36

Front Cover:

Year 10 Bogong camp

From the Principal's desk

Principal's Report

Hello everyone,

It's been a busy and exciting term so far, with plenty of opportunities for our students to connect, learn and grow. Here are some highlights and a look at what's coming up:

Highlights So Far

Marlo Primary Visits

Earlier this term, our P - 4 students enjoyed a visit to Marlo Primary, and we also welcomed Marlo's 5/6 class to our school. These exchanges gave our students the chance to practise building new friendships, developing confidence in meeting new people, and learning how to collaborate with peers from outside their own classes. We look forward to continuing this partnership into Term 4 and providing even more opportunities for our students to broaden their connections.

Athletics Success

Congratulations to all students who took part in the District Athletics Carnival. We are especially proud of Zoe, Brooke, Danielle, Chrissy and Jesse, who have qualified for the Regional Athletics Carnival. We wish them the very best as they compete at the next level!

Welcoming Pre-Service Teachers

This term we have been fortunate to have two pre-service teachers join us as part of their teacher training. A very warm welcome and thank you to **Kelly Millgate** and **Kristy Waddell** for choosing to spend time at our school. Their energy, enthusiasm and fresh ideas have been a wonderful addition to our classrooms, and we wish them all the best as they continue their journey towards becoming teachers.

Coming Up

Nalloo Games

Our Grade 5/6 students have been invited to join the Nalloo Games at Orbost Community College, alongside students from Swifts Creek and Mallacoota. This event celebrates traditional Indigenous games and will be a wonderful opportunity for our students to connect with peers from across the region while learning through play.

VET Automotive Camp

Next week, some of our senior students will travel to Melbourne for the VET Automotive Camp. Over three days, they will visit a variety of automotive businesses, giving them hands-on insights into career pathways and the world of work.

Years 3 - 6 Camp

To finish the term, our Years 3 - 6 students will be heading off to Camp Kianinny. They will spend three days taking part in a range of adventure activities designed to challenge, inspire, and build teamwork. It promises to be an exciting and memorable experience!

Kind regards,

Nick Woodward

Principal

Cann River P12 College





Cann River P-12 College aims to establish a safe, positive and inclusive environment based on respect for self and fostering respectful relationships with others and the school.

School

Our values

Inside

Always

Respect Self

- We are positive.
- We keep trying.
- We are responsible for our own actions.
- We have positive expectations of ourselves.
- We are patient.
- We are responsible for bringing the correct equipment to class.
- We come to class ready to

Respect for each Other

- Respect is something we earn.
- We listen and pay attention to others.
- We respect the personal space of others.
- We are polite and use manners.
- We actively listen to others
- We respect the learning of others

Respect our School

- We use class equipment appropriately and safely.
- We return class equipment once used.
- We clean up after

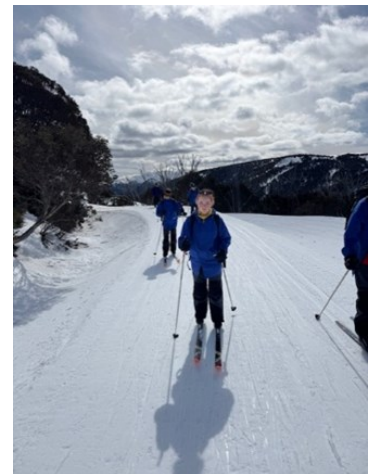
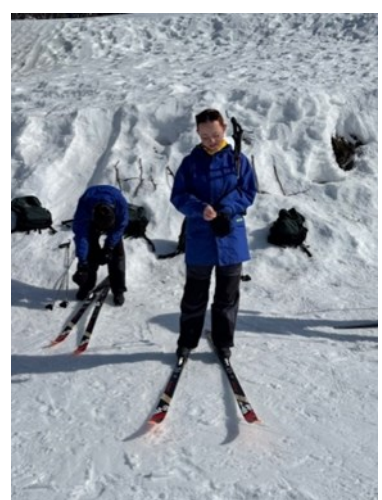
- We are kind.
- We are safe.
- We are positive and active learners.
- We use appropriate language.
- We respect difference of opinion.
- We are positive role models.
- We are honest and own our actions.
- We encourage and support others.
- We respect personal space, privacy and property.

Bogong year 10 Camp 2025

Big congrats to our year 10 students who participated in this year's Bogong Camp, you represented Cann River beautifully and hopefully, walked away with a new appreciation for all things snow related.







District Athletics

On the day of District Athletics we were heading down to Bairnsdale. We got to apex park at about 10:30am and we got straight into it. My first event was at 11:05am, first up I had javelin but I wasn't expecting that they would have the wrong weight classes. This caused my throws to be shorter and I had worse form because of it. After this I had a long jump which I didn't do so well in. I got a third and would not be going through for it. Then I had shot put and this event was ok. I got a third but still wouldn't be going through. After this was my final event of the day I had a discus which was my main strong point and this was my last chance to go through and i did it. I went through regionals for discus. For the first time I have ever gotten to go through.

Jesse



Primary District Athletics

Thursday 14th August at Bairnsdale Zoe, Elliott and Nik represented our school with pride at the District Athletics. The kids gave it their all, participated amazingly, and should be very proud of their efforts. A special congratulations to Zoe who has qualified for Divisional Athletics well done.



