

Jinga

a school and community newsletter

Cann River Swimming Carnival

On the 3rd of March, the whole school participated in the swimming carnival. Everyone did their best and put in as much effort as they could.

Almost every student did every race.

Points for the day were:

- Secondary Brown- 344
- Secondary Orange- 263
- Primary Brown- 263
- Primary Orange- 206
 Due to Brown winning the ironman challenge (winner,
 Jack Connley) Brown gained an extra 100 points.

So therefore the total for both houses were;

Brown 607 and Orange 469.



The Jinga

The Jinga is a community newsletter produced by Cann River P-12 College, for the school and the wider community to enjoy.

You can keep up to date with what has happened and what's on the horizon. Jinga is published fortnightly on a <u>Friday</u>, throughout school terms. If you have any community information you would like published in the Jinga, please contact us at the school:

Email: sarah.nation@education.vic.gov.au

Telephone: (03) 5158 6245 Facsimile (03) 5158 6361

Cut off dates for Jinga, will be every fortnight on

Wednesday

8th March 22nd March 4th April

Front Cover:

2023 Swimming Carnival

It is free of charge to include any upcoming community events or news stories so please feel free to email anything of interest.

Advertising Rates for commercial businesses are as follows:

Full Page advertisement \$11.00

1/2 page advertisement \$5.50

1/4 page advertisement \$2.75

When submitting your advertisement, please let us know the duration.

Thank you.

Bank details for direct deposit

BSB: 313 140 A/C: 120 621 36

From the Principal's desk

Swimming Sports

Last Friday the whole school travelled to Orbost to take part in our annual swimming sports. It was great to see so many parents in attendance to support our students. Despite the day being a little cool, we had really high levels of student participation – all made possible by the fantastic program that Tammy put together for us. Thank you also to all of the staff who contributed to making the day such a success. The final scores were 607 points to Brown house and 469 points to Orange house. Congratulations to everyone for their team spirit and for getting involved!

NAPLAN

Next week our years 3, 5, 7 and 9 students are due to sit the annual NAPLAN tests. For more information please read the flyer in this edition of Jinga.

Employment opportunities

We currently have a job advertisement seeking a new teacher to work in the secondary school, and will also be seeking a teacher's aide. If either of these positions appeal to you or if you know of someone who would be a great addition to our school, please refer to the advertisements on Recruitment Online or get in touch with our office for any further information.

Parent/Teacher Interviews

As we enter the second half of the term, please be aware that parent teacher interviews will occur on Tuesday the 4th April. This is a really valuable opportunity to talk to your teachers about your child's learning so please put this date into your diaries.

School council

Finally, I'd like to acknowledge Tricia Whitford, who has resigned from the school council. Tricia has been involved with the school council for the past 20 years, many of which were in the role of president. Thank you Tricia for your service to our school.

I wish you all a safe and relaxing public holiday.

Kind regards,

Nick Woodward

Nills Will

Acting Principal



NAPLAN Information for parents and carers

Why do students do NAPLAN?

Australian students have the opportunity to undertake. sit each year. It is the only national assessment all assessment that students in Years 3, 5, 7 and 9 NAPLAN is a national literacy and numeracy

As students progress through their school years, it's important to check how well they are learning the essential skills of reading, writing and numeracy. NAPLAN assesses the literacy and numeracy skills that progressing against national standards and over time. students are learning through the school curriculum and allows parents/carers to see how their child is

NAPLAN is just one aspect of a school's assessment additional information about students' educational and reporting process. It doesn't replace ongoing assessments made by teachers about student performance, but it can provide teachers with

are achieving important educational outcomes in literacy and governments with information about how education programs are working and whether young Australians NAPLAN also provides schools, education authorities

Your child will do the NAPLAN tests online

continue to complete the writing assessment on paper. Schools have transitioned from paper-based to computer-based assessments. All Year 3 students will

and are more engaging for students. One of the main benefits is tailored (or adaptive) testing, where the test presents questions which may be more or less difficult Online NAPLAN tests provide more precise results depending on a student's responses. Tailored testing allows a wider range of student abilities based on both the number and complexity of questions they answer correctly. Your child should not be concerned if they find questions challenging; they may more precisely. A student's overall NAPLAN result is to be assessed and measures student achievement be taking a more complex test pathway.

What does NAPLAN assess?

NAPLAN assesses literacy and numeracy skills that students are learning through their regular school curriculum. Students sit assessments in writing, reading, conventions of language (spelling, grammar and punctuation) and numeracy. The questions assess content linked to the Australian Curriculum: English and Mathematics.

All government and non-government education authorities contribute to the development of NAPLAN test materials. To find out more about NAPLAN, visit nap.edu.au.

