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BUCHAN PRIMARY SCHOOL

IS A BARR SCHOOL. (BUSHFIRE AT RISK REGISTER)

This means our school will be closed and unstaffed on Code Red Days as well as other days deemed

unsafe. Families will be given as much warning as possible. Safety is our first priority.

**Week 10 Term 3
Thursday 16th September 2021
Edition 14**

“Life is 10% of what happens to me and 90% of how I react to it.” John C, Maxwell.

Wuman Njinde Parents, Students and the School Community,

As I reflect and look back on our achievements of Term 3, it is interesting to note that we pretty much spent half of the term remote learning from home and half of the term on site learning at school. Looking ahead, I am hopeful that the senior students will be back onsite in Term 4 and our final term for the school year will go according to plan and be uninterrupted. I can't say this enough, **THANK YOU** for doing your best to ensure your child attended their Webex sessions daily and completed the set tasks given by their classroom teacher. We are certainly noticing that the majority of our students' learning has not remained stagnant and we are continuing to see positive learning growth across the board.

I would like to thank Julie, Aidan and Judie who have continued to go above and beyond their working time frame to ensure we are meeting all DET requirements, as well as deliver programs and experiences for our students. We are very fortunate to have such dedicated staff who love what they do and love making a positive difference to your child's learning.

Aidan and I have been planning the curriculum for Term 4 and our calendar is filling up fast. We look forward to delivering new learning experiences in the coming weeks and we will forward to you a sample of what the weekly timetable will look like early in Term 4 once days and dates have been confirmed.

There will be work people on site over the school holidays as our building works commence. It will be exciting to see the changes they make to our main school buildings and ramps on our return to school.

Term 4 will start on Monday 4th October for all students and will finish on Friday 17th December at 1pm.

Senior students are required to bring back all work from Term 3 and this includes finished and unfinished work, headphones, chargers, laptops and tubs.

School hats are to be worn on the first day back to comply with our SunSmart policy.

The specialist subjects taught in Term 4 will be:

Mrs Walker—Italian and Mindfulness.

Mr Johnston—ICT

Nephelle Watts—Pottery / supervised by class teachers. (Tuesday).

Bike Education Lessons—As part of Sporting Schools. (Day to be confirmed)

Djulz—Drumming. (Day to be confirmed).

Until next time,
Sarah.

IMPORTANT DATES IN OCTOBER

Monday 4th—First day of Term 4.

Wednesday 6th—Clifton Creek PS Wayupa Cultural Session.

Tuesday 5th, 7th, 14th and 15th —Tutor in Schools with Mrs Nowell.

Wednesday 13th and 27th—MARC Van

Monday 18th to Friday 22nd—Senior Class Queenscliff Camp.

Monday 25th—School Council at 5pm.

Wednesday 13th—BOOK WEEK DRESS UP

Thursday 14th and 28th—Play Therapy.

THURSDAY HOT LUNCH & ICYPOLES

Steamed Dim Sims - 7th October

Hot Dogs- 14th October

Steamed Dim Sims—21st October

Hot Dogs—28th October

WHAT IS MINDFULNESS?

The modern world is becoming faster, more stressful and distracted and children are particularly susceptible to these influences. It is growing more and more evident that the modern child and teacher needs new skills and awareness to deal with such an environment.

The World Health Organisation has projected that depression will become one of the leading health problems worldwide. Around 1 in 7 primary school aged children and 1 in 4 secondary school aged children will have mental health problems.

Mindfulness has been found to improve emotion regulation, mental health, attention, memory and learning.

MINDFULNESS IS LIKE GYM FOR THE MIND.

MINDFULNESS MYTHS

Mindfulness is not a spiritual or religious practice and it is not about clearing the mind of thoughts, having to relax, nor only feeling positive emotions. It is simply practising directing attention to the current experience with an attitude of self kindness and acceptance. With repeated practice, students become more attentive, make better decisions about what to give their attention to, and improve their mental health and engagement with learning.

Ref: Mindfulness guidelines 2018.

WELL BEING DOG UPDATE

Kelly has been very proactive in ensuring that all students are given student voice and input into the colour and name of our wellbeing dog.

We do know that our wellbeing dog will be a girl and this decision was recommended by the Dogs Connect team and the breeder. We also know it will be a Cavoodle which is a King Charles Cavalier dog crossed with a poodle. The students voted on a colour and the most popular colour was gold. So we know she will be a golden colour as well. This week we have been asking students to vote on the name. We will let you know the name of her in Term 4 once the votes have been tallied up.

HOT OFF THE PRESS

The students have voted on the name of our wellbeing dog.

OF all of the names chosen by the children, the top 3 names were Tari, Bandit and Marley.

All children were given the opportunity to vote today on one of these names.

Kelly joined the senior and junior students today via Webex and she tallied up the votes and announced the winning name.

Our wellbeing dog is going to be called Marley.

We look forward to welcoming Marley into our school community.

MARC VAN DAYS with Mr Robertson SENIOR & JUNIOR SAILING SHIPS!!