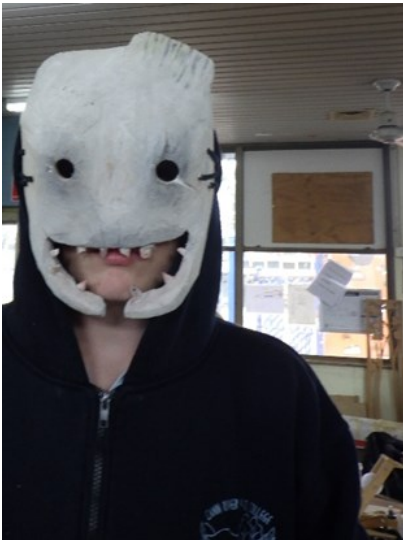


Primary Art

Ceramic Sculptures



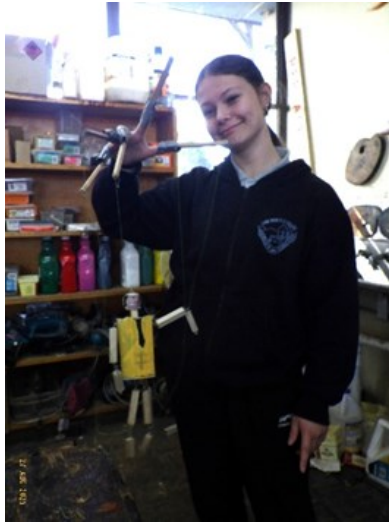
Kaiden's Mask



This is the mask that Kaiden made.

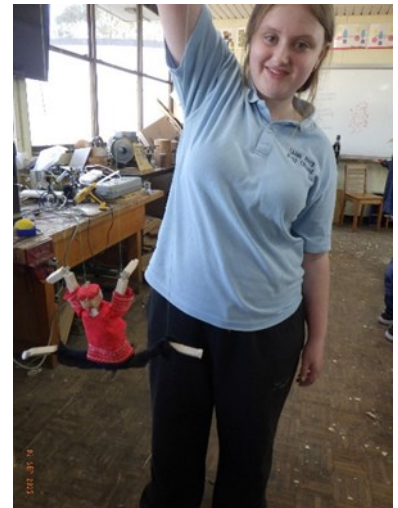
Be warned all those who wander the school grounds on their own.

Tahlia's Puppet



Tahlia completed her Puppet, and a very fine puppet it is.. Well done Tahlia

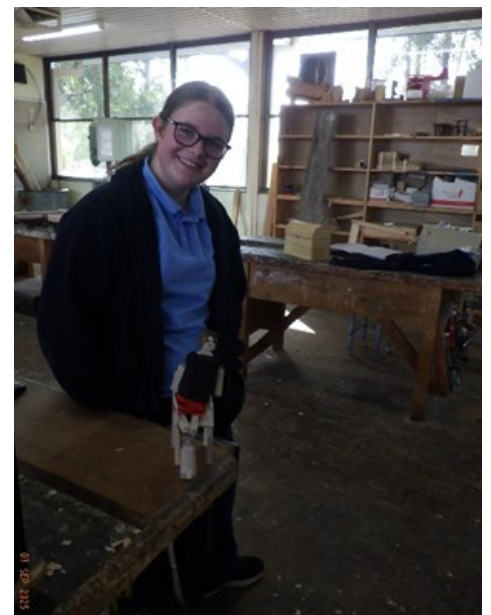
Bella's Puppet



Bella completed her puppet today, and what a very cool little dude he is. Well done Bella!



Chryssie completed her butterfly puppet, and it moves just like a real butterfly. She put a lot of effort into getting it right, and it shows. She should be very proud of how it turned out. Well done Chryssie