Participation in NAPLAN

NAPLAN is for everyone. ACARA supports inclusive participate in the national assessment program. testing so all students have the opportunity to

Adjustments are available for students with disability who have diverse functional abilities and needs. Schools should work with parents/carers and students reflect the support normally provided for classroom disability to access NAPLAN. Adjustments should adjustments required for individual students with to identify, on a case-by-case basis, reasonable

schools to assist students with disability to access NAPLAN, or our series of videos where parents/carers, teachers and students share their experiences in using To help inform these decisions, you may consult the NAPLAN public demonstration site, the Guide for NAPLAN adjustments In exceptional circumstances, a student with a disability Australia and has a non-English speaking background, that severely limits their capacity to participate in the assessment, or a student who has recently arrived in may be granted a formal exemption.

authority can give you more information on adjustments Your school principal and your local test administration for students with disability or the process required to gain a formal exemption. NAPLAN INTERACY and Numeracy

Call assessment and assessment and assessment and reporting authority

What if my child is absent from school on NAPLAN days?

Where possible, schools may arrange for individual students who are absent at the time of testing to complete missed tests at another time during the school's test schedule

What if my school is closed on NAPLAN days?

Schools with compelling reasons may be given permission to schedule tests after the 9-day test window.

What can I do to support my child?

Students are not expected to study for NAPLAN. You can support your child by reassuring them that NAPLAN is a part of their school program and reminding them to simply do their best. Some familiarisation and explanation of ensure students are familiar with the types of questions NAPLAN is useful to help students understand and be comfortable with the format of the tests. Teachers will in the tests and will provide appropriate support and

ACARA does not recommend excessive preparation for NAPLAN or the use of services by coaching providers.

See the types of questions and tools available in the online NAPLAN assessments at nap.edu.au/onlineassessment/public-demonstration-site.

NAPLAN timetable

accommodate schools that may have fewer devices. The NAPLAN test window is 9 days. This is to

Schools are advised to schedule the tests as soon as possible within the testing window, prioritising the The NAPLAN test window starts on Wednesday 15 March and finishes on Monday 27 March 2023. first week

How is my child's performance eported?

for the literacy and numeracy skills needed to participate Individual student performance is shown on a national achievement scale for each assessment. This scale indicates whether the student is meeting expectations fully in that year level.

A NAPLAN individual student report will be provided by your child's school later in the year. If you do not receive a report, you should contact your child's school.

How are NAPLAN results used?

- Students and parents/carers may use individual results to discuss progress with teachers.
- Teachers use results to help identify students who need greater challenges or extra support.
- Schools use results to identify strengths and areas of need to improve teaching programs, and to set goals in literacy and numeracy.
- School systems use results to review the effectiveness of programs and support offered to schools.
 - The community can see information about the performance of schools over time at myschool.edu.au.

Where can I get more information?

For more information about NAPLAN:

- contact your child's school
- contact your local test administration authority at nap.edu.au/TAA
- visit nap.edu.au

To learn how ACARA handles personal information for NAPLAN, visit nap.edu.au/naplan/privacy.

Test description	Students are provided with a 'writing stimulus' (sometimes called a 'prompt' an diea or topic) and asked to write a response in a particular genre (narrative or persuasive writing)	Students read a range of informative, imaginative and persuasive texts and then answer related questions	Assesses spelling grammar and punctuation	Assesses number and algebra, measurement and geometry, and statistics and probability
Duration	Year 3: 40 min Year 5: 42 min Year 7: 42 min Year 9: 42 min	Year 3: 45 min Year 5: 50 min Year 7: 65 min Year 9: 65 min	Year 3: 45 min Year 5: 45 min Year 7: 45 min Year 9: 45 min	Year 3: 45 min Year 5: 50 min Year 7: 65 min Year 9: 65 min
Scheduling requirements	 Year 3 students do the writing test on paper (on day 1 only) Years 5, 7 and 9 writing must start on day 1 (schools must prioritise completion of writing across days 1 and 2 only, with day 2 only used where there are technical/logistical limitations) 	. To be completed after the writing test \cdot . To be completed before the conventions of language test	• To be completed after the reading test	• To be completed after the conventions of language test
Test	Writing	Reading	Conventions of language	Numeracy





Alexis Renaut

Horse: Colour Pencil

Rose: Colour Pen





Hailey Gardner

Skull: Water Colour

Daisey: Colour Pencil





Ruby Stork

Heart: Graphite

Flower: Dry Pastel





David Mongta-Porter

Marlo Sunset: Watercolour

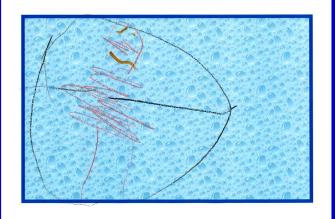
Landscape: Watercolour



Prep / 1 / 2

I am in the swimming pool.

Trien Khang 2.3.23





Tomorrow it is the Swimming Carnival.