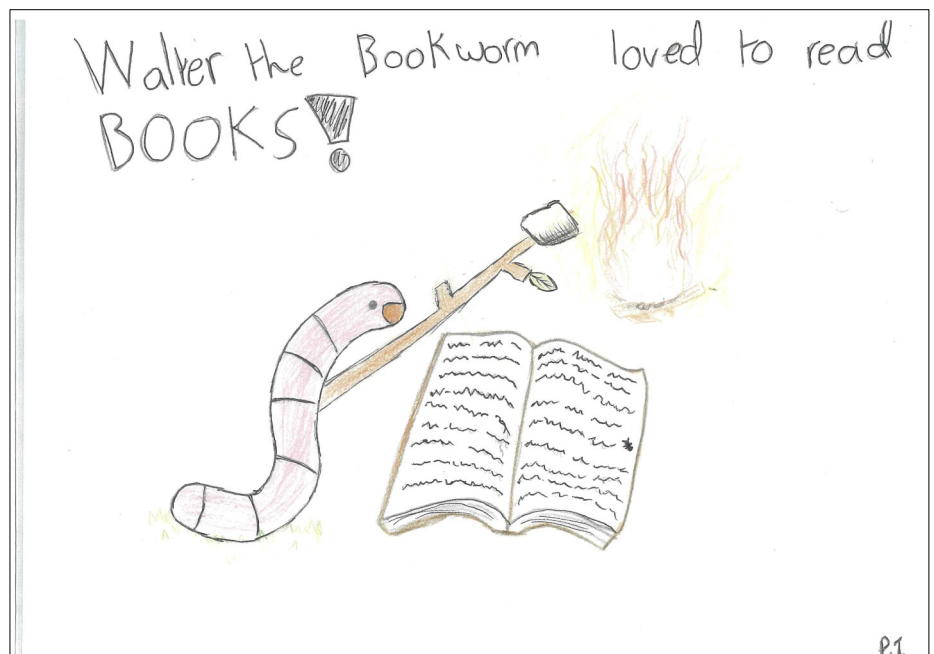
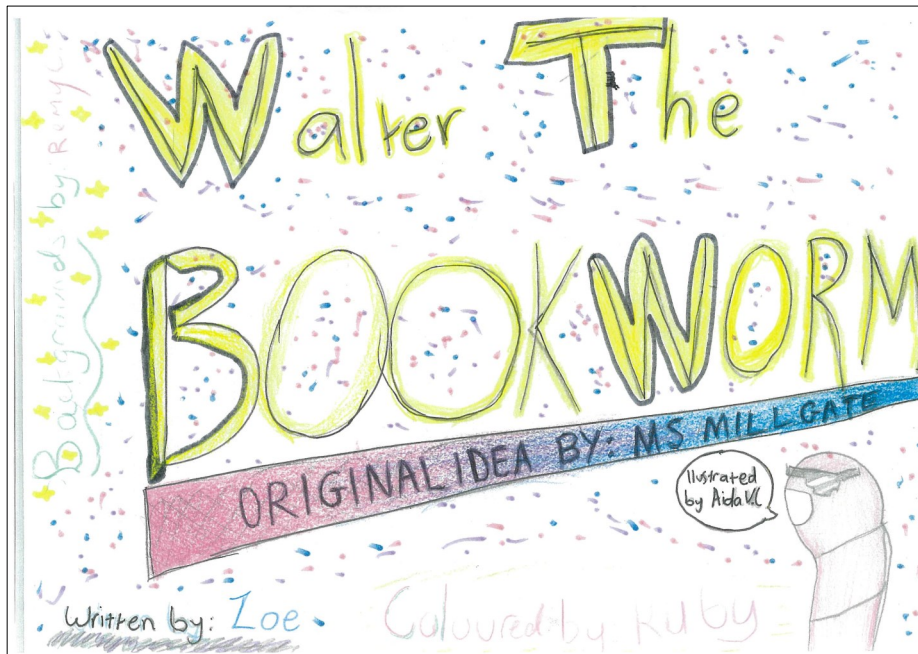
Tori has just completed her Doll. It has a very cute smile and is very well dressed. It even comes with its very own custom made doll chair. Tori also put a lot of effort into getting her doll right, and it also shows. Well done Tori

Marlo visiting Cann River

In session 3-4 some Marlo students came to Cann River personally I didn't know that they were coming until session 2 and I was a little scared because I had no clue what to expect but once they arrived the year 7-8s went to the library to meet the Marlo kids after the teachers told us what we had to do we got into these small groups which they chose, in my group I had Remy, Jackson and Scarlett the activity we did we weren't really communicating and everyone was shy but we started doing the activity slowly which was writing about a book but we had to change something about the book, once we had a very brief discussion we started writing it on some paper I was in charge of making the starting more catchy and adding descriptive words it took me a while to do that because no one gave the piece of paper with the writing on it but I eventually got it and started writing our story on four separate bits of paper so we could each read of a bit of the story and everyone was drawing and I'm very grateful that wasn't my job or else the story we made would've been not so good.. When we only had 20 minutes left that's when we started having a lot of conversations and ideas it started to get less awkward the longer we were working on the book. Some of the other groups went into room 4 so when everyone started coming back into the library that's when we knew we had no time left, but we got it done. When everyone was in the library it was time to share. Each group went up one at a time and then it was time for our group and I liked our story but it was very short but it was okay because we put teamwork into that story!! After everyone shared it was time for lunch and the Marlo kids were still here, I was playing volleyball and then Jackson joined. He was very good at volleyball. In the end me and Jackson were best friends! But then the bell went and they had to go back to Marlo.

Tahlia Cruickshank





Until one day he read a book about a very greedy caterpillar.



When Walter read this book he thought "if I eat lots, maybe I'll become a butterfly as well" so Walter ate.



P.3

and ate



and ate



until he couldn't eat any more.



P.4

Then Walter hung upside down and waited



and waited

and waited



P.5

Until he fell flat on the ground.



Walter Flapped, and Fluttered



and Flailed.



P.6

But no matter how hard he tried, Walter was still just a worm.



Until one day when Walter read a book about a little mermaid.



D.7

THE
END



Outdoor Storytelling Circle

Camille, Georgia and Hunter participated in an engaging outdoor experience where they listened to a story about a wattle tree and discovered some fascinating facts about this remarkable species.

Afterwards, they were invited to share their own stories using the storytelling prompts.

The children responded with some wonderfully imaginative and interesting tales.



I am in the sun.

24/6/25

Camille.5.6.



Raining

It was raining heavily

I was very scared. The house was wiggling.

I was in bed when it was happening. It was rattling loudly, a flash fo lightening hit the power line.

CRASH!!

I heard the thunder scream.!!

The blind hit the window.

I screamed again. AHHHH!!!!

Georgia

16/6/25

MUD POEM

Splash!

Georgia kicks mud on me.

Mud in my mouth.

Mud in my eyes.

Mud, mooshy, sloppy and brown.

Disgusting, drippy, dirty mud is everywhere!

Cold wet mud between my fingers freezes my hands.

Mud flies in the air.

I say haha, how do you like that now?

Hunter 18.6.25

IN WINTER

I taste fresh, smooth hot
chocolate.

I see pure white snow.

I smell a chilly cold breeze
in the air.

I hear crunching snow as I
walk.

By Hunter 10.6.25

FIVE SENSES

**I hear my mum's alarm.
I feel my fuzzy blanket.
I see darkness all around.
I smell cooking toast.
I taste delicious breakfast.
Time to go to school!
(I LOVE SCHOOL!)**

By Hunter

13.6.25

WINTER POEM

**Now it is Winter,
It is chilly.
It is wet and there is less sunshine.
It is near my birthday,
I am excited as well as freezing.
Leaves are falling.
The ground is soaking wet.
I am bored, so long until spring.
By Hunter 11.6.25**

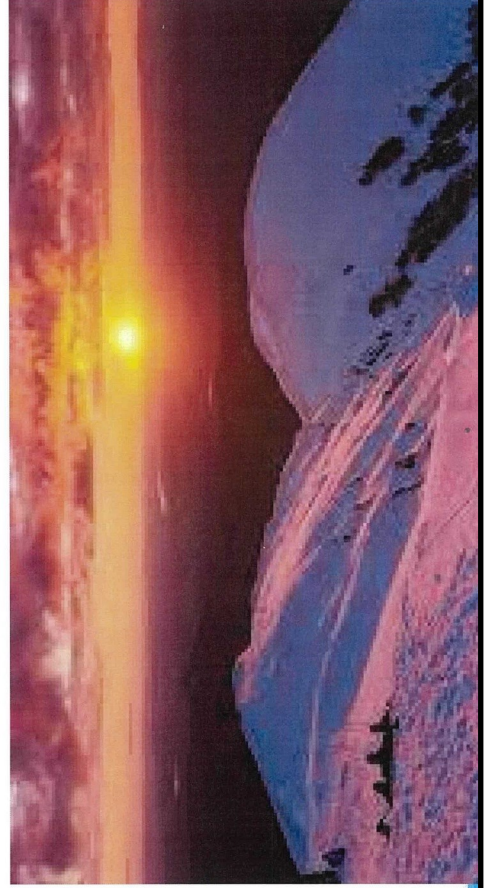
rain

I see water droplets.
I hear rain hitting the timber.
I smell the warm fire.
I taste chocolaty cold milo.
I feel the smooth cold cup in my hands.

Snow

I see soft frozen snow.
I smell a warm fire place.
I feel cold smooth snow.
I hear cheeping beautiful birds.
I taste ice cold snow.

By Jett 13.6.25



The rain

I see clear water droplets and dirty brown puddles.
I smell cold fresh air and soggy treats.
I hear birds chirping.
I taste fresh clean water.
I feel wet cold toes.
By Jett 3/7/25



Willow Trees

Willows, particularly those introduced to Australia, can be detrimental to local ecosystems and infrastructure. They are highly invasive and compete with native plants, and can alter waterways, causing erosion, flooding, and impacting water quality, but they can also benefit the eco system in ways such as providing shade for ectothermic animals that are temperature sensitive and rely on other objects for heat sources, they also offer temporary protection to the river bank from erosion and other natural courses of river bank failure, they can also offer water filtration.

Some things you might not have known:

The willow leaves are deciduous, silvery and silky. The willow is known for its anti-inflammatory, and antiseptic properties.

So, in summary willow trees not only harm the environment but they benefit it to in some ways such as helping to counter erosion and filter out water ways to have a cleaner and healthier river system, but they also kill off algae and other wildlife food sources causing a big effect on our wildlife and aquatic animals. By Jesse

Willows- Do we need them?

Willows are an introduced species of flora. They were introduced to Australia by European settlers in 1860. Willows, as beautiful as they are, some say they need to be removed entirely. Willows are a highly invasive species, and they are quick to grow and establish themselves. This means that they can take over an area very quickly. Willow trees often lose all their leaves at once; this leads to blocked waterways which in turn affect aquatic wildlife. They can also fall into waterways due to strong winds since they have shallow roots.

Although I can say a lot of bad things about willows, I can also say a lot of good things about them. Willows are a big help with erosion. Since willows are very common in riparian areas, their roots help strongly hold the riverbank together reducing erosion. Willows are also a big help to fauna (animals) such as ectotherms. Ectotherms are animals that rely on external heat sources and willows provide shade to these critters, so they don't break their body's heat limit due to the increasing effect of climate change.

I sit on the fence to whether we need willows or not. I believe that willows are good for riverbanks, and they help reduce erosion, but I don't think they are necessary in other areas. I love willows because of they look, and I feel that places wouldn't look as pretty without them, but they do have a negative side to them and that's why I think that we shouldn't get rid of them entirely, but if we had to, I would like there to be some left on riverbanks.