It will be fun because you get to swim under water.

I get to go in Mrs Stephenson's group.

James 2.3.23





The swimming carnival was cool.

Getting the ribbons was amazing.

I came first in the races.

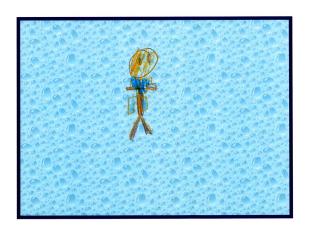
James 6.3.23





Prep / 1 / 2

Tomorrow it is the swimming carnival. It will be fabulous. It will be fun because I am in Mrs. Stephenson's group.
Hunter 2.3.23



Tomorrow it is the Swimming carnival. It is going to be fun because me and James and Wyatt and Ms Evans are in Brown House and Brown House will win!

2.3.23 Jett.







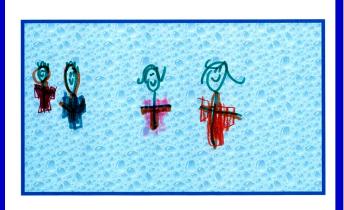
Prep / 1 / 2

I can't wait for tomorrow because It is the swimming carnival.

I love swimming.

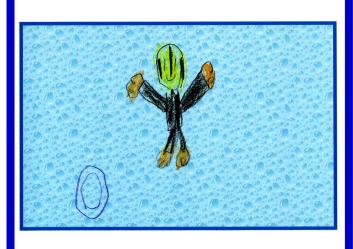
I can swim fast and it is so much fun.

Charlie .2.3.23

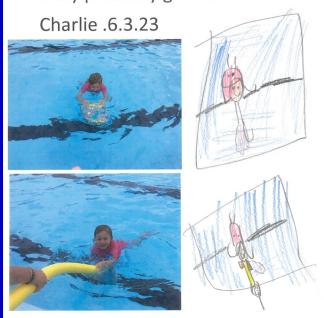


Tomorrow is the swimming carnival. It will be fun because I get ribbons and you also get to go under water.

Wyatt 2.3.23



On Friday it was fun.
I loved swimming at the pool.
Where are all the people?
They probably got out.
Charlie .6.3.23



The swimming carnival was fun because you get first place ribbons. Going in the races was the best. Wyatt 6.3.23







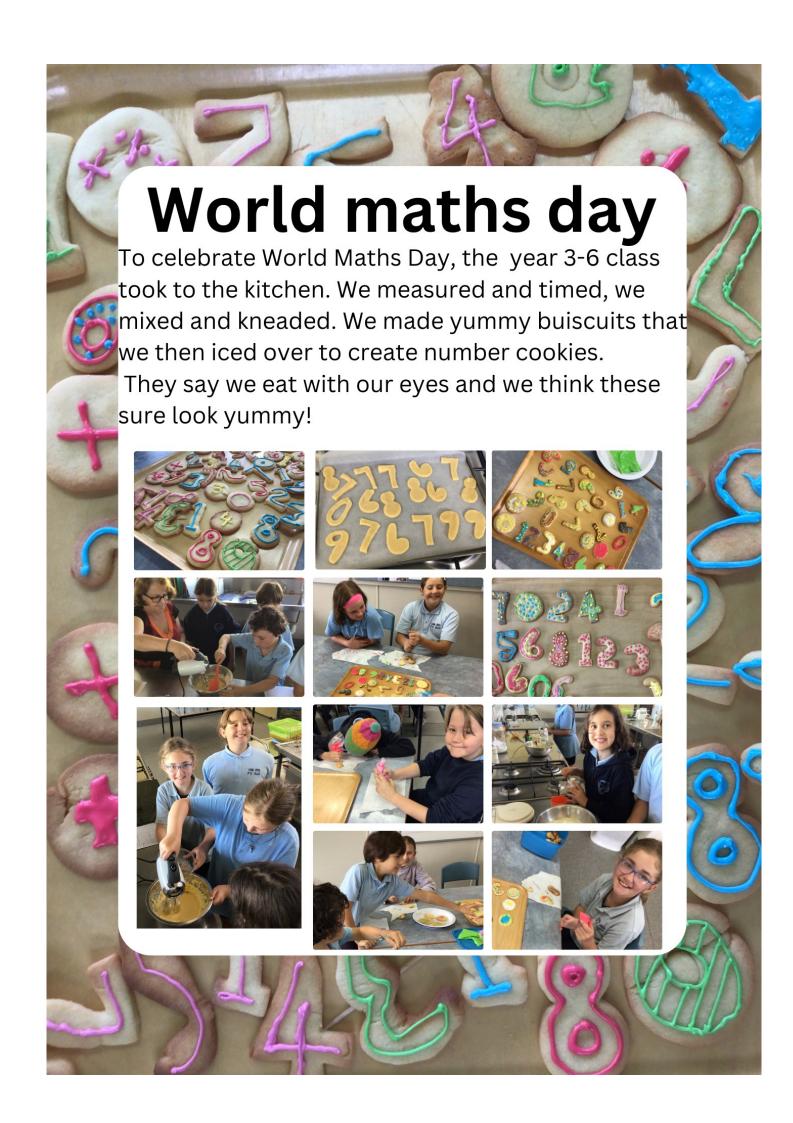
My Dream House

My dream house makes me happy and it's a chance to get away from my family.