By Jacque



Willows

Willows are a type of tree known for their adaptability, especially to moist environments like waterways. There is a problem, some people like the willows and want them to stay, others think they are very bad for the environment and we should just get rid of them all. Their root help bind the soil together, making them useful for stabilising stream banks and preventing erosion. While they can displace native vegetation, willows can provide habitat for some aquatic animals when they die. Willows can help filter pollutants from water, in some cases improving the water quality.

Like most trees, willows can absorb the carbon dioxide from the atmosphere and turn it into oxygen. Willow bark contains salicin similar to aspirin which has been used for pain relief and fever reduction.

But unfortunately, not everything is good about willows, they are an invasive species that originated from China and spread to the middle east and Europe via trading. They can cause erosion from their long roots which don't go deep into the ground because they live in the shallow ground.

Willows can displace native plants, reducing habitat biodiversity and impacting native animal populations. Willows can also consume massive amounts of water, this is why their roots are so long, because the tree is so hungry for the water.

By Seth



Heat Wave

It was the middle of summer, kids were swimming, the birds singing and the sun was beaming. The days were getting hotter due to global warming having more of an impact. Our family is taking our annual summer holiday to Perth, and we leave tomorrow. The weatherman say's a heatwave is coming but I'm not worried, I'll be spending every day at the beach, what a life.

It's finally here, vacation day. Leaving from Melbourne at 8:30, full of energy and excitement, our feelings would be different if we knew what was in store for our trip. Our trip had started off perfectly with no problems whatsoever, this was, until we reached the border. The temperature had reached 43 degrees, and the car had started to overheat, we pulled over to the first servo we saw and sat the car in a cool shaded spot. We let the car rest for 30 minutes before turning it back on, everything seemed alright, and it looked like we could get on our way towards the Nullarbor. We drove and drove and drove, driving through high temps but after hours, we had reached a rest stop at the very start of the Nullarbor plain, our plan was to sleep here then continue in the morning.

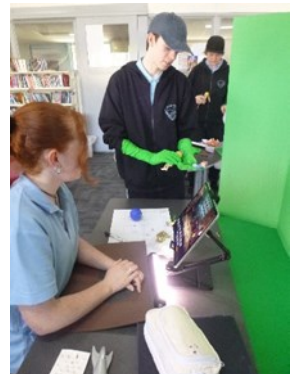
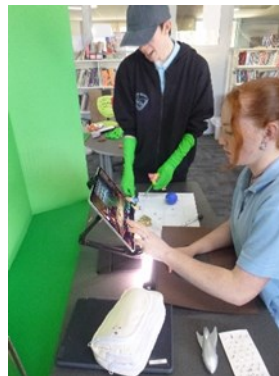
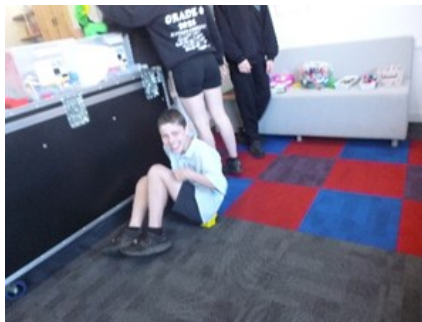
At 7:30, we left the rest stop and continued driving. 5 hours passed, the New York Times Best Selling book "The Secret" is read from the perspective of 14-year-old Lewis McIntosh who has just moved to a new school. At first, he struggles to make friends, until one kid saves him from a bully. Lewis's new friend Zilar has a secret that he hides from Lewis. These two friends continue to bond with each other, until one day, when disaster strikes, Zilar goes missing without a trace. Zilar's disappearance sends Lewis on a frantic search for his best friend. Lewis's panic grows as days pass without news of his friend. Where was Zilar? Where has he gone? What will happen to him? One day as Lewis is walking through the bush, his vision goes black, a sharp pain shoots through his neck, what is happening? He hears a familiar voice, then... nothing. When Lewis wakes up, he finds himself in a white room blinding him from all directions. A figure stands before him, he has green skin and blue eyes, the creature speaks. "Hello Lewis." Lewis is stunned; how does this thing know his name? Lewis was trying to make sense of everything that was happening, where was he? Who was this creature? How did it know his name? "The Secret" will make you want to keep flipping the pages. Read Lewis's journal entries and solve the mystery, where did Zilar go?

Temps had continued to rise, and it was not left unnoticed, all of us were sweating enough to fill a pool, the windows were rolled down all the way, it was unbearable. We continued driving, until we met yet another problem. The heat had reached such a high temperature that our tyres had started melting onto the road, we couldn't go on any further. We were only about half an hour from the end of the Nullarbor, we were devastated, our holiday had ended due to car problems. Dad called a tow truck, which came and took us and our car to Esperance. We got the news that the car had many problems and would have to stay and get fixed, which would take a few weeks. We decided that it was best that we would just fly home the next day. That is how our fantastic holiday turned out to be the worst holiday ever.

Tori Klein

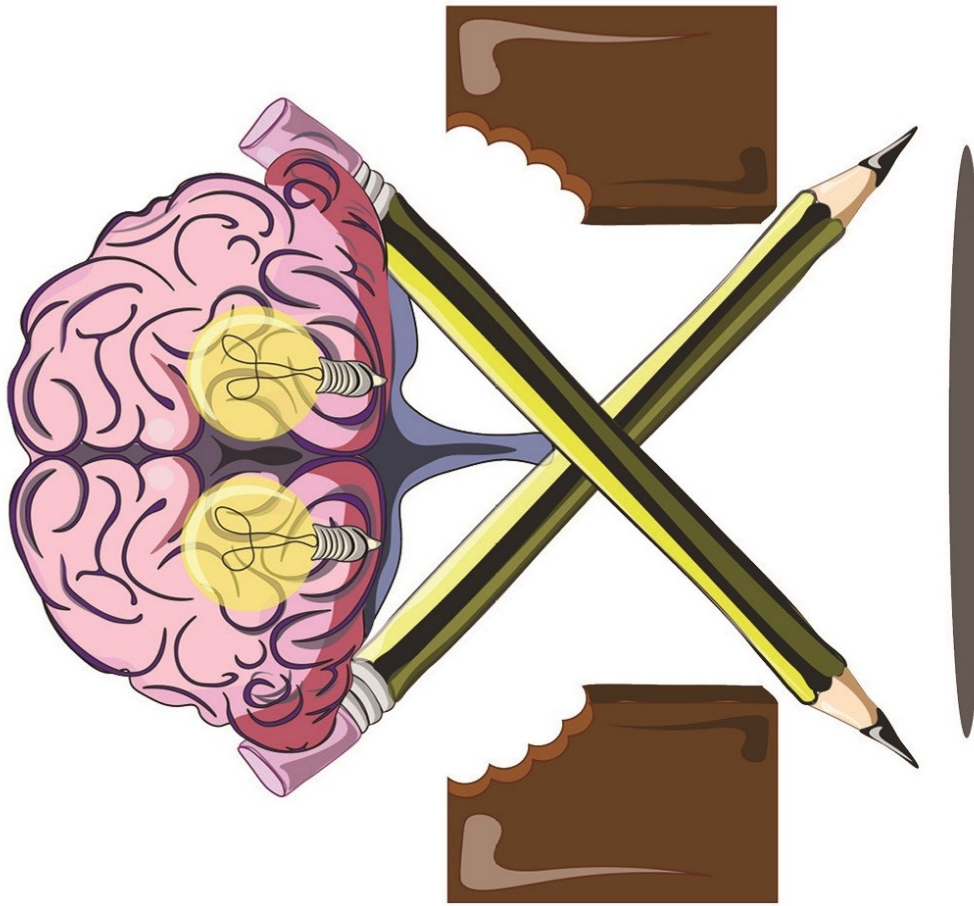
Gippsland Tech Visit.

On Thursday 28th August, 2025, Gippsland Technical School visited Cann River P-12 College. Students in years 9 and 10 participated in activities related to Digital Art: Making Movies. Thanks to Gippsland Tech for demonstrating these activities.





HOMework CLUB



Need help with your study?

Homework Club is held in the library on Monday, Tuesday and Thursday
from 3.30pm- 4.30pm
Snacks are provided.

CANN VALLEY DISTRICT REPRESENTATIVE GROUP



5TH TRIVIA NIGHT

4TH OCT 2025

6:00PM

ADDRESS: 37 MONARO HWY, CANN RIVER

Booking required : \$20/person

Email: monarocentre@gmail.com

or call 0481775185 (Jen) / 0447618926 (Irene)

YOGA

WITH NADINE

CANN
RIVER



AGES 15+

TUESDAY
(MAT YOGA)

5:30PM - 6:30PM

CANN RIVER HALL



TO BOOK SCAN THE QR CODE OR CONTACT KELLY ON 0435 482 232

YOGA

WITH NADINE

CANN
RIVER



THURSDAY
CHAIR YOGA

11AM

CANN RIVER MAIN HALL

SCAN TO
REGISTER:



CONTACT KELLY
0435 482 232



What's happening at the Cann River Community Centre! *SEPTEMBER EDITION*

Merch – Cann River Community Centre is selling some merch with our logo on them. Pop into the Centre and grab yours! Pens & Magnets \$2, Stickers \$3, Stubby Holders \$10 and Hat pins \$5



Bunnings BBQ – Cann River Community Centre will be partaking in a BBQ down at Bairnsdale Bunnings on September 6th with a wood raffle on offer. Come down and support the Centre. You could win a load of wood!!



Food Bank Available daily from 10am-3:30pm for All Cann Valley residents. Donations are appreciated to keep this vital resource operational. **1 Bag per household per week**, as sourcing stock is getting extremely hard. Foodbank the company are currently low on stock themselves as the need for food security has significantly increased!



Wednesday Lunches
Community Lunch is held every **Wednesday at 12pm, \$5 per person** & consists of a main, desert & cordial. Everyone is welcome! Come have a chat with old friends and new. We are always on the lookout for extra hands to help prepare & or clean up afterwards!



Library services
Every Wednesday **11am-12pm** For all your borrowing and return needs!

OUTREACH SERVICES

Play Group

Parent led playgroup runs every **Friday from 10am-12pm** Ages 0-5years **Everyone is welcome!** Cann Valley playgroup is registered with Playgroup Victoria



HAIR DRESSING SERVICES

With **EMMA**
0405066918
Walk-In or Phone to book your appointment!
Every **Tuesday from 10am** at the Cann River Community Centre



With **RHONDA**
With visits once a month (4th August). Call 0408124112 To book your appointment! at the Cann River Community Centre

Do you need to:

- *Use **FREE** Internet/wifi?
- *Do you need to Photocopy, Print or Scan something?
- *Maybe you need to type something up?