When I am sad I can see the birds cheeping and flying around in my room and I have an amazing view towards the mountains. I made my house on top of a dead oak tree. It has a pointy top it is made out of birch. There is a ladder to get up to it. I hope you liked my dream house.

By Elliott





Water memoirs - Year 9 & 10 English

The icy water covered my warm blooded body as I fell into the depth of the river. Muffled laughs came from every direction though whether the laughs were directed at me or not, I wasn't sure. My head finally rose above the water's surface after what felt like ages. I turned to see all the bright smiles of everyone else, pushing and shoving one another.

The sun began to bite, making my skin sting. No one feared what could be in the depths of this mysterious river, although that fearlessness didn't last long for one group of people. Four teenagers frolicking in the water. Not a worry at all. Until, a slimy, hair-like object, wrapped around one's ankle. The fear grew as the individual screamed. All began to panic and swim away. I rose to my feet beside my humorous, male friend when I too felt something glide against my skin, though I didn't scream. Instead, I reached down into the murky water and picked up what turned out to be... an aquatic plant of some sort. This discovery left the group feeling stupid as they were scared over nothing.

Alexis Renaut, Year 10

Easter

I woke up to footsteps coming towards my room that I was sleeping in for a few nights. My uncle came in with Dad behind him saying "Come on boys it is time to get up and go fishing". We jumped straight out of bed, got dressed, packed the car and headed straight to the closest Mc Donald's. The smell of bacon and eggs filled the air and my mouth began to water while I waited for my four egg and bacon mc muffins. We ventured down the dark highway towards Western Port Bay and launched the boat at sunrise. The water was a rich dark blue with small ripples running across the top. We headed out to go catch the big fish. We reached the spot and my uncle cut the engine. We set up the fishing rods, got out the bait and we were ready to catch a fish.

My rod was ready. I casted out my line and waited for the sinker to hit the bottom of the bay. I placed the rod in the rod holder and then waited in anticipation for a bite. My rod started to scream with the line leaving the spool and taking my bait further away while I was trying to reel it in. The fish was fighting like crazy. My rod was bending like it was a banana and it was going to break in half. I caught a glimpse of the fish as it darted under the side of the boat. Then the tip of the rod went into the water, and I continued to reel in the line and pull up the fish. I got it to the surface. When I lifted the fish straight into the boat my heart was racing. I reached for the pliers and pulled out the hook. Success! I landed my first gummy shark. Its skin felt like sandpaper as I picked up the grey squirming shark from the deck of the boat. I grabbed it by the tail with my other hand under its belly so I could release it safely back into the rich, dark blue bay.

Tobie Gardner, Year 9

Blue Pools

The warm afternoon sun spreads across my skin as I sit there admiring the view. The sound of people laughing, and splashing filled me with joy. I move my feet slowly in the warm water and I feel the heat hit me from the rocks around me. The taste of fresh water cools my body down instantly for a few seconds until the warm wind warms me up again. I look behind me as dogs run around being happy and bright then jumping in the water with their owners. I see people on bright coloured floaties and others swimming in a group enjoying life.

One of the women who was swimming walked out of the water like a model and I noticed she had little cartoon characters in black ink spread all over her leg, going up her back and onto her shoulder. The tiny characters intertwined with flowers and skulls and there were words, but I wasn't sure what they said. I watched as people jumped off of massive rocks doing tricks, and a rope swing that people were hanging on for dear life but then realise it's not as bad as they thought and then letting go of it, looking really funny as they hit the water.

Just before you enter this beautiful spot there's a 7km walk and at the end of it there's a lovely cliff that has an amazing view I could look at for hours. A little along the track there's a mine shaft that is about 25 to 30 feet deep that has chicken wire over it, so you don't fall in, even though I wanted to jump into it. When you get back there's a lovely camping area with a couple picnic tables and a grass area to just sit there and relax. I want to go back to this beautiful place called Blue Pools..

Hailey Gardner, Year 10

Ducklings

'Ugh!' Pistle's smile had quickly turned to a frown and he groaned in pain as if he had just been violently stabbed in the stomach with a blunt butterknife. I heard a giggle in the background and I couldn't help but laugh with my best friend. Every little quack that came from the pool made him groan more and us laugh louder. 'Let's get our bathers on and go for a morning swim!' Zehara said, getting all excited.