We have these and many more services available for use! Come down and see our friendly staff **Monday-Friday 10:am-3:30pm**



OP SHOP

Our community Op-Shop is open **Monday-Friday 10am-3:30pm**

Plenty of bargains to be found! **New donations accepted!**

Lots of new items arriving weekly!

We provide support to connect & solve you're Centrelink & Medicare queries, on **Wednesdays & Thursdays 10:00am-3:30pm**



Services Australia



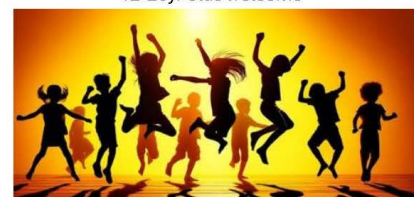
Kids craft every Wednesday 3:30-4:30pm



Crafternoon
Every **Thursday from 1-3pm**, Bring a project or start a new one here!



Photography group
Every **Tuesday from 10-12pm**, Bring a project or start a new one here!



Youth Group

Held every Friday at the community centre, **4pm-8pm** 12-25yr olds welcome

CANN RIVER COMMUNITY CENTRE



ABN: 54584524926
Princes Highway,
13 Cann River Vic 3890
Phone: 03 51586465

manager@cannrivercommunitycentre.org
admin@cannrivercommunitycentre.org



WE ARE HERE

ORBOST

If you need assistance – make an appointment and share **your story** with us.

Where: Orbost Neighbourhood House
(Opening 23 January 2025)

Times: Thursdays only, 10.30am – 2.00pm

Phone: 5154 6742 (Neighbourhood House reception)



St Vincent de Paul Society
VICTORIA
good works

We give a Hand Up



EAST GIPPSLAND LOCATIONS – Ring for an appointment

Bairnsdale – 92 McLeod Street	10.00am-2.00pm	Monday-Friday	(03) 5152 6687
Lakes Entrance – 339 The Esplanade	10.00am – 2.00pm	Wednesday & Friday	0457 213 288
Orbost Outreach – Neighbourhood House	10.00-2.00pm	Thursday ONLY	(03) 5154 6742



St Vincent de Paul Society
VICTORIA
good works

**WE ARE HERE
TODAY**

\$100 POWER SAVING BONUS

FOR ELIGIBLE CONCESSION CARD HOLDERS



VISIT US FOR ASSISTANCE:

**CANN RIVER COMMUNITY
CENTRE
TUES-FRIDAY
10AM-3:30PM**

**TO BOOK A TIME
PHONE: 03 51586465**



Neighbourhood
Houses Victoria™



Media Release

Tuesday 2 September 2023 | Media contact: Jorge Restrepo 0436 601 416

Look up Victoria. Swooping season is here again, stay alert and stay safe

As the weather gets warmer and the days longer, we also start to see the occasional swooping bird. Native birds enter their breeding season in spring, and some may get protective of their young.

Lachlan Clarke, Manager Statewide Wildlife Advisory Services at the Department of Energy, Environment and Climate Action (DEECA) said: "Swooping is a normal, temporary behaviour for native birds like magpies, butcherbirds and masked lapwings to defend their eggs and chicks for a short time while their young are most vulnerable."

"Think of it as a warning sign. They're telling you to keep your distance. While it can be a bit unsettling, it's rare for them to make contact."

Swooping can occur in both urban and rural areas, including parks, gardens, and along bike paths.

"Not all birds swoop during the breeding season, so the presence of magpies or other common swooping birds does not necessarily mean you will be swooped", Mr Clarke said. This behaviour only lasts a short time, usually ending once the young have left the nest.

If you are worried about being caught out by a protective bird this spring, here are some steps you can take to feel safe, while also protecting our native birds:

- Avoid known swooping hotspots.
- Move quickly, don't run if near a swooping bird.
- Wear protective head and eye coverings.
- Don't harass birds, as this can escalate swooping.
- Don't feed birds or destroy their nests.

Report a swooping incident on Victoria's interactive swooping bird map by visiting: <https://www.wildlife.vic.gov.au/managing-wildlife/swooping-birds>.

All native wildlife is protected by law. Harassing, harming or disturbing native birds and other wildlife is illegal in Victoria and penalties apply.

You can report wildlife crime such as harassing, harming or disturbing wildlife to Crime Stoppers Victoria on 1800 333 000.

<http://www.deeca.vic.gov.au> | Follow us on Twitter: @DEECA_Vic | Facebook: DEECVictoria

OFFICIAL



Telstra 5G coming to Donalds Knob

This is a service message from Telstra Regional Australia

Telstra Network Disruption Advice - Planned Outage

Telstra will be upgrading its mobile base station that services Donalds Knob area to bring new 5G coverage to the Princess Highway between Club Terrace and Cann River.

Mobile services in the area will be temporarily affected while the upgrade works are underway.

Keep up to date on this outage via <https://www.telstra.com.au/outages>

Temporary disruptions

Telstra mobile customers will receive texts advising of the upcoming work. Landline services, NBN and Satellite internet services, and mobile coverage from other providers will not be impacted.