The overcast day suggested that the water would be cold, however it was warm, like being wrapped in a big blanket and drinking hot chocolate. The water reeked of chlorine just like a public swimming pool, it wasn't not horrible but it definitely was not amazing.

The wet little ducklings were slippery and were hard to hold. They were easily manoeuvring and weaving out of our grip. We looked like big bull sharks chasing tiny little clownfish. The ducks turned, we turned. The ducks dove down, we dove down. After I saw a duck dive down and swim under the water I realised that's why it is called the duck dive. The splashing of the ducks went all over my face: in my eyes, ears, mouth and nose. We thought all of the ducks were swimming around the pool but they were in the pool filter too, just swimming around in there.

One, two, three, four, five, six and seven. They were all here. I never thought that I would wake up one day and spend my first hour of the day chasing baby wood ducks around a pool.

Into the bucket all the fluffy and wet ducklings went. Mummy and Daddy duck were watching their kids from above. After we let the ducklings go, their parents didn't look as though they wanted them back. The now orphaned ducklings were alone in the big scary world. We moved them to the road to see if someone would pick them up. Not like a sketchy old person in a van coming to offer them lollies but like another duck who would adopt them. The little ducklings looked stunned like a deer in headlights, Where are we? How did we get here?

We left the ducklings there on the road by themselves for about half an hour. Long enough for us to go cook breakfast and eat it. For breakfast we had creamy mac and cheese. When we went back down the road we looked around, there were seven grey, fluffy pancakes scattered across the road like the Lego you left on your bedroom floor. They were squished on the road so much you could probably have used them as frisbees. That day was a sad day for us three kids. Our happy and fun filled morning had quickly turned to tears and funerals. Seven funerals in one day is not fun at all.

Brooke Connely, Year 9



What is Dolly's Dream? So Dolly's Dream is an organisation committed to changing the idea of bullying by looking at the impact of bullying, anxiety, depression and youth suicide. Dolly was a 14 year old girl who suffered from bullying and took her own life because of it.

Dolly's Dream has created a special day every year in support of Dolly. The day is about bringing the community together to celebrate kindness, and all unite in taking a stand against bullying. On Do It For Dolly Day people are encouraged to be kind to everyone and encourage people to speak, even if their voice shakes, and make their voice heard. On Do It For Dolly Day everyone is encouraged to wear blue as it was Dolly's favourite colour. Any money fundraised on Dolly Day goes toward Dolly's Dream and raising awareness to schools and communities about bullying, anxiety and suicide.

Dolly's Dream acts as a voice for those who cannot speak for themselves, and strive to create a change to prevent bullying. Support from trained counsellors isn't always cheap or accessible. Dolly's Dream support line is free to those who need it. You can call, text or zoom.

Back to school can be scary if kids are getting bullied. However Smiggle is partnered with Dolly's Dream to help with kids getting back to school.

Reclink News

Cann Kids' Music- Mondays 3.20- 4.30 pm in the Grade 3-6 room at Cann River P-12 College

Cann Kids' Music is off to a flying start with 16 participants last week! Wow, what an enthusiastic bunch of budding musicians! Thanks for your terrific enthusiasm . We are currently learning to play ukulele and learning some drumming and percussion techniques. This week we will also do some singing.

Cann River Fitness- Mondays 5.15- 6.00 pm at the Hall

Alanna is running a great Fitness program suitable for people of all fitness levels. Come and join in the fun and friendship and enjoy some fitness with great music to keep you enthused .

Cann Create- Thursdays 12.30- 2.00 pm at the Cann River Community Centre

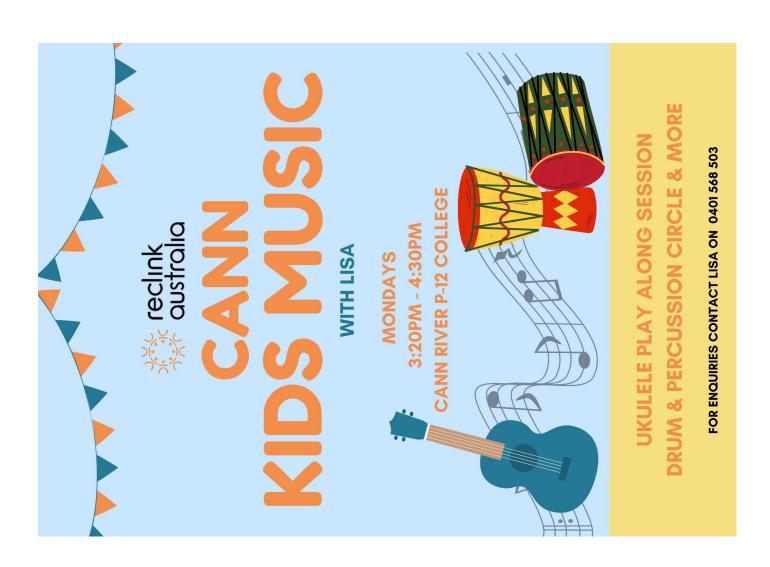
Cann Create Art sessions are up and running. Sabine is currently running some drawing activities- no experience necessary. Come and join in for a chat and a relaxing session of creativity.

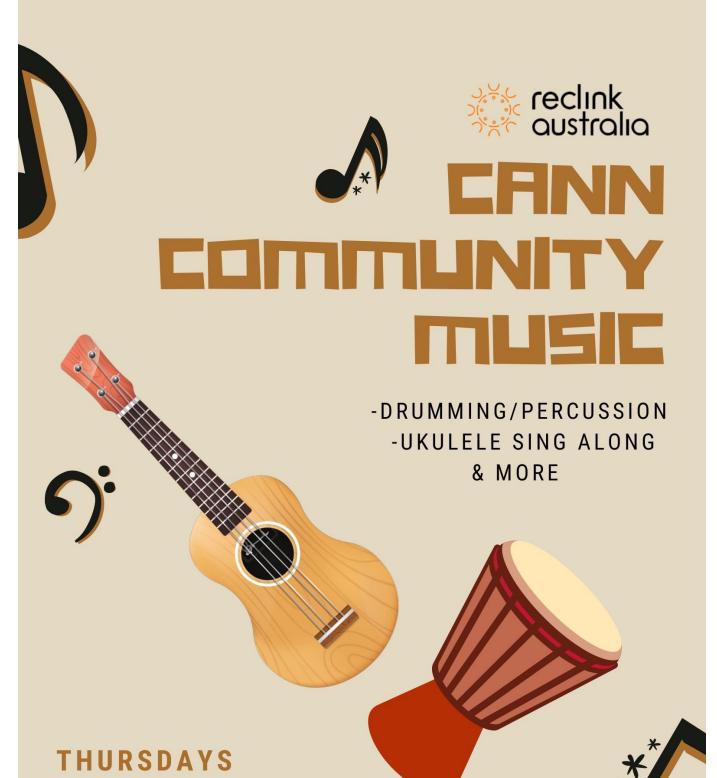
Cann Community Music- Thursdays 2.00- 3.00 pm at the Cann River Community Centre

Cann Community Music is now up and running as well, straight after Sabine's Art session. We have been participating in a ukulele play along and singing session with some guitar and bass guitar added in as well. All welcome and no prior musical experience necessary. If you play an instrument, please bring it along as well if you would like to. If you have any musical ideas or suggestions, Lisa would love to hear from you.

Any queries, please see the attached program posters for the facilitators' contact details.

We look forward to seeing you!





2:15PM - 3:15PM

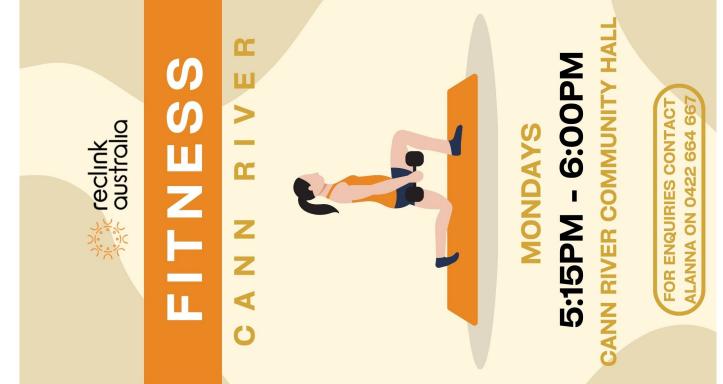
CANN RIVER COMMUNTY CENTRE

ALL ABILITIES WELCOME

NO MUSICAL EXPERIENCE NECESSARY

BOOKING ESSENTIAL CONTACT LISA ON 0401 568 503











5158 6465 admin@cannrivercommunitycentre.org

Winter Festival training. Learn from the team to lead creative workshops across in our district. Call us to find out more.

Training dates

- Genoa Hall Saturday 1st April
- Orbost Exhibition Centre Thursday 23rd March

Centrelink & Medicare Agency



We provide support to connect and solve your Centrelink & Medicare queries on Wednesdays & Thursdays from 10.30 am to 3.30 pm

Services Australia equipment self service is available every day 10.00 to 4.00pm

WiFi Internet

• Fax machine

• Phone

• Printer & Scanner

• Forms

Computer



Gold Coin Community Lunch - All welcome Wednesdays 12pm to 1.00pm

Play Group 0-4's - By Orbost Regional Health team Mondays 10.00 to 12.00pm





Youth Group all welcome 12 –25 yrs Fridays 4.00 pm to 8.00 pm

Printing/Copying, Free Wi-Fi and Computer use Weekdays 10.00 to 4.30pm





Craft by local artists & Bargain Opportunity Shop open Weekdays 10.00 to 4.30pm

Thursdays

Reclink Cann Create Art Classes 12.30pm to 2.00pm

Reclink Cann Community Music 2.15pm to 3.15pm





How to repair Fencing Including Electric - Cost: Free Cann River on 31st March Emma Orgill 047 467921

STAY OMEO - East Gippsland Accommodation EXPO II 30th March

This your chance to attend the event addressing the needs of the growing East Gippsland Accommodation Industry. We will feature speakers and presentations addressing topics such as planning, self-sustainable building options, marketing your business and how to source the greatest support in your endeavour.