The site will need to be switched off during the following periods:

- **Tuesday 9 September 2025 (intermittent outages)**
- **Wednesday 10 – Monday 15 September 2025 (site offline)**
- **Tuesday 16 – Wednesday 17 September 2025 (intermittent outages)**

Tips for improving connectivity while works are underway.

Telstra customers can continue to make calls and send texts during disruption to mobile services by switching on [Wi-Fi Calling](#). This is a free setting on most popular mobile phones and allows your mobile to make and receive mobile calls while connected to Wi-Fi.

We also encourage business owners talk to their provider about connecting their EFTPOS terminals to their NBN or Wi-Fi connection to prevent delays in processing transactions.

Cann Valley Bush Nursing Centre

SEPTEMBER NEWSLETTER

➞ MONDAY-FRIDAY

➞ 09:00 AM - 04:30 PM

**BEMM RIVER
CLINIC**

Tuesday 23rd September

BUS

Tuesday 2nd, 16th, 30th September

DENTIST

Thursday 4th September

GP

Wednesday 3rd, Wednesday 17th September

PAG

Thursday 11th, Thursday 25th September

PHYSIO

Friday 12th September

PODIATRY

Friday 19th September

THE CAVE

Monday 1st, Monday 15th, Monday 29th September



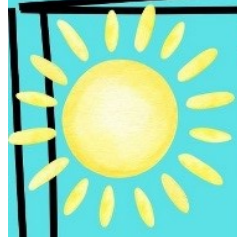
CVBNCADMIN@GHA.NET.AU



5158 6210



CANNVALLEYBNC.COM.AU



Skin Checks at CVBNC

Tuesday 16th September 2025



With Dr Jenny Schlager

Why are skin checks
important?

Skin checks are
important because they
enable early detection
of skin cancer

Cost:

- Concession card holders bulk billed.
- Non-Concession card holders billed through Orboost Health out of pocket \$37.00.

To book an appointment

phone 5158 6210

*Cann Valley Bush
Nursing Centre*

Will be CLOSED

Friday 26th September 2025

**Nurse on call available via
phone 5158 6274**

**In the case of an emergency
phone 000**



Cann River Hall Hire Fees

Hire fees **per hour**: - bookings are made through the office at the Cann River P-12 college

- Hire of Main Hall only – \$10 per hour
- Hire of the hall and kitchen \$15 hour

Hire fees **PER DAY**: (includes setup time & pack up time)

- Private Hire of Hall and Kitchen - \$100 (bond required of \$100)
- Community group or not for profit - \$100 (no bond required)

Key pickup & drop-off: at Cann River P-12 College (5158 6245).

If you cannot arrange this, let us know, and we can organise for the key to be left elsewhere, or one of our committee members to meet you at the hall.

We ask that the hall hirers keep the hall clean and tidy. If the committee has to employ a cleaner, there may be a surcharge on future bookings.



LV Electrical and Air conditioning

REC:28752

For all your electrical and air conditioning installation needs.

Servicing Orbost to Mallacoota.

Domestic and commercial experience.

0438 521 928

Call **Larz Van der sant** for friendly, local and punctual service.

Selection Civil

- Minor earthworks
- Site preparation
- Driveways
- Block clearing & clean ups
- Positrack, excavator and tipper hire

All enquires, contact Mick Connley 0409 586 380

selectioncivil@outlook.com



Cann River Towing

Accident and Breakdown service

24 hours 5158 6590

Princes Highway, Cann River

- Roadside breakdown service
- Trade towing
- Heavy machinery, tractor & forklift tilt tray service
- Statewide & interstate service
- Tilt tray service

VACC Accredited
towing operator

September 2025

CVBNC = Cann Valley Bush Nursing Centre

PAG = Planned Activity Group

CRCC = Cann River Community Centre

Monday	Tuesday	Wednesday	Thursday	Friday
8 Homework club <ul style="list-style-type: none"> The Cave at CVBNC 	9 Homework club <ul style="list-style-type: none"> Hairdresser Emma, at CRCC Photography group at CRCC Yoga at the hall <p>Telstra mobile outages</p>	10 <ul style="list-style-type: none"> Library services at CRCC Lunch at CRCC Centrelink & Medicare services at CRCC Kids craft at CRCC <p>Telstra mobile outages</p>	11 Homework club After school activities <ul style="list-style-type: none"> Crafternoon at CRCC Centrelink & Medicare services at CRCC Chair yoga at the hall PAG at CVBNC <p>Telstra mobile outages</p>	12 <ul style="list-style-type: none"> Playgroup at CRCC Youth group at CRCC Physio at CVBNC
15 Homework club The cave at CVBNC	16 <ul style="list-style-type: none"> Hairdresser Emma, at CRCC Photography group at CRCC Yoga at the hall CVBNC bus to Bairnsdale Skin checks at CVBNC <p>Telstra mobile outages</p>	17 <ul style="list-style-type: none"> Library services at CRCC Lunch at CRCC Centrelink & Medicare services at CRCC Kids craft at CRCC Doctor at CVBNC <p>Telstra mobile outages</p>	18 After school activities <ul style="list-style-type: none"> Crafternoon at CRCC Chair yoga at the hall Centrelink & Medicare services at CRCC 	19 JINGA <ul style="list-style-type: none"> Playgroup at CRCC Youth group at CRCC Podiatrist at CVBNC <p>School holidays until 3rd of October</p>