STAY

WILD DOG MANAGEMENT ZONE DROP-INS 2023

Wild Dog Activity and Operations Planning



You are invited to come and have a cuppa with the local Wild Dog Controller, ask questions and provide input on how wild dogs are affecting you and how we can plan for 2023 – 2024.

<u>Dates</u> and <u>venues</u> for the Wild Dog Management Zone Work Plan drop-ins can be found on page 2.

This year's drop-ins are less formal, and people can attend at any time throughout the allotted time.

Alternatively, you can provide input by scanning the QR code or visiting https://go.vic.gov.au/3J015G0



For further information contact:

Gippsland:
Acting Operations Manager
Anthony Websdale – 0408 896 720

Operations Manager Craig Hamilton – 0429 969 413

Hume:

or email wild dogs@delwp.vic.gov.au



	Wild Dog Management Z	Wild Dog Management Zone Drop-in Schedule 2023	
Gippsland	Date	Venue	Time
Omeo/Benambra (Calf Sales)	Tuesday 7th March	Omeo Sale Yards, 34 Park St. Omeo	10.30am - 2.00pm
Ensay - Hereford sale	Wednesday 15th March	Barry Newcomens property 5565 Great Alpine Rd. Ensay	10.00am - 12.00pm
Ensay - Hereford sale	Wednesday 15th March	Phillip Commins property 15 Horsfall St. Ensay	12.30pm - 2.00pm
Gembrook,Noojee,Erica	Tuesday 21st March	Neerim Junction Hall 2957 Main Neerim Rd, Neerim	10.30am - 12.30pm
Licola, Heyfield,	Wednesday 22nd March	Heyfield DEECA Office 1 Firebrace Rd, Heyfield	10.00am - 12.00pm
Dargo	Thursday 23rd March	Dargo Hall, 177 Lind Ave, Dargo	9.30am - 11.00am
Baimsdale, Glenaladale	Thursday 23rd March	Glenaladale Hall Fernbank-Glenaladale Rd. Glenaladale	1.00pm - 3.00pm
Benambra	Friday 24th March	Benambra Rec Reserve , Lake Omeo Rd. Benambra	10.00am - 12.00pm
Swifts Creek	Friday 24th March	Swifts Oreek DEECA office, 13 McMillan St, Swifts Creek	1.00pm - 3.00pm
Bendoc, Bonang	Tuesday 28th March	Delegate River Fire Shed, 1946 Bonang Highway, Bonang	10.00am - 12.00pm
Cann River	Wednesday 29th March	Cann River DEECA office, Princes Highway, Cann River	10.00am - 12.00pm
Gelantipy	Thursday 30th March	Karoonda Park 3855 Gelantipy Rd. Gelantipy	10.00am - 12.00pm
Hume	Date	Venue	Time
Alexandra	Thursday 23rd March	Taggerty Hall 5 Taggerty-Thornton Rd, Taggerty	10.00am - 12.00pm
Overs	Wednesday 29th March	Mudgegonga Hall 1395 Myrtleford-Yackandandah Rd, Mudgegonga	10.00am - 12.00pm
Burrowye, Granya, Walwa, Corryong, Tallangatta	Thursday 30th March	Bullioh Fire Shed 7961 Murray Valley Hwy, Bullioh	8.30am - 10.30am
Whitfield/Cheshunt	Wednesday 5th April	Cheshunt Hall, 454 King Valley Rd, Cheshunt	10.00≥m - 12.00pm
Mansfield	Thursday 20th April	Anvil Brewing Co. 13 High St, Manafield. In Partnership with MLA and Agridome.	10.00am - 2.00pm
Burrowye, Granja, Walwa, Cornjong, Tallangatta	Thursday 20th April	Tallangatta Farm Expo Tallangatta Show Grounds 10 Coorilla Street, Tallangatta	8.30am - 2.30pm



How to Repair a Fence (including electric)

Friday 31st March 2023 **CANN RIVER**

Where: 1010 Monaro Highway, Noorinbee

When: 31st March 2023 Time: 10am to 12.30pm Cost: free (must RSVP)

To register: Emma Orgill 0400 467 921 emma.orgill@fevl.org.au



Can't make this date? Other workshops on the 30th March - Orbost 8th June - Sarsfield 9th June - Buchan





lunch is included









This project is supported by the East Gippsland Shire, Gippsland Agricultural through funding from Emergency Recovery Victoria and the Australian Government's National Landcare Program









Newsletter - March2023

Orbost GP Dr Anis

8th March 2023

22nd March 2023

Maternal & Child Nurse

16th March 2023

Position Vacant: Home Care Worker – Casual Position.

CVBNC is seeking applications for the position of Home Care Worker. If you are interested, forward your CV and expression of interest to CVBNC.

Are Your Details Correct?

Please see reception to confirm your details are correct on our system

JODIE ALLEN Masseuse

Phone Jodie on 0438 096 808 To make your appointment.

BEMM River Clinic - 22nd March 2023

CVBNC is pleased to advise that regular monthly nursing clinics will be provided to residents at Bemm River. CVBNC RIPERN trained Registered

Physio Maddie Rosen 10th March 2023

31st March 2023

Podiatrist Nerida Manning 22nd March 2023

Pathology Tuesday and Thursday before 11am weekly.

Urgent pathology five days per week

Telephone CVBNC on 51 586 210 for an appointment to see **Doctor**, **Physio or Podiatrist**

Tel: 1300 363 322 Royal Flying Doctor Service

Counsellor

Tel:5154 6625 Dental Service Orbost

Next Visit 2nd March 2023

Bus to Bairnsdale

Next bus 7th & 21st March. Please contact CVBNC to book your place



Verbal aggression has become more prevalent towards our staff. This behaviour will **NOT** be tolerated and you will be asked to exit the building. We kindly ask to treat our staff with respect. We will endeavour to assist you as expediently as we can.

RFDS Counsellors

Call 1300 363 322 to make an appointment.

Peter Quinn — 8th & 22nd March 2023 Robyn Smith — TBC Sasha Wood — TBC

COVID-19 Symptoms

Many health conditions may resemble COVID-19 (hay fever). Symptoms may include congestion, and/or runny nose. If you are concerned or your symptoms are different than what you would usually experience, contact CVBNC Nursing staff for advice.

IMPORTANT PHONE NUMBERS

 CVBNC Nurse on call
 5158 6274

 Covid-19 Hotline
 1800 675 398

 Bush Fire Support
 1800 001 068

 Head-To-Help
 1800 595 212

 Mental Health Wellbeing RFDS
 03 8412 0480

The Cave

Recommencing in 2023!

PAG:

9th March 2023 outing to Raymond Island 23rd March Lunch at CVBNC



CVBNC acknowledges the support of the Victorian Government



Massage Therapy Remedial / Sports / Relaxation Winter special - Hot Rocks Contact Jodie 0438 096 808

Cann River Hall Hire Fees as of January 2023

Hire fees per hour:

- Hire of Main Hall only \$10 per hour
- Hire of the hall and kitchen \$15 hour

Hire fees **PER DAY** (includes setup time & pick up time):

- Private Hire of Hall and Kitchen \$100 (bond required of \$100)
- Community group or not for profit \$100 (no bond required)

Key pickup & drop-off: Normally, hirers, are asked to pick up the key from the Cann River P/12 College (51586245).

If you cannot arrange this, let us know, and we can organise for the key to be left elsewhere, or one of our committee members to meet you at the hall.

We ask that the hall hirers keep the hall clean and tidy. If the committee has to employ a cleaner, there may be a surcharge on future bookings.

Selection Civil Bobcat and Tipper Hire

- Minor earthworks

- Block clearing and clean ups

- Site preparation

- Driveways

All enquires, contact Mick Connley 0409 586 380 selectioncivil@outlook.com



Petals Gardening Maintenance

Is your garden getting out of control?

Cant keep up with the weeding?

<u>Call Bron on 0428 789 965</u>

No mowing or whipper snipping, just good old weeding and beautifying !!





LV Electrical and Air conditioning

For all your electrical and air conditioning installation needs.

Servicing Orbost to Mallacoota.

Domestic and commercial experience.

REC:28752

0438 521 928

Call Larz Van der sant for friendly, local and punctual service.

March 2023

Monday	Tuesday	Wednesday	Thursday	Friday
13	14	15	16	17
Labour day		NAPLAN - Writing	NAPLAN - Reading	NAPLAN - Conventions
Puhli- L-liday		Lunch at community	Cann Create and	of language
		centre	music at	Youth group at
			community centre	community centre
20	21	22	23	24
NAPLAN - Numeracy		Interschool volleyball	Cann Create and	Jinga
Playgroup at		in Bairnsdale	music at	Youth group at
community centre		Linch at community	community centre	community centre
Fitness at the hall		Centre		
Kids music at the				
school